



Bilaga 2 Exkluderade artiklar och artiklar med hög risk för bias eller stora metodbrister/Appendix 2 Excluded studies and studies excluded due to high risk of bias or excluded due to methodological limitations

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Exkluderade studier/Excluded studies

Behandling av postpartumdepression/Treatment of postpartum depression

Sammanställning av studier som exkluderats efter relevansgranskning i fulltext/Compilation of studies excluded due to relevance

Referens/Reference	Exklusionsorsak/Main reason for exclusion
Data Errors in Results. Chicago, Illinois: American Medical Association; 2021. p. 1285-.	Fel publikationstyp/Wrong publication type
Data Errors in Results. JAMA Psychiatry. 2021;78(11):1285. Available from: https://doi.org/10.1001/jamapsychiatry.2021.2859 .	Fel publikationstyp/Wrong publication type
Alder E, Truman J. Counselling for postnatal depression in the voluntary sector. Psychol Psychother. 2002;75(Pt 2):207-20. Available from: https://doi.org/10.1348/147608302169652 .	Fel studiedesign/Wrong study design
Alhusen JL, Hayat MJ, Borg L. A pilot study of a group-based perinatal depression intervention on reducing depressive symptoms and improving maternal-fetal attachment and maternal sensitivity. Arch Womens Ment Health. 2021;24(1):145-54. Available from: https://doi.org/10.1007/s00737-020-01032-0 .	Fel population/Wrong patient population
Amani B, Merza D, Savoy C, Streiner D, Bieling P, Ferro MA, et al. Peer-Delivered Cognitive-Behavioral Therapy for Postpartum Depression: A Randomized Controlled Trial. J Clin Psychiatry. 2021;83(1). Available from: https://doi.org/10.4088/JCP.21m13928 .	Fel intervention/Wrong intervention
Ammerman RT, Altaye M, Putnam FW, Teeters AR, Zou Y, Van Ginkel JB. Depression improvement and parenting in low-income mothers in home visiting. Arch Womens Ment Health. 2015;18(3):555-63. Available from: https://doi.org/10.1007/s00737-014-0479-7 .	Fel utfall/Wrong outcomes
Ammerman RT, Peugh JL, Putnam FW, Van Ginkel JB. Predictors of treatment response in depressed mothers receiving in-home cognitive-behavioral therapy and concurrent home visiting. Behav Modif. 2012;36(4):462-81. Available from: https://doi.org/10.1177/0145445512447120 .	Fel utfall/Wrong outcomes
Ammerman RT, Putnam FW, Altaye M, Teeters AR, Stevens J, Van Ginkel JB. Treatment of depressed mothers in home visiting: impact on psychological distress and social functioning. Child Abuse Negl. 2013;37(8):544-54. Available from: https://doi.org/10.1016/j.chiabu.2013.03.003 .	Fel utfall/Wrong outcomes
Barnes J, Senior R, MacPherson K. The utility of volunteer home-visiting support to prevent maternal depression in the first year of life. Child Care Health Dev. 2009;35(6):807-16. Available from: https://doi.org/10.1111/j.1365-2214.2009.01007.x .	Fel population/Wrong patient population
Bernard RS, Williams SE, Storfer-Isser A, Rhine W, Horwitz SM, Koopman C, et al. Brief cognitive-behavioral intervention for maternal depression and trauma in the neonatal intensive care unit: a pilot study. J Trauma Stress. 2011;24(2):230-4. Available from: https://doi.org/10.1002/jts.20626 .	Fel population/Wrong patient population

Bevan D, Wittkowski A, Wells A. A multiple-baseline study of the effects associated with metacognitive therapy in postpartum depression. <i>J Midwifery Womens Health</i> . 2013;58(1):69-75. Available from: https://doi.org/10.1111/j.1542-2011.2012.00255.x .	Fel studiedesign/Wrong study design
Bigelow A, Power M, MacLellan-Peters J, Alex M, McDonald C. Effect of mother/infant skin-to-skin contact on postpartum depressive symptoms and maternal physiological stress. <i>J Obstet Gynecol Neonatal Nurs</i> . 2012;41(3):369-82. Available from: https://doi.org/10.1111/j.1552-6909.2012.01350.x .	Fel intervention/Wrong intervention
Boath E. When the cradle falls: the treatment of postnatal depression in a psychiatric day hospital compared with routine primary care. <i>Journal of Affective Disorders</i> . 1999;53(2):143-51. Available from: https://doi.org/10.1016/s0165-0327(98)00101-3 .	Fel intervention/Wrong intervention
Brock RL, O'Hara MW, Segre LS. Depression Treatment by Non-Mental-Health Providers: Incremental Evidence for the Effectiveness of Listening Visits. <i>Am J Community Psychol</i> . 2017;59(1-2):172-83. Available from: https://doi.org/10.1002/ajcp.12129 .	Fel population/Wrong patient population
Chabrol H, Teissedre F, Saint-Jean M, Teisseyre N, Sistic C, Michaud C, et al. [Detection, prevention and treatment of postpartum depression: a controlled study of 859 patients]. <i>Encephale</i> . 2002;28(1):65-70.	Fel publikationstyp/Wrong publication type
Chaudhry I, Chaudhry N, Khalid T, Kiran T, Husain M, Furber C, et al. Development and assessment of smartphone based intervention (TechMotherCare) for maternal depression in Pakistan. <i>Journal of Psychosomatic Research</i> . 2020;133. Available from: https://doi.org/10.1016/j.jpsychores.2020.110029 .	Fel utfall/Wrong outcomes
Clark R, Tluczek A, Brown R. A mother-infant therapy group model for postpartum depression. <i>Infant Ment Health J</i> . 2008;29(5):514-36. Available from: https://doi.org/10.1002/imhj.20189 .	Fel population/Wrong patient population
Danaher BG, Milgrom J, Seeley JR, Stuart S, Schembri C, Tyler MS, et al. MomMoodBooster web-based intervention for postpartum depression: feasibility trial results. <i>J Med Internet Res</i> . 2013;15(11):e242. Available from: https://doi.org/10.2196/jmir.2876 .	Fel jämförelsegrupp/Wrong comparator
Dennis CL. The effect of peer support on postpartum depression: a pilot randomized controlled trial. <i>Can J Psychiatry</i> . 2003;48(2):115-24. Available from: https://doi.org/10.1177/070674370304800209 .	Fel intervention/Wrong intervention
Dennis CL. Counselling and cognitive behavioural therapy reduce anxiety and depression in women with postnatal depression. <i>Evid Based Ment Health</i> . 2006;9(2):50. Available from: https://doi.org/10.1136/ebmh.9.2.50 .	Fel publikationstyp/Wrong publication type
Dennis CL. Training health visitors to identify and treat depressive symptoms with psychological approaches reduces postnatal depression. <i>Evid Based Ment Health</i> . 2009;12(3):83. Available from: https://doi.org/10.1136/ebmh.12.3.83 .	Fel publikationstyp/Wrong publication type

Dennis CL. Postpartum depression peer support: maternal perceptions from a randomized controlled trial. <i>Int J Nurs Stud</i> . 2010;47(5):560-8. Available from: https://doi.org/10.1016/j.ijnurstu.2009.10.015 .	Fel utfall/Wrong outcomes
Dennis CL. The process of developing and implementing a telephone-based peer support program for postpartum depression: evidence from two randomized controlled trials. <i>Trials</i> . 2014;15:131. Available from: https://doi.org/10.1186/1745-6215-15-131 .	Fel publikationstyp/Wrong publication type
Dennis CL, Hodnett E, Kenton L, Weston J, Zupancic J, Stewart DE, et al. Effect of peer support on prevention of postnatal depression among high risk women: multisite randomised controlled trial. <i>BMJ</i> . 2009;338:a3064. Available from: https://doi.org/10.1136/bmj.a3064 .	Fel jämförelsegrupp/Wrong comparator
Dimidjian S, Goodman SH, Felder JN, Gallop R, Brown AP, Beck A. An open trial of mindfulness-based cognitive therapy for the prevention of perinatal depressive relapse/recurrence. <i>Arch Womens Ment Health</i> . 2015;18(1):85-94. Available from: https://doi.org/10.1007/s00737-014-0468-x .	Fel studiedesign/Wrong study design
Dimidjian S, Goodman SH, Sherwood NE, Simon GE, Ludman E, Gallop R, et al. A pragmatic randomized clinical trial of behavioral activation for depressed pregnant women. <i>J Consult Clin Psychol</i> . 2017;85(1):26-36. Available from: https://doi.org/10.1037/ccp0000151 .	Fel population/Wrong patient population
Dugravier R, Tubach F, Saias T, Guedeney N, Pasquet B, Purper-Ouakil D, et al. Impact of a manualized multifocal perinatal home-visiting program using psychologists on postnatal depression: the CAPEDP randomized controlled trial. <i>PLoS One</i> . 2013;8(8):e72216. Available from: https://doi.org/10.1371/journal.pone.0072216 .	Fel population/Wrong patient population
Fancourt D, Perkins R. Effect of singing interventions on symptoms of postnatal depression: three-arm randomised controlled trial. <i>Br J Psychiatry</i> . 2018;212(2):119-21. Available from: https://doi.org/10.1192/bjp.2017.29 .	Fel intervention/Wrong intervention
Fonseca A, Monteiro F, Alves S, Gorayeb R, Canavarro MC. Be a Mom, a Web-Based Intervention to Prevent Postpartum Depression: The Enhancement of Self-Regulatory Skills and Its Association With Postpartum Depressive Symptoms. <i>Front Psychol</i> . 2019;10:265. Available from: https://doi.org/10.3389/fpsyg.2019.00265 .	Fel population/Wrong patient population
Forman DR, O'Hara MW, Stuart S, Gorman LL, Larsen KE, Coy KC. Effective treatment for postpartum depression is not sufficient to improve the developing mother-child relationship. <i>Development and psychopathology</i> . 2007;19(2):585-602.	Fel utfall/Wrong outcomes
Fuhr DC, Weobong B, Lazarus A, Vanobberghen F, Weiss HA, Singla DR, et al. Delivering the Thinking Healthy Programme for perinatal depression through peers: an individually randomised controlled trial in India. <i>The Lancet Psychiatry</i> . 2019;6(2):115-27. Available from: https://doi.org/10.1016/s2215-0366(18)30466-8 .	Fel population/Wrong patient population
Gjerdingen D, Crow S, McGovern P, Miner M, Center B. Stepped care treatment of postpartum depression: impact on treatment, health, and work	Fel intervention/Wrong intervention

outcomes. J Am Board Fam Med. 2009;22(5):473-82. Available from: https://doi.org/10.3122/jabfm.2009.05.080192 .	
Glavin K, Smith L, Sorum R, Ellefsen B. Redesigned community postpartum care to prevent and treat postpartum depression in women--a one-year follow-up study. J Clin Nurs. 2010;19(21-22):3051-62. Available from: https://doi.org/10.1111/j.1365-2702.2010.03332.x .	Fel population/Wrong patient population
Heh SS, Fu YY. Effectiveness of informational support in reducing the severity of postnatal depression in Taiwan. J Adv Nurs. 2003;42(1):30-6. Available from: https://doi.org/10.1046/j.1365-2648.2003.02576.x .	Fel intervention/Wrong intervention
Hofecker-Fallahpour M, Riecher-Rössler A, Riecher-Rössler A, Steiner M. Group psychotherapy for depression in early stages of motherhood. Bibliotheca Psychiatrica. 2005;173:167-81. Available from: https://doi.org/10.1159/000087550 .	Fel publikationstyp/Wrong publication type
Horowitz JA, Murphy CA, Gregory K, Wojcik J, Pulcini J, Solon L. Nurse home visits improve maternal/infant interaction and decrease severity of postpartum depression. J Obstet Gynecol Neonatal Nurs. 2013;42(3):287-300. Available from: https://doi.org/10.1111/1552-6909.12038 .	Fel intervention/Wrong intervention
Husain N, Zulqernain F, Carter LA, Chaudhry IB, Fatima B, Kiran T, et al. Treatment of maternal depression in urban slums of Karachi, Pakistan: A randomized controlled trial (RCT) of an integrated maternal psychological and early child development intervention. Asian J Psychiatr. 2017;29:63-70. Available from: https://doi.org/10.1016/j.ajp.2017.03.010 .	Fel population/Wrong patient population
Jannati N, Mazhari S, Ahmadian L, Mirzaee M. Effectiveness of an app-based cognitive behavioral therapy program for postpartum depression in primary care: A randomized controlled trial. Int J Med Inform. 2020;141:104145. Available from: https://doi.org/10.1016/j.ijmedinf.2020.104145 .	Fel intervention/Wrong intervention
Jiang L, Wang ZZ, Qiu LR, Wan GB, Lin Y, Wei Z. Psychological intervention for postpartum depression. J Huazhong Univ Sci Technolog Med Sci. 2014;34(3):437-42. Available from: https://doi.org/10.1007/s11596-014-1297-x .	Fel population/Wrong patient population
Jiao N, Zhu L, Chong YS, Chan WS, Luo N, Wang W, et al. Web-based versus home-based postnatal psychoeducational interventions for first-time mothers: A randomised controlled trial. Int J Nurs Stud. 2019;99:103385. Available from: https://doi.org/10.1016/j.ijnurstu.2019.07.002 .	Fel population/Wrong patient population
Khatun F, Lee TW, Lee HJ, Park J, Song JE, Kim S. Does a nurse-led postpartum self-care program for first-time mothers in Bangladesh improve postpartum fatigue, depressive mood, and maternal functioning?: a non-synchronized quasi-experimental study. Korean J Women Health Nurs. 2021;27(3):196-208. Available from: https://doi.org/10.4069/kjwhn.2021.09.08 .	Fel intervention/Wrong intervention
Lee D. Partner support reduced depressive symptoms in postpartum depression. Evidence Based Mental Health. 2001:51-.	Fel publikationstyp/Wrong publication type

Letourneau N, Stewart M, Dennis CL, Hegadoren K, Duffett-Leger L, Watson B. Effect of home-based peer support on maternal-infant interactions among women with postpartum depression: a randomized, controlled trial. <i>Int J Ment Health Nurs</i> . 2011;20(5):345-57. Available from: https://doi.org/10.1111/j.1447-0349.2010.00736.x .	Fel intervention/Wrong intervention
Liu H, Yang Y. Effects of a psychological nursing intervention on prevention of anxiety and depression in the postpartum period: a randomized controlled trial. <i>Ann Gen Psychiatry</i> . 2021;20(1):2. Available from: https://doi.org/10.1186/s12991-020-00320-4 .	Fel population/Wrong patient population
Loughnan SA, Butler C, Sie AA, Grierson AB, Chen AZ, Hobbs MJ, et al. A randomised controlled trial of 'MUMentum postnatal': Internet-delivered cognitive behavioural therapy for anxiety and depression in postpartum women. <i>Behav Res Ther</i> . 2019;116:94-103. Available from: https://doi.org/10.1016/j.brat.2019.03.001 .	Fel intervention/Wrong intervention
Lumley J, Watson L, Small R, Brown S, Mitchell C, Gunn J. PRISM (Program of Resources, Information and Support for Mothers): a community-randomised trial to reduce depression and improve women's physical health six months after birth [ISRCTN03464021]. <i>BMC Public Health</i> . 2006;6:37. Available from: https://doi.org/10.1186/1471-2458-6-37 .	Fel intervention/Wrong intervention
MacArthur C, Winter HR, Bick DE, Lilford RJ, Lancashire RJ, Knowles H, et al. Redesigning postnatal care: a randomised controlled trial of protocol-based midwifery-led care focused on individual women's physical and psychological health needs. <i>Health Technol Assess</i> . 2003;7(37):1-98. Available from: https://doi.org/10.3310/hta7370 .	Fel intervention/Wrong intervention
Manesh NA, Shahraki A. Investigating the effect of problem-solving skill training therapy method on the intensity of the postpartum depression symptoms. <i>International Journal of Pharmaceutical and Phytopharmacological Research</i> . 2019;9(5):109-14.	Fel publikationstyp/Wrong publication type
McKee MD, Zayas LH, Fletcher J, Boyd RC, Nam SH. Results of an Intervention to Reduce Perinatal Depression Among Low-Income Minority Women in Community Primary Care. <i>J Soc Serv Res</i> . 2006;32(4):63-81. Available from: https://doi.org/10.1300/J079v32n04_04 .	Fel population/Wrong patient population
Meng J, Du J, Diao X, Zou Y. Effects of an evidence-based nursing intervention on prevention of anxiety and depression in the postpartum period. <i>Stress Health</i> . 2022;38(3):435-42. Available from: https://doi.org/10.1002/smi.3104 .	Fel population/Wrong patient population
Milgrom J, Gemmill A. Feasibility and efficacy of an internet treatment for postnatal depression utilising a behavioural activation approach. <i>Evid Based Nurs</i> . 2014;17(4):102. Available from: https://doi.org/10.1136/eb-2013-101636 .	Fel publikationstyp/Wrong publication type
Mohammad-Alizadeh-Charandabi S, Malakoti J, Sohrabi F, Shokranian N. The effect of telephone support on postpartum depression: a randomized controlled trial. <i>J Caring Sci</i> . 2013;2(2):147-55. Available from: https://doi.org/10.5681/jcs.2013.018 .	Fel population/Wrong patient population

Morrell CJ. Nurse-led postpartum discharge education programme including information on postnatal depression reduces risk of high depression scores at 3-month follow-up. <i>Evid Based Nurs</i> . 2010;13(2):48-9. Available from: https://doi.org/10.1136/ebn1042 .	Fel publikationstyp/Wrong publication type
Morrell CJ, Ricketts T, Tudor K, Williams C, Curran J, Barkham M. Training health visitors in cognitive behavioural and person-centred approaches for depression in postnatal women as part of a cluster randomised trial and economic evaluation in primary care: the PoNDER trial. <i>Prim Health Care Res Dev</i> . 2011;12(1):11-20. Available from: https://doi.org/10.1017/S1463423610000344 .	Fel studiedesign/Wrong study design
Morrell CJ, Warner R, Slade P, Dixon S, Walters S, Paley G, et al. Psychological interventions for postnatal depression: cluster randomised trial and economic evaluation. The PoNDER trial. <i>Health Technol Assess</i> . 2009;13(30):iii-iv, xi-xiii, 1-153. Available from: https://doi.org/10.3310/hta13300 .	Fel publikationstyp/Wrong publication type
Murray L, Cooper PJ, Wilson A, Romaniuk H. Controlled trial of the short- and long-term effect of psychological treatment of post-partum depression: 2. Impact on the mother-child relationship and child outcome. <i>Br J Psychiatry</i> . 2003;182:420-7.	Fel utfall/Wrong outcomes
Nasiri S, Kordi M, Gharavi MM. A comparative study of the effects of problem-solving skills training and relaxation on the score of self-esteem in women with postpartum depression. <i>Iran J Nurs Midwifery Res</i> . 2015;20(1):105-12.	Fel utfall/Wrong outcomes
Ngai FW, Wong PW, Chung KF, Leung KY. The effect of a telephone-based cognitive behavioral therapy on quality of life: a randomized controlled trial. <i>Arch Womens Ment Health</i> . 2017;20(3):421-6. Available from: https://doi.org/10.1007/s00737-017-0722-0 .	Fel utfall/Wrong outcomes
Ngai FW, Wong PW, Leung KY, Chau PH, Chung KF. The Effect of Telephone-Based Cognitive-Behavioral Therapy on Postnatal Depression: A Randomized Controlled Trial. <i>Psychother Psychosom</i> . 2015;84(5):294-303. Available from: https://doi.org/10.1159/000430449 .	Fel population/Wrong patient population
O'Mahen H, Wilkinson E, Woodford J, McKinley J, Duggan M, Warren F, et al. Acting together around childbirth. Abstracts of the Marce International Society International Biennial General Scientific Meeting. October 3-5, 2012. Paris France. <i>Arch Womens Ment Health</i> . 2013;16 Suppl 1:S1-146. Available from: https://doi.org/10.1007/s00737-013-0355-x .	Fel publikationstyp/Wrong publication type
Pessagno RA, Hunker D. Using short-term group psychotherapy as an evidence-based intervention for first-time mothers at risk for postpartum depression. <i>Perspect Psychiatr Care</i> . 2013;49(3):202-9. Available from: https://doi.org/10.1111/j.1744-6163.2012.00350.x .	Fel jämförelsegrupp/Wrong comparator
Prevatt BS, Lowder EM, Desmarais SL. Peer-support intervention for postpartum depression: Participant satisfaction and program effectiveness. <i>Midwifery</i> . 2018;64:38-47. Available from: https://doi.org/10.1016/j.midw.2018.05.009 .	Fel intervention/Wrong intervention

Rabiei L, Mazaheri MA, Masoudi R, Hasheminia SA. Fordyce happiness program and postpartum depression. <i>J Res Med Sci.</i> 2014;19(3):251-6.	Fel intervention/Wrong intervention
Ramsauer B, Muhlhan C, Lotzin A, Achtergarde S, Mueller J, Krink S, et al. Randomized controlled trial of the Circle of Security-Intensive intervention for mothers with postpartum depression: maternal unresolved attachment moderates changes in sensitivity. <i>Attach Hum Dev.</i> 2020;22(6):705-26. Available from: https://doi.org/10.1080/14616734.2019.1689406 .	Fel utfall/Wrong outcomes
Reay R, Fisher Y, Robertson M, Adams E, Owen C, Kumar R. Group interpersonal psychotherapy for postnatal depression: a pilot study. <i>Arch Womens Ment Health.</i> 2006;9(1):31-9. Available from: https://doi.org/10.1007/s00737-005-0104-x .	Fel studiedesign/Wrong study design
Reid M, Glazener C, Murray GD, Taylor GS. A two-centred pragmatic randomised controlled trial of two interventions of postnatal support. <i>BJOG.</i> 2002;109(10):1164-70. Available from: https://doi.org/10.1111/j.1471-0528.2002.01306.x .	Fel population/Wrong patient population
Rojas G, Fritsch R, Solis J, Jadresic E, Castillo C, Gonzalez M, et al. Treatment of postnatal depression in low-income mothers in primary-care clinics in Santiago, Chile: a randomised controlled trial. <i>Lancet.</i> 2007;370(9599):1629-37. Available from: https://doi.org/10.1016/S0140-6736(07)61685-7 .	Fel intervention/Wrong intervention
Salo SJ, Flykt M, Makela J, Biringen Z, Kalland M, Pajulo M, et al. The effectiveness of Nurture and Play: a mentalisation-based parenting group intervention for prenatally depressed mothers. <i>Prim Health Care Res Dev.</i> 2019;20:e157. Available from: https://doi.org/10.1017/S1463423619000914 .	Fel population/Wrong patient population
Salomonsson B, Kornaros K, Sandell R, Nissen E, Lillengren P. Short-term psychodynamic infant-parent interventions at Child health centers: Outcomes on parental depression and infant social-emotional functioning. <i>Infant Ment Health J.</i> 2021;42(1):109-23. Available from: https://doi.org/10.1002/imhj.21893 .	Fel studiedesign/Wrong study design
Sawyer A, Kaim A, Le HN, McDonald D, Mittinty M, Lynch J, et al. The Effectiveness of an App-Based Nurse-Moderated Program for New Mothers With Depression and Parenting Problems (eMums Plus): Pragmatic Randomized Controlled Trial. <i>J Med Internet Res.</i> 2019;21(6):e13689. Available from: https://doi.org/10.2196/13689 .	Fel population/Wrong patient population
Segre LS, Brock RL, O'Hara MW. Depression treatment for impoverished mothers by point-of-care providers: A randomized controlled trial. <i>J Consult Clin Psychol.</i> 2015;83(2):314-24. Available from: https://doi.org/10.1037/a0038495 .	Fel population/Wrong patient population
Segre LS, Stasik SM, O'Hara MW, Arndt S. Listening visits: an evaluation of the effectiveness and acceptability of a home-based depression treatment. <i>Psychother Res.</i> 2010;20(6):712-21. Available from: https://doi.org/10.1080/10503307.2010.518636 .	Fel studiedesign/Wrong study design
Shamshiri Milani H, Azargashb E, Beyraghi N, Defaie S, Asbaghi T. Effect of Telephone-Based Support on Postpartum Depression: A Randomized	Fel intervention/Wrong intervention

Controlled Trial. Int J Fertil Steril. 2015;9(2):247-53. Available from: https://doi.org/10.22074/ijfs.2015.4246 .	
Shorey S, Chee CYI, Ng ED, Lau Y, Dennis CL, Chan YH. Evaluation of a Technology-Based Peer-Support Intervention Program for Preventing Postnatal Depression (Part 1): Randomized Controlled Trial. J Med Internet Res. 2019;21(8):e12410. Available from: https://doi.org/10.2196/12410 .	Fel intervention/Wrong intervention
Shorey S, Lau Y, Dennis CL, Chan YS, Tam WWS, Chan YH. A randomized-controlled trial to examine the effectiveness of the 'Home-but not Alone' mobile-health application educational programme on parental outcomes. J Adv Nurs. 2017;73(9):2103-17. Available from: https://doi.org/10.1111/jan.13293 .	Fel population/Wrong patient population
Shulman B, Dueck R, Ryan D, Breau G, Sadowski I, Misri S. Feasibility of a mindfulness-based cognitive therapy group intervention as an adjunctive treatment for postpartum depression and anxiety. J Affect Disord. 2018;235:61-7. Available from: https://doi.org/10.1016/j.jad.2017.12.065 .	Fel studiedesign/Wrong study design
Sikander S, Ahmad I, Atif N, Zaidi A, Vanobberghen F, Weiss HA, et al. Delivering the Thinking Healthy Programme for perinatal depression through volunteer peers: a cluster randomised controlled trial in Pakistan. Lancet Psychiatry. 2019;6(2):128-39. Available from: https://doi.org/10.1016/s2215-0366(18)30467-x .	Fel population/Wrong patient population
Simhi M, Sarid O, Rowe H, Fisher J, Cwikel J. A Cognitive-Behavioral Intervention for Postpartum Anxiety and Depression: Individual Phone vs. Group Format. J Clin Med. 2021;10(24). Available from: https://doi.org/10.3390/jcm10245952 .	Fel studiedesign/Wrong study design
Singla DR, MacKinnon DP, Fuhr DC, Sikander S, Rahman A, Patel V. Multiple mediation analysis of the peer-delivered Thinking Healthy Programme for perinatal depression: findings from two parallel, randomised controlled trials. Br J Psychiatry. 2021;218(3):143-50. Available from: https://doi.org/10.1192/bjp.2019.184 .	Fel population/Wrong patient population
Small R, Watson L, Gunn J, Mitchell C, Brown S. Improving population-level maternal health: a hard nut to crack? Long term findings and reflections on a 16-community randomised trial in Australia to improve maternal emotional and physical health after birth [ISRCTN03464021]. PLoS One. 2014;9(2):e88457. Available from: https://doi.org/10.1371/journal.pone.0088457 .	Fel intervention/Wrong intervention
Tachibana Y, Koizumi N, Mikami M, Shikada K, Yamashita S, Shimizu M, et al. An integrated community mental healthcare program to reduce suicidal ideation and improve maternal mental health during the postnatal period: the findings from the Nagano trial. BMC Psychiatry. 2020;20(1):389. Available from: https://doi.org/10.1186/s12888-020-02765-z .	Fel population/Wrong patient population
Thome M, Orlygsdottir B, Elvarsson BT. Evaluation of the clinical effect of an on-line course for community nurses on post-partum emotional distress: a community-based longitudinal time-series quasi-experiment. Scand J Caring	Fel intervention/Wrong intervention

Sci. 2012;26(3):494-504. Available from: https://doi.org/10.1111/j.1471-6712.2011.00954.x .	
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Upplevelser och erfarenhet av behandling av postpartumdepression/Experiences in the treatment of postpartum depression

Sammanställning av studier som exkluderats efter relevansgranskning i fulltext/Compilation of studies excluded due to relevance

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Yang R, Vigod SN, Hensel JM. Optional Web-Based Videoconferencing Added to Office-Based Care for Women Receiving Psychotherapy During the Postpartum Period: Pilot Randomized Controlled Trial. J Med Internet Res. 2019;21(6):e13172. Available from: https://doi.org/10.2196/13172 .	Fel studiedesign/Wrong study design

Hälsoekonomi/Health economic

Sammanställning av studier som exkluderats efter relevansgranskning i fulltext/ Compilation of studies excluded due to relevance

Referens/ Reference	Exklusionsorsak/Main reason for exclusion
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Byatt N, Biebel K, Moore Simas TA, Sarvet B, Ravech M, Allison J, et al. Improving perinatal depression care: the Massachusetts Child Psychiatry Access Project for Moms. Gen Hosp Psychiatry. 2016;40:12-7. Available from: https://doi.org/10.1016/j.genhosppsych.2016.03.002 .	Fel intervention/Wrong intervention
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<p>Zheng Q, Shi L, Zhu L, Jiao N, Chong YS, Chan SW, et al. Cost-effectiveness of Web-Based and Home-Based Postnatal Psychoeducational Interventions for First-time Mothers: Economic Evaluation Alongside Randomized Controlled Trial. <i>J Med Internet Res.</i> 2022;24(3):e25821. Available from: https://doi.org/10.2196/25821.</p>	<p>Fel population/Wrong patient population</p>

Artiklar med hög risk för snedvridning/stora metodbrister/Studies excluded due to high risk of bias/excluded due to methodological limitations

Behandling av postpartumdepression/Treatment of postpartum depression

Sammanställning av studier med hög risk för snedvridning/Compilation of studies excluded excluded due to high risk of bias

Referens/Reference	Kommentar/Comment
Amiri NP, Ahmadi A, Mirzaee F, Mirzai M, Shahrokhi N. The Effect of Dialectic Behavioral Counseling on Depression, Anxiety, and Postpartum Hematocrit Level. Rev Bras Ginecol Obstet. 2021;43(4):275-82. Available from: https://doi.org/10.1055/s-0041-1728780 .	Hög risk för snedvridning/High risk of bias
Chabrol H, Teissedre F, Saint-Jean M, Teisseyre N, Roge B, Mullet E. Prevention and treatment of post-partum depression: a controlled randomized study on women at risk. Psychological medicine. 2002;32(6):1039-47.	Hög risk för snedvridning/High risk of bias
Clark R, Tluczek A, Wenzel A. Psychotherapy for postpartum depression: a preliminary report. Am J Orthopsychiatry. 2003;73(4):441-54. Available from: https://doi.org/10.1037/0002-9432.73.4.441 .	Hög risk för snedvridning/High risk of bias
Cooper PJ, Murray L, Wilson A, Romaniuk H. Controlled trial of the short- and long-term effect of psychological treatment of post-partum depression. I. Impact on maternal mood. Br J Psychiatry. 2003;182:412-9.	Hög risk för snedvridning/High risk of bias
Gjerdingen DK, McGovern P, Pratt R, Johnson L, Crow S. Postpartum doula and peer telephone support for postpartum depression: a pilot randomized controlled trial. J Prim Care Community Health. 2013;4(1):36-43. Available from: https://doi.org/10.1177/2150131912451598 .	Hög risk för snedvridning/High risk of bias
Meager I, Milgrom J. Group treatment for postpartum depression: a pilot study. Aust N Z J Psychiatry. 1996;30(6):852-60. Available from: https://doi.org/10.3109/00048679609065055 .	Hög risk för snedvridning/High risk of bias
Milgrom J, Negri LM, Gemmill AW, McNeil M, Martin PR. A randomized controlled trial of psychological interventions for postnatal depression. Br J Clin Psychol. 2005;44(Pt 4):529-42. Available from: https://doi.org/10.1348/014466505X34200 .	Hög risk för snedvridning/High risk of bias
Misri S, Kostaras X, Fox D, Kostaras D. The impact of partner support in the treatment of postpartum depression. Can J Psychiatry. 2000;45(6):554-8. Available from: https://doi.org/10.1177/070674370004500607 .	Hög risk för snedvridning/High risk of bias
Mureşan-Madar A, Băban A. The development and piloting of a CBT group program for postpartum depression. J Evid Based Psychother. 2015;15(1):51-64.	Hög risk för snedvridning/High risk of bias
Puckering C, McIntosh E, Hickey A, Longford J. Mellow Babies: A group intervention for infants and mothers experiencing postnatal depression. Counselling Psychology Review. 2010;25(1):28-38.	Hög risk för snedvridning/High risk of bias

Sheydaei H, Ghasemzadeh A, Lashkari A, Kajani PG. The effectiveness of mindfulness training on reducing the symptoms of postpartum depression. <i>Electron Physician</i> . 2017;9(7):4753-8. Available from: https://doi.org/10.19082/4753 .	Hög risk för snedvridning/High risk of bias
Van Horne BS, Nong YH, Cain CM, Sampson M, Greeley CS, Puryear L. A promising new model of care for postpartum depression: A randomised controlled trial of a brief home visitation program conducted in Houston, Texas, USA. <i>Health Soc Care Community</i> . 2022;30(5):e2203-e13. Available from: https://doi.org/10.1111/hsc.13658 .	Hög risk för snedvridning/High risk of bias
Wiklund I, Mohlkert P, Edman G. Evaluation of a brief cognitive intervention in patients with signs of postnatal depression: a randomized controlled trial. <i>Acta Obstet Gynecol Scand</i> . 2010;89(8):1100-4. Available from: https://doi.org/10.3109/00016349.2010.500369 .	Hög risk för snedvridning/High risk of bias

Upplevelser och erfarenhet av behandling av postpartumdepression/Experiences in the treatment of postpartum depression

Sammanställning av studier med stora metodbrister/Compilation of studies excluded due to methodological limitations

Referens/Reference	Kommentar/Comment
Avalos LA, Aghaee S, Kurtovich E, Quesenberry C, Jr., Nkemere L, McGinnis MK, et al. A Mobile Health Mindfulness Intervention for Women With Moderate to Moderately Severe Postpartum Depressive Symptoms: Feasibility Study. <i>JMIR Ment Health</i> . 2020;7(11):e17405. Available from: https://doi.org/10.2196/17405 .	Stora metodbrister/Severe methodological limitations
Boath E, Bradley E, Anthony P. Users' views of two alternative approaches to the treatment of postnatal depression. <i>J Reprod Infant Psychol</i> . 2004;22(1):13-24. Available from: https://doi.org/10.1080/02646830310001643085 .	Stora metodbrister/Severe methodological limitations
Buultjens M, Robinson P, Liamputtong P. A holistic programme for mothers with postnatal depression: pilot study. <i>J Adv Nurs</i> . 2008;63(2):181-8. Available from: https://doi.org/10.1111/j.1365-2648.2008.04692.x .	Stora metodbrister/Severe methodological limitations
Gjerdengen DK, McGovern P, Pratt R, Johnson L, Crow S. Postpartum doula and peer telephone support for postpartum depression: a pilot randomized controlled trial. <i>J Prim Care Community Health</i> . 2013;4(1):36-43. Available from: https://doi.org/10.1177/2150131912451598 .	Stora metodbrister/Severe methodological limitations
Horowitz JA, Murphy CA, Gregory K, Wojcik J, Pulcini J, Solon L. Nurse home visits improve maternal/infant interaction and decrease severity of postpartum depression. <i>J Obstet Gynecol Neonatal Nurs</i> . 2013;42(3):287-300. Available from: https://doi.org/10.1111/1552-6909.12038 .	Stora metodbrister/Severe methodological limitations
Orengo-Aguayo RE, Segre LS. Depression treatment delivered at the point-of-care: a qualitative assessment of the views of low-income US mothers. <i>J Reprod Infant Psychol</i> . 2016;34(1):35-48. Available from: https://doi.org/10.1080/02646838.2015.1101753 .	Stora metodbrister/Severe methodological limitations

Puckering C, McIntosh E, Hickey A, Longford J. Mellow Babies: A group intervention for infants and mothers experiencing postnatal depression. <i>Counselling Psychology Review</i> . 2010;25(1):28-38.	Stora metodbrister/Severe methodological limitations
Tamaki A. Effectiveness of home visits by mental health nurses for Japanese women with post-partum depression. <i>Int J Ment Health Nurs</i> . 2008;17(6):419-27. Available from: https://doi.org/10.1111/j.1447-0349.2008.00568.x .	Stora metodbrister/Severe methodological limitations
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Williamson V, McCutcheon H. The experiences of Australian women diagnosed with postnatal depression who received health professional intervention. <i>Singapore Nursing Journal</i> . 2007;34(3):39-44.	Stora metodbrister/Severe methodological limitations