



## Bilaga 2.16

1 (11)

Inventering av vetenskapliga kunskapsluckor inom psykisk ohälsa 2005–2020  
- insatser för att utreda, diagnostisera, förebygga och behandla psykisk ohälsa,  
inklusive stödjande och organisatoriska åtgärder  
rapport 335 (2021)

### Bilaga 2.16 Prevention

Utdrag från DUET:s databas med vetenskapliga kunskapsluckor

Listan i denna bilaga innehåller följande information:

Populations-kategori	Titel	Insats-kategori	Källa (endast i DUETs)	Referens	Typ av kunskapslucka	Datum
Övergripande kategori för population	Kunskaps-luckans titel	Övergripande kategori för insats	Internationell eller brittisk arbetsgrupp som tagit fram underlaget (t.ex. Cochrane, NICE, JLA, DUETs Mental Health Module editorial group)	Underlag som kunskaps-luckan hämtats från	Tre typer: - En systematisk översikt behövs - En uppdaterad systematisk översikt behövs - Fler primärstudier behövs  De tre typerna återspeglar kunskapsläget sådant det såg ut vid tidpunkten för utredningen av kunskapsluckan.	Datum för när den senaste versionen av kunskaps-luckan publicerades

Populationskategori	Titel (eng)	Insatskategori	Typ av kunskapslucka	Källa	Referens	Datum
Neuropsykiatriska tillstånd	What is the effectiveness of interventions to maintain the benefits of treatment and prevent relapse after successful treatment for conduct disorder?	Vård- & Behandlingsalternativ, Stöd & Information, Prevention	Fler primärstudier behövs	NICE Clinical Guideline Conduct disorders in children and young people (CG158)	<i>National Institute for Health and Clinical Excellence (2013) Conduct disorders in children and young people (CG158). Clinical Guideline CG158. London: National Institute for Health and Clinical Excellence.</i>	2013-04-15
Affektiva tillstånd	Psychological and educational interventions for preventing depression in children and adolescents	Prevention, Psykologiska & Psykoterapeutiska, Stöd & Information	Fler primärstudier behövs	Cochrane Depression, Anxiety and Neurosis Group	<i>Merry SN, Hetrick SE, Cox GR, Brudevold-Iversen T, Bir JJ, McDowell H. Psychological and educational interventions for preventing depression in children and adolescents. Cochrane Database of Systematic Reviews 2011, Issue 12. Art. No.: CD003380.</i>	2012-03-14
Affektiva tillstånd	Does mindfulness based cognitive therapy prevent relapse of depression?	Psykologiska & Psykoterapeutiska, Prevention, Komplementärmedicin	Fler primärstudier behövs	BMJ	<i>Kuyken W, Crane R, Dalgleish T. Does mindfulness based cognitive therapy prevent relapse of depression? BMJ. 2012. 10.1136/bmj.e7194.</i>	2012-11-09
Affektiva tillstånd	Interventions for preventing relapse and recurrence of a depressive disorder in children and adolescents	Vård- & Behandlingsalternativ, Prevention	Fler primärstudier behövs	Cochrane Depression, Anxiety and Neurosis Group	<i>Cox GR, Fisher CA, De Silva S, Phelan M, Akinwale OP, Simmons MB, Hetrick SE. Interventions for preventing relapse and recurrence of a depressive disorder in children and adolescents. Cochrane Database of Systematic Reviews 2012, Issue 11. Art. No.: CD007504.</i>	2012-11-16
Affektiva tillstånd	Psychological therapies for preventing seasonal affective disorder	Prevention, Psykologiska & Psykoterapeutiska	En systematisk översikt behövs	Cochrane Depression, Anxiety and Neurosis Group		2014-10-10
Schizofreni & Psykotiska tillstånd	Do Crisis or Outreach teams prevent relapse of psychosis?	Organisation, Prevention	Fler primärstudier behövs	Mind Cymru	<i>Joy CB, Adams CE, Rice K. Crisis intervention for people with severe mental illnesses. Cochrane Database of Systematic Reviews 2006, Issue 4. Art. No.: CD001087.</i>	2007-09-10
Schizofreni & Psykotiska tillstånd	HIV prevention advice for people with serious mental illness	Prevention, Stöd & Information, Levnadsvanor	Fler primärstudier behövs	Cochrane Schizophrenia Group	<i>Wright N, Akhtar A, Tosh GE, Clifton AV. HIV prevention advice for people with serious mental illness. Cochrane Database of Systematic Reviews 2014, Issue 12. Art. No.: CD009639.</i>	2015-01-13
Särskilda tillstånd	Attachment-based family therapy in young people to prevent suicide and suicidal behaviours	Prevention, Psykologiska & Psykoterapeutiska	Fler primärstudier behövs	Evidence Update – Self harm		2013-02-15

Populationskategori	Titel (eng)	Insatskategori	Typ av kunskapslucka	Källa	Referens	Datum
Särskilda tillstånd	Interventions for primary prevention of suicide in university and other post-secondary educational settings	Prevention, Stöd & Information, Organisation	Fler primärstudier behövs	Cochrane Injuries Group	<i>Harrod CS, Goss CW, Stallones L, DiGuseppi C. Interventions for primary prevention of suicide in university and other post-secondary educational settings. Cochrane Database of Systematic Reviews 2014, Issue 10. Art. No.: CD009439.</i>	2014-11-13
Missbruk & Beroende	What types of injecting equipment paraphernalia and non-injecting equipment effectively and cost effectively reduce the harm associated with injecting drug use?	Prevention, Medicinteknik & Kirurgi, Vård- & Behandlingsalternativ	Fler primärstudier behövs	NICE Public Health Needle and syringe programmes (PH52)	<i>National Institute for Health and Clinical Excellence (2014) Needle and syringe programmes (PH52). Public Health PH52. London: National Institute for Health and Clinical Excellence.</i>	2014-06-27
Missbruk & Beroende	How can needle and syringe programmes encourage specific groups of people who inject drugs to use the service effectively?	Prevention, Medicinteknik & Kirurgi, Vård- & Behandlingsalternativ, Organisation	Fler primärstudier behövs	NICE Public Health Needle and syringe programmes (PH52)	<i>National Institute for Health and Clinical Excellence (2014) Needle and syringe programmes (PH52). Public Health PH52. London: National Institute for Health and Clinical Excellence.</i>	2014-06-27
Missbruk & Beroende	What type of behaviour-change interventions delivered by needle and syringe programmes are effective in promoting safer drug use practices and reducing the incidence of overdose?	Prevention, Organisation, Vård- & Behandlingsalternativ	Fler primärstudier behövs	NICE Public Health Needle and syringe programmes (PH52)	<i>National Institute for Health and Clinical Excellence (2014) Needle and syringe programmes (PH52). Public Health PH52. London: National Institute for Health and Clinical Excellence.</i>	2014-06-27
Missbruk & Beroende	Brief school-based interventions and behavioural outcomes for substance-using adolescents	Stöd & Information, Prevention	Fler primärstudier behövs	Cochrane Drugs and Alcohol Group	<i>Carney T, Myers BJ, Louw J, Okwundu CI. Brief school-based interventions and behavioural outcomes for substance-using adolescents. Cochrane Database of Systematic Reviews 2014, Issue 2. Art. No.: CD008969.</i>	2014-03-21
Missbruk & Beroende	School-based prevention for illicit drugs' use	Stöd & Information, Prevention, Levnadsvanor	Fler primärstudier behövs	Cochrane Drugs and Alcohol Group	<i>Faggiano F, Vigna-Taglianti FD, Versino E, Zambon A, Borraccino A, Lemma P. School-based prevention for illicit drugs' use. Cochrane Database of Systematic Reviews 2005, Issue 2.</i>	2007-02-19
Missbruk & Beroende	Universal family-based prevention programs for alcohol misuse in young people	Prevention, Levnadsvanor, Stöd & Information	Fler primärstudier behövs	Cochrane Drugs and Alcohol Group	<i>Foxcroft DR, Tsertsvadze A. Universal family-based prevention programs for alcohol misuse in young people. Cochrane Database of Systematic Reviews 2011, Issue 9. Art. No.: CD009308.</i>	2011-11-14

Populationskategori	Titel (eng)	Insatskategori	Typ av kunskapslucka	Källa	Referens	Datum
Missbruk & Beroende	Universal multi-component prevention programs for alcohol misuse in young people	Prevention, Levnadsvanor, Stöd & Information	Fler primärstudier behövs	Cochrane Drugs and Alcohol Group	<i>Foxcroft DR, Tsertsvadze A. Universal multi-component prevention programs for alcohol misuse in young people. Cochrane Database of Systematic Reviews 2011, Issue 9. Art. No.: CD009307.</i>	2011-11-14
Missbruk & Beroende	Managed alcohol as a harm reduction intervention for alcohol addiction in populations at high risk for substance abuse	Stöd & Information, Prevention, Levnadsvanor	Fler primärstudier behövs	Cochrane Drugs and Alcohol Group	<i>Muckle W, Muckle J, Welch V, Tugwell P. Managed alcohol as a harm reduction intervention for alcohol addiction in populations at high risk for substance abuse. Cochrane Database of Systematic Reviews 2012, Issue 12. Art. No.: CD006747.</i>	2012-12-31
Demens & Äldre	Can the onset of dementia be prevented or delayed by dietary or nutritional factors?	Diet & Nutrition, Prevention	Fler primärstudier behövs	Dementia - A JLA Priority Setting Partnership	<i>Ooi CP, Loke SC, Yassin Z, Hamid TA. Carbohydrates for improving the cognitive performance of independent-living older adults with normal cognition or mild cognitive impairment. Cochrane Database of Systematic Reviews 2011, Issue 4. Art. No.: CD007220.</i> <i>Marik PE, Flemmer M. Do dietary supplements have beneficial health effects in industrialized nations: what is the evidence? Journal of Parenteral and Enteral Nutrition. 2012;36(2):159-68.</i> <i>Dangour AD, Whitehouse PJ, Rafferty K, Mitchell SA, Smith L, Hawkesworth S, et al. B-vitamins and fatty acids in the prevention and treatment of Alzheimer's disease and dementia: a systematic review. Journal of Alzheimer's Disease. 2010;22(1):205-24.</i> <i>Sydenham E, Dangour AD, Lim WS. Omega 3 fatty acid for the prevention of cognitive decline and dementia. Cochrane Database of Systematic Reviews 2012, Issue 6. Art. No.: CD005379.</i> <i>Mazereeuw G, Lanctot KL, Chau SA, Swardfager W, Herrmann N. Effects of omega-3 fatty acids on cognitive performance: a meta-analysis. Neurobiology of Aging. 2012.</i>	2013-08-21

Populationskategori	Titel (eng)	Insatskategori	Typ av kunskapslucka	Källa	Referens	Datum
Demens & Äldre	Vitamin and mineral supplementation for maintaining cognitive function in cognitively healthy people in late life	Diet & Nutrition, Prevention	En systematisk översikt behövs	Cochrane Dementia and Cognitive Improvement Group		2015-11-09
Demens & Äldre	Are vitamins effective for preventing or delaying onset of dementia? What is the most effective dose of vitamin and type/combination? Including for different sub-types of dementia?	Diet & Nutrition, Prevention	En systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership		2015-10-29
Demens & Äldre	Does the effective treatment of depression/anxiety prevent cognitive decline and dementia?	Prevention	Fler primärstudier behövs	Dementia - A JLA Priority Setting Partnership	<i>Lafortune L, Khan a, Martin S, Fox C, Cullum S, Denning T, Rait G, Katona C, Brayne C. A systematic review of costs and benefits of population screening for dementia. The Lancet, 2013. 382(S56).</i>	2015-10-29
Demens & Äldre	How can urinary tract infections be prevented in people with dementia and what is the effect of urinary tract infections on the symptoms and progression of dementia?	Prevention	En systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership		2015-10-29
Demens & Äldre	Is amyloid vaccination therapy effective for the treatment of dementia?	Prevention	En systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership		2015-10-29
Demens & Äldre	Does homocysteine lowering with high dose B vitamins prevent or delay the development of mild cognitive impairment (MCI) in otherwise healthy patients and/or the conversion of patients with mild cognitive impairment (MCI) to dementia?	Prevention, Diet & Nutrition	En systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership		2015-10-29
Demens & Äldre	Can the onset of dementia be prevented or delayed by level of alcohol consumption?	Prevention, Levnadsvanor	En uppdaterad systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership		2015-10-29
Demens & Äldre	Thiamine for prevention and treatment of Wernicke-Korsakoff Syndrome in people who abuse alcohol	Prevention, Läkemedel	Fler primärstudier behövs	Cochrane Dementia and Cognitive Improvement Group	<i>Day E, Bentham PW, Callaghan R, Kuruvilla T, George S. Thiamine for prevention and treatment of Wernicke-Korsakoff Syndrome in people who abuse alcohol. Cochrane Database of Systematic Reviews 2013, Issue 7. Art. No.: CD004033.</i>	2013-09-04

Populationskategori	Titel (eng)	Insatskategori	Typ av kunskapslucka	Källa	Referens	Datum
Demens & Äldre	Are stem cells effective for the prevention or treatment of dementia?	Prevention, Medicinteknik & Kirurgi	En systematisk översikt behövs	Dementia - A JLA	Priority Setting Partnership	2015-10-29
Demens & Äldre	For those with a family history of dementia or genetic risk factors is gene therapy effective in preventing or delaying the onset of dementia?	Prevention, Medicinteknik & Kirurgi	En systematisk översikt behövs	Dementia - A JLA	Priority Setting Partnership	2015-10-29
Demens & Äldre	Can the removal of dental amalgam from teeth be effective to help prevent/delay onset of dementia?	Prevention, Medicinteknik & Kirurgi, Omsorg & Boende	En systematisk översikt behövs	Dementia - A JLA	Priority Setting Partnership	2015-10-29
Demens & Äldre	What strategies are effective for prevention of falls in people with dementia (in all settings)?	Prevention, Medicinteknik & Kirurgi, Omsorg & Boende	En systematisk översikt behövs	Dementia - A JLA	Priority Setting Partnership	2015-10-29
Demens & Äldre	Are brain games and other cognitive stimulation or learning processes effective at preventing or delaying the onset of dementia?	Prevention, Psykologiska & Psykoterapeutiska	En systematisk översikt behövs	Dementia - A JLA	Priority Setting Partnership	2015-10-29
Demens & Äldre	Can the onset of dementia be prevented or delayed by controlling or minimising stress?	Prevention, Psykologiska & Psykoterapeutiska, Levnadsvanor	En systematisk översikt behövs	Dementia - A JLA	Priority Setting Partnership	2015-10-29
Demens & Äldre	Is social interaction effective at preventing or delaying the onset of dementia, including the type of factors in the social environment that are most effective?	Prevention, Psykologiska & Psykoterapeutiska, Omsorg & Boende	En systematisk översikt behövs	Dementia - A JLA	Priority Setting Partnership	2015-10-29
Demens & Äldre	Passive immunisation with monoclonal anti-Abeta antibodies for the treatment of Alzheimer's disease	Prevention,	En systematisk översikt behövs	Cochrane Dementia and Cognitive Improvement Group		2012-11-20
Demens & Äldre	Do strategies to control vascular risk factors (e.g. blood pressure (including high, low and irregular blood pressure) and cholesterol prevent/delay onset of dementia?	Prevention, Vård- & Behandlingsalternativ	Fler primärstudier behövs	Dementia - A JLA	Priority Setting Partnership	2015-10-29

Populationskategori	Titel (eng)	Insatskategori	Typ av kunskapslucka	Källa	Referens	Datum
Demens & Äldre	Do prevention strategies for diabetes prevent/delay the onset of dementia, including for different sub-types of dementia?	Prevention, Vård- & Behandlingsalternativ	En systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership	<i>Cheng G, Huang C, Deng H, Wang H. Diabetes as a risk factor for dementia and mild cognitive impairment: a meta-analysis of longitudinal studies. Internal Medicine Journal. 2012; 42(5):484-91 PMID: 22372522.</i>	2015-10-29
Demens & Äldre	What are effective ways to prevent and treat hallucinations in people with dementia?	Prevention, Vård- & Behandlingsalternativ	En systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership		2015-10-29
Demens & Äldre	Are strategies to prevent physical trauma (brain/head injury) effective for the prevention of dementia, including in those with a family history/genetic risk factors for dementia?	Prevention, Vård- & Behandlingsalternativ, Omsorg & Boende	En systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership		2015-10-29
Demens & Äldre	Could reduction/modification of environmental factors prevent/delay the onset of dementia?	Prevention, Vård- & Behandlingsalternativ, Omsorg & Boende	En systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership	<i>Woods B, Aguirre E, Spector AE, Orrell M. Cognitive stimulation to improve cognitive functioning in people with dementia. Cochrane Database of Systematic Reviews 2012, Issue 2. Art. No.: CD005562. Bahar-Fuchs A, Clare L, Woods B. Cognitive training and cognitive rehabilitation for mild to moderate Alzheimer's disease and vascular dementia. Cochrane Database of Systematic Reviews 2013, Issue 6. Art. No.: CD003260. Letts L, Edwards M, Berenyi J, Moros K, O'Neill C, O'Toole C, McGrath C. American Journal of Occupational Therapy. 2011; 65(5):497-504 PMID: 22026317.</i>	2015-10-29
Demens & Äldre	Dietary interventions for maintaining cognitive function in cognitively healthy people in late life	Diet & Nutrition, Prevention	En systematisk översikt behövs	Cochrane Dementia and Cognitive Improvement Group		2015-11-09
Övrig psykisk ohälsa	Mentoring adolescents to prevent drug and alcohol use	Prevention, Stöd & Information	Fler primärstudier behövs	Cochrane Drugs and Alcohol Group	<i>Thomas RE, Lorenzetti D, Spragins W. Mentoring adolescents to prevent drug and alcohol use. Cochrane Database of Systematic Reviews 2011, Issue 11. Art. No.: CD007381.</i>	2011-11-30

Populationskategori	Titel (eng)	Insatskategori	Typ av kunskapslucka	Källa	Referens	Datum
Övrig psykisk ohälsa	How can the risk of intense and long-lasting grief best be assessed and treated? Can this be prevented through early bereavement support?	Prediktion, Vård- & Behandlingsalternativ, Prevention	En systematisk översikt behövs	James Lind Alliance Palliative and end of life care Priority Setting Partnership		2015-09-08
Övrig psykisk ohälsa	How effective and cost effective are interventions that use varenicline for people who are using acute, maternity and mental health services?	Läkemedel, Prevention, Levnadsvanor	Fler primärstudier behövs	NICE Public Health Smoking cessation - acute, maternity and mental health services (PH48)	<i>National Institute for Health and Clinical Excellence (2013) Smoking cessation - acute, maternity and mental health services (PH48). Public Health PH48. London: National Institute for Health and Clinical Excellence.</i>	2014-02-13
Övrig psykisk ohälsa	Mass media interventions for reducing mental health-related stigma	Prevention, Organisation, Stöd & Information	Fler primärstudier behövs	Cochrane Consumers and Communication Group	<i>Clement S, Lassman F, Barley E, Evans-Lacko S, Williams P, Yamaguchi S, Slade M, Rüsch N, Thornicroft G. Mass media interventions for reducing mental health-related stigma. Cochrane Database of Systematic Reviews 2013, Issue 7. Art. No.: CD009453.</i>	2013-09-16
Övrig psykisk ohälsa	Restorative justice conferencing for reducing recidivism in young offenders (aged 7 to 21)	Prevention, Organisation	Fler primärstudier behövs	Cochrane Developmental, Psychosocial and Learning Problems Group	<i>Livingstone N, Macdonald G, Carr N. Restorative justice conferencing for reducing recidivism in young offenders (aged 7 to 21). Cochrane Database of Systematic Reviews 2013, Issue 2. Art. No.: CD008898.</i>	2013-03-20
Övrig psykisk ohälsa	Web-based stress management for preventing stress and reducing sick leave in workers	Prevention, Medicinteknik & Kirurgi, Arbete & Arbetsmiljö, Psykologiska & Psykoterapeutiska	En systematisk översikt behövs	Cochrane Work Group		2015-11-09
Somatisk sjukdom	Prevention of depression in chronically physically ill adults	Prevention, Vård- & Behandlingsalternativ	En systematisk översikt behövs	Cochrane Depression, Anxiety and Neurosis Group		2014-09-16



Populationskategori	Titel (eng)	Insatskategori	Typ av kunskapslucka	Källa	Referens	Datum
Somatisk sjukdom	Bright light therapy for patients at risk of delirium	Medicinteknik & Kirurgi, Prevention, Komplementärmedicin	Fler primärstudier behövs	Evidence Update - Delirium	<i>Ono H, Taguchi T, Kido Y, Fujino Y, Doki Y. The usefulness of bright light therapy for patients after oesophagectomy. Intensive Crit Care Nurs. 2011 Jun;27(3):158-66. Forbes D, Culum I, Lischka AR, Morgan DG, Peacock S, Forbes J, Forbes S. Light therapy for managing cognitive, sleep, functional, behavioural, or psychiatric disturbances in dementia. Cochrane Database of Systematic Reviews 2009, Issue 4. Art. No.: CD003946.</i>	2012-02-27
Graviditet & Förlossning	How effective and cost effective are stop smoking interventions for partners of pregnant and breastfeeding women?	Prevention, Levnadsvanor	Fler primärstudier behövs	NICE Public Health Smoking cessation - acute, maternity and mental health services (PH48)	<i>National Institute for Health and Clinical Excellence (2013) Smoking cessation - acute, maternity and mental health services (PH48). Public Health PH48. London: National Institute for Health and Clinical Excellence.</i>	2014-02-13
Graviditet & Förlossning	Dietary supplements for preventing postnatal depression	Diet & Nutrition, Prevention	Fler primärstudier behövs	Cochrane Pregnancy and Childbirth Group	<i>Miller BJ, Murray L, Beckmann MM, Kent T, Macfarlane B. Dietary supplements for preventing postnatal depression. Cochrane Database of Systematic Reviews 2013, Issue 10. Art. No.: CD009104.</i>	2013-11-15
Graviditet & Förlossning	Psychosocial and psychological interventions for preventing postpartum depression	Prevention, Psykologiska & Psykoterapeutiska, Stöd & Information	Fler primärstudier behövs	Cochrane Pregnancy and Childbirth Group	<i>Dennis C-L, Dowswell T. Psychosocial and psychological interventions for preventing postpartum depression. Cochrane Database of Systematic Reviews 2013, Issue 2. Art. No.: CD001134.</i>	2013-03-04
Graviditet & Förlossning	Preventive interventions for postnatal psychosis	Läkemedel, Prevention	Fler primärstudier behövs	Cochrane Schizophrenia Group	<i>Essali A, Alabed S, Guul A, Essali N. Preventive interventions for postnatal psychosis. Cochrane Database of Systematic Reviews 2013, Issue 6. Art. No.: CD009991.</i>	2013-09-12
Graviditet & Förlossning	Psychosocial and cultural interventions for reducing alcohol consumption during lactation	Prevention, Levnadsvanor, Stöd & Information, Komplementärmedicin	En systematisk översikt behövs	Cochrane Drugs and Alcohol Group		2012-04-10

Populationskategori	Titel (eng)	Insatskategori	Typ av kunskapslucka	Källa	Referens	Datum
Intellektuell funktionsnedsättning	What strategies are effective in preventing/delaying onset of dementia in people with Down's syndrome and with learning disabilities other than Down's syndrome?	Prevention, Vård- & Behandlingsalternativ	En uppdaterad systematisk översikt behövs	Dementia - A JLA Priority Setting Partnership		2015-10-29

