

Pubmed via NLM 4 March 2013		
Title: Internet therapy for people with mood disorders		
	Search terms	Items found
Population: People with mood disorders		
1.	Anxiety[MeSH] OR "Anxiety Disorders"[Mesh] OR "Depression"[Mesh] OR "Depressive Disorder"[Mesh] OR Mood Disorders[MeSH] OR "Cyclothymic Disorder"[Mesh] OR "Bipolar Disorder"[Mesh] OR Anxiety[tiab] OR Depression[tiab] OR Depressive[tiab] OR Depressed[tiab] OR Panic[tiab] OR Phobic*[tiab] OR phobia[tiab] OR "Obsessive compulsive"[tiab] OR "Mood disorder*" [tiab] OR "compulsive hoarding"[tiab] OR "post-traumatic stress"[tiab] OR "anxiety disorder*" [tiab] OR bipolar[tiab] OR dysthymia[tiab] OR cyclothymic[tiab] OR bipolar[tiab]	454883
Intervention: Internet		
2.	"Therapy, Computer-Assisted"[MeSH] OR "Computer-Assisted Instruction"[Mesh] OR "Internet"[Mesh:NoExp] OR "Multimedia"[Mesh] OR "Electronic Mail"[MeSH] OR "Cellular Phone"[Mesh] OR Computer[ti] OR Web[ti] OR Website[ti] OR websites[ti] OR Internet[ti] OR Multimedia[ti] OR Interactive[ti] OR Computerized[ti] OR Computerised[ti] OR Online[ti] OR Smartphone[ti] OR Chatt[ti] OR "mobile phone"[ti] OR e-mail[ti] OR "Smartphone app*" [ti] OR "Application for a smartphone"[ti] OR "Mobile phone application*" [ti] OR "cell phone application"[ti] OR "technology-assisted"[ti] OR ((Computer[tiab] OR Web[tiab] OR Website[tiab] OR websites[tiab] OR Internet[tiab] OR Multimedia[tiab] OR Interactive[tiab] OR Computerized[tiab] OR Computerised[tiab] OR Online[tiab] OR Smartphone[tiab] OR Chatt[tiab] OR "mobile phone"[tiab] OR e-mail[tiab] OR "Smartphone app*" [tiab] OR "Application for a smartphone"[tiab] OR "Mobile phone application*" [tiab] OR "cell phone application"[tiab] OR "technology-assisted"[tiab]) NOT (Medline[SB] OR oldmedline[SB]))	178919
Intervention: Psychological treatment		
3.	"Psychotherapy"[Mesh] OR "Behavior Therapy"[Mesh] OR Cognitive Therapy[MeSH] OR "Directive Counseling"[Mesh] OR "Remote Consultation"[Mesh] OR "Self Care"[Mesh:NoExp] OR "therapy"[Subheading:NoExp] OR "Motivation"[Mesh] OR "Relaxation Therapy"[Mesh] OR Cognitive behavior[tiab] OR "Cognitive behaviour"[tiab] OR Cognitive behavioral[tiab] OR "Cognitive behavioural"[tiab] OR "dialectical behavior"[tiab] OR "dialectical behaviour"[tiab] OR "Acceptance and Commitment therapy"[tiab] OR Ccbt[tiab] OR CBT[tiab] OR DBT[tiab] OR ACT[tiab] OR "minimal therapist support"[tiab] OR "guided self-help"[tiab] OR "supervised self-help"[tiab] OR "minimal contact therap*" [tiab] OR "interpersonal therapy"[tiab] OR mindfulness[tiab] OR relaxation[tiab] OR psychodynamic[tiab] OR "social rhythm therapy"[tiab] OR ((therapy[tiab] OR "motivational interviewing"[tiab] OR intervention[tiab] OR interventions[tiab] OR treatment[tiab]) NOT (Medline[SB] OR Oldmedline[SB]))	2051186
Combined sets		
4.	1 AND 2 AND 3	1559
5.	4 AND ("english"[Language] OR "swedish"[Language] OR "danish"[Language] OR "norwegian"[Language])	1487

The search result, usually found at the end of the documentation, forms the list of abstracts

[MeSH] = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

[MeSH:NoExp] = Does not include terms found below this term in the MeSH hierarchy

[MAJR] = MeSH Major Topic

[TIAB] = Title or abstract

[TI] = Title

[AU] = Author

[TW] = Text Word

Systematic[SB] = Filter for retrieving systematic reviews

* = Truncation

“ “ = Citation Marks; searches for an exact phrase

Cochrane Library via Wiley 4 March 2013 (CDSR, DARE & HTA)		
Title: Internet therapy for people with mood disorders		
	Search terms	Items found
Population: People with mood disorders		
1.	"Anxiety Disorders"[Mesh] OR Mood Disorders[MeSH]	11695
Intervention: Internet		
2.	Therapy, Computer-Assisted[MeSH:NoExp] OR "Computer-Assisted Instruction"[Mesh] OR "Internet"[Mesh:NoExp] OR "Multimedia"[Mesh] OR "Electronic Mail"[MeSH] OR "Cellular Phone"[Mesh]	2620
Combined sets		
3.	1 AND 2	CDSR/0 DARE/14 HTA/13

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[AU] = Author

[MAJR] = MeSH Major Topic

[MeSH] = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

[MeSH:NoExp] = Does not include terms found below this term in the MeSH hierarchy

Systematic[SB] = Filter for retrieving systematic reviews

[TI] = Title

[TIAB] = Title or abstract

[TW] = Text Word

* = Truncation

“ ” = Citation Marks; searches for an exact phrase

CDSR = Cochrane Database of Systematic Review

CENTRAL = Cochrane Central Register of Controlled Trials, “trials”

CRM = Method Studies

DARE = Database Abstracts of Reviews of Effects, “other reviews”

EED = Economic Evaluations

HTA = Health Technology Assessments

Psychology and behavioral sciences collection via EBSCO 5 March 2013		
Title: Internet therapy for people with mood disorders		
	Search terms	Items found
Population: People with mood disorders		
1.	DE "DEPRESSION in adolescence" OR DE "DEPRESSION in children" OR DE "DEPRESSION in men" OR DE "DEPRESSION in old age" OR DE "DEPRESSION in women" OR DE "MENTAL depression" OR DE "AFFECTIVE disorders" OR DE "DYSTHYMIC disorder" OR DE "ANXIETY" OR DE "MANIC-depressive illness" OR DE "SEASONAL affective disorder" OR DE "ANXIETY" OR DE "FEAR of dentists" OR DE "FEAR of needles" OR DE "PANIC disorders" OR DE "PERFORMANCE anxiety" OR DE "SEPARATION anxiety" OR DE "SOCIAL anxiety" OR DE "SPEECH anxiety" OR DE "TEST anxiety" OR DE "PANIC disorders" OR DE "PANIC disorders" OR DE "AGORAPHOBIA" OR DE "GENERALIZED anxiety disorder" OR DE "POST-traumatic stress disorder" OR DE "POST-traumatic stress disorder in adolescence" OR DE "POST-traumatic stress disorder in children" OR DE "POST-traumatic stress disorder in old age" OR DE "BATTERED woman syndrome" OR DE "POST-traumatic stress disorder in children" OR DE "RAPE trauma syndrome" OR DE "MANIC-depressive illness" OR DE "PHOBIAS" OR DE "MENTAL illness " OR TI (Anxiety OR Depression OR Depressive OR Depressed OR Panic OR Phobic* OR phobia OR "Obsessive compulsive" OR "Mood disorder*" OR "compulsive hoarding" OR "post-traumatic stress" OR "anxiety disorder*" OR bipolar OR dysthymia OR cyclothymia)	35,324
Intervention: Internet		
2.	DE "INTERNET in medicine" OR DE "INTERNET in psychotherapy" OR DE "INTERNET" OR DE "WEB-based instruction" OR DE "E-mail" OR DE "COMPUTER-aided transcription systems" OR TI (Computer* OR Web OR Website* OR Internet OR Multimedia OR Interactive OR Computerized OR Computerised OR Online OR Smartphone OR Chatt OR "mobile phone" OR "e-mail" OR "Smartphone app*" OR "Application for a smartphone" OR "Mobile phone application*" OR "cell phone application" OR "technology-assisted")	9,067
Intervention: Psychological treatment		
3.	DE "COGNITIVE therapy" OR DE "PSYCHOTHERAPY" OR DE "ACCEPTANCE & commitment therapy" OR DE "COGNITIVE-analytic therapy" OR DE "COGNITIVE-experiential psychotherapy" OR DE "EXPOSURE therapy" OR DE "RATIONAL emotive behavior therapy" OR DE "SCHEMA-focused cognitive therapy" OR DE "ADOLESCENT psychotherapy" OR DE "ADVENTURE therapy" OR DE "ANGER management therapy" OR DE "ART therapy" OR DE "ASSERTIVENESS training" OR DE "BEHAVIOR therapy" OR DE "BRIEF psychotherapy" OR DE "CHILD psychotherapy" OR DE "CLIENT-centered psychotherapy" OR DE "COGNITIVE therapy" OR DE "COMMUNICATIVE psychotherapy" OR DE "CONJOINT therapy" OR DE "DESENSITIZATION (Psychotherapy)" OR DE "DEVELOPMENTAL therapy" OR DE "EMOTION-focused therapy" OR DE "EMOTIONAL Freedom Techniques" OR DE "ENVIRONMENTAL psychology" OR DE "ETHICAL therapy" OR DE "EXISTENTIAL psychotherapy" OR DE "FEELING therapy" OR DE "FEMINIST therapy" OR DE "FREE association (Psychology)" OR DE "GESTALT therapy" OR DE "GRIEF therapy" OR DE "GROUP psychotherapy" OR DE "HUMANISTIC psychotherapy" OR DE "IMPASSE (Psychotherapy)" OR DE "INSIGHT in psychotherapy" OR DE "INTERNET in psychotherapy" OR DE "INTERPERSONAL & social rhythm therapy" OR DE "INTERPERSONAL psychotherapy" OR DE "MOTION pictures in psychotherapy" OR DE "MULTIMODAL psychotherapy" OR DE "MULTIPLE psychotherapy" OR DE "NAIKAN psychotherapy" OR DE "PERSONAL construct therapy" OR DE "PROBLEM-solving therapy" OR DE "PSYCHIATRY -- Differential therapeutics" OR DE "PSYCHODYNAMIC psychotherapy" OR DE "SOLUTION-focused therapy" OR DE "STRATEGIC therapy" OR DE "SUPPORTIVE psychotherapy" OR DE "TELEPHONE in psychotherapy" OR DE "COUNSELING" OR DE "MENTAL health counseling" OR DE "PSYCHIATRIC treatment" OR DE "PSYCHOANALYSIS" OR DE "MENTAL health services" OR DE "RELAXATION" OR DE "MEDITATION" OR TI ("Cognitive behavior*" OR "Cognitive behaviour*" OR "dialectical behavior" OR "dialectical behaviour" OR "Acceptance and Commitment therapy" OR Ccbt OR CBT OR DBT OR ACT OR "minimal therapist support" OR "guided self-help" OR "supervised self-help" OR "minimal contact therap*" OR "interpersonal therapy" OR mindfulness OR relaxation OR psychodynamic OR "social rhythm therapy" OR therapy OR "motivational interviewing")	36,909
Combined sets		
4.	1 AND 2 AND 3	457

The search result, usually found at the end of the documentation, forms the list of abstracts

AB = Abstract

AU = Author

DE = Term from the thesaurus

MH = Term from the "Cinahl Headings" thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the

* = Truncation

" " = Citation Marks; searches for an exact phrase

database's ~~ZG~~ = Methodology Index

PsycInfo via EBSCO 5 March 2013 Title: Internet therapy for people with mood disorders		
	Search terms	Items found
Population: People with mood disorders		
1.	DE "Anxiety" OR DE "Social Anxiety" OR DE "Anxiety Disorders" OR DE "Generalized Anxiety Disorder" OR DE "Panic" OR DE "Panic Attack" OR DE "Panic Disorder" OR DE "Phobias" OR DE "Acute Stress Disorder" OR DE "Castration Anxiety" OR DE "Death Anxiety" OR DE "Generalized Anxiety Disorder" OR DE "Obsessive Compulsive Disorder" OR DE "Panic Disorder" OR DE "Phobias" OR DE "Posttraumatic Stress Disorder" OR DE "Separation Anxiety" OR DE "Acrophobia" OR DE "Agoraphobia" OR DE "Claustrophobia" OR DE "Ophidiophobia" OR DE "School Phobia" OR DE "Social Phobia" OR DE "Affective Disorders" OR DE "Bipolar Disorder" OR DE "Major Depression" OR DE "Mania" OR DE "Dysthymic Disorder" OR DE "Anaclitic Depression" OR DE "Cyclothymic Personality" OR DE "Endogenous Depression" OR DE "Postpartum Depression" OR DE "Reactive Depression" OR DE "Treatment Resistant Depression" OR DE "Atypical Depression" OR DE "Depression (Emotion)" OR DE "Recurrent Depression" OR DE "Mental Health" OR TI (Anxiety OR Depression OR Depressive OR Depressed OR Panic OR Phobic* OR phobia OR "Obsessive compulsive" OR "Mood disorder*" OR "compulsive hoarding" OR "post-traumatic stress" OR "anxiety disorder*" OR bipolar OR dysthymia OR Cyclothymi*)	245,678
Intervention: Internet		
2.	DE "Online Therapy" OR DE "Internet" OR DE "Cellular Phones" OR DE "Computer Applications" OR DE "Computer Assisted Therapy" OR DE "Computer Assisted Instruction" OR DE "Online Social Networks" OR DE "Websites" OR TI (Computer* OR Web OR Website* OR Internet OR Multimedia OR Interactive OR Computerized OR Computerised OR Online OR Smartphone OR Chatt OR "mobile phone" OR "e-mail" OR "Smartphone app*" OR "Application for a smartphone" OR "Mobile phone application*" OR "cell phone application" OR "technology-assisted")	59,753
Intervention: Psychological treatment		
3.	DE "Online Therapy" OR DE "Psychotherapy" OR DE "Adlerian Psychotherapy" OR DE "Adolescent Psychotherapy" OR DE "Analytical Psychotherapy" OR DE "Autogenic Training" OR DE "Behavior Therapy" OR DE "Brief Psychotherapy" OR DE "Child Psychotherapy" OR DE "Client Centered Therapy" OR DE "Cognitive Behavior Therapy" OR DE "Conversion Therapy" OR DE "Eclectic Psychotherapy" OR DE "Emotion Focused Therapy" OR DE "Existential Therapy" OR DE "Experiential Psychotherapy" OR DE "Expressive Psychotherapy" OR DE "Eye Movement Desensitization Therapy" OR DE "Feminist Therapy" OR DE "Geriatric Psychotherapy" OR DE "Gestalt Therapy" OR DE "Group Psychotherapy" OR DE "Guided Imagery" OR DE "Hypnotherapy" OR DE "Individual Psychotherapy" OR DE "Insight Therapy" OR DE "Integrative Psychotherapy" OR DE "Interpersonal Psychotherapy" OR DE "Logotherapy" OR DE "Narrative Therapy" OR DE "Persuasion Therapy" OR DE "Primal Therapy" OR DE "Psychoanalysis" OR DE "Psychodrama" OR DE "Psychodynamic Psychotherapy" OR DE "Psychotherapeutic Counseling" OR DE "Rational Emotive Behavior Therapy" OR DE "Reality Therapy" OR DE "Relationship Therapy" OR DE "Solution Focused Therapy" OR DE "Supportive Psychotherapy" OR DE "Transactional Analysis" OR DE "Cognitive Therapy" OR DE "Conversion Therapy" OR DE "Dialectical Behavior Therapy" OR DE "Exposure Therapy" OR DE "Implosive Therapy" OR DE "Reciprocal Inhibition Therapy" OR DE "Systematic Desensitization Therapy" OR DE "Anger Control" OR DE "Acceptance and Commitment Therapy" OR DE "Cognitive Therapy" OR DE "Behavior Modification" OR DE "Counseling" OR DE "Self Help Techniques" OR DE "Group Counseling" OR TI ("Cognitive behavior*" OR "Cognitive behaviour*" OR "dialectical behavior" OR "dialectical behaviour" OR "Acceptance and Commitment therapy" OR Ccbt OR CBT OR DBT OR ACT OR "minimal therapist support" OR "guided self-help" OR "supervised self-help" OR "minimal contact therap*" OR "interpersonal therapy" OR mindfulness OR relaxation OR psychodynamic OR "social rhythm therapy" OR therapy OR "motivational interviewing")	226,612
Combined sets		
4.	1 AND 2 AND 3	580
5.	4 AND Limiters - Publication Year from: 2012-; Language: Danish, English, Norwegian, Swedish	73

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TI = Title
TX = All Text. Performs a keyword search of all the database's searchable fields
ZC = Methodology Index
* = Truncation
" " = Citation Marks; searches for an exact phrase