



Bilaga 1 Sökstrategi

Internetförmiddlad psykologisk behandling
Jämförelse med andra behandlingar vid
psykiatriska syndrom

Internet-based psychological treatment
compared to other interventions for common
mental disorders

Rapport nr 337 (2021)

Appendix 1 Search strategy

Health economic aspects	2
Primary studies	43
Systematic reviews.....	81

Health economic aspects

CINAHL via EBSCO 28 October 2020

Title: Internet-delivered psychological treatment - Health economic aspects

Search terms	Items found
Population: Anxiety and depression	
1. (MH "Adjustment Disorders") OR (MH "Anxiety+") OR (MH "Anxiety Disorders+") OR (MH "Affective Disorders+") OR (MH "Hypochondriasis") OR (MH "Mutism") OR (MH "Premenstrual Syndrome+") OR (MH "Psychological Trauma") OR (MH "Reactive Attachment Disorder") OR (MH "Olfactory Reference Syndrome")	179,283
2. TI ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*) OR AB ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)	217,126
3. S1 OR S2	268,022
Intervention: Internet-delivered psychological treatment	
4. (MH "Computer Assisted Instruction") OR (MH "Remote Consultation") OR (MH "Telemedicine") OR (MH "Telepsychiatry") OR (MH "Telehealth") OR (MH "Therapy, Computer Assisted")	35,586
5. TI ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*) OR AB ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*)	8,220

Search terms	Items found
6. TI (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanal* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR AB (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanal* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)))	74,684
7. S4 OR S5 OR S6	108,826
Intervention: Internet	
8. (MH "Cellular Phone") OR (MH "Text Messaging") OR (MH "Email") OR (MH "Instant Messaging") OR (MH "Internet") OR (MH "Computers, Hand-Held+") OR (MH "Mobile Applications")	72,009
9. TI (android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or "handheld device*" or "instant messag*" or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or website*)	122,808
10. S8 OR S9	166,597
Intervention: Psychological treatment	
11. (MH "Counseling") OR (MH "Motivational Interviewing") OR (MH "Psychoanalysis") OR (MH "Psychoeducation") OR (MH "Psychotherapy+") OR (MH "Self Care") OR (MH "Self-Management")	257,797
12. MW "TH"	589,923
13. TI (behavio* or cognitive)	128,236

Search terms	Items found
14. TI ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*) OR AB ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))	2,012,552
15. S11 OR S12 OR S13 OR S14	2,437,444
Combined sets	
16. S3 AND S7	7,121
17. S3 AND S10 AND S15	4,069
18. S16 OR S17	8,368
19. S16 OR S17	2,728
Limiters - Published Date: 20180101-20211231; Language: Danish, English, Norwegian, Swedish	
Study types: Health economic aspects¹	
20. ((MH "Economics") OR (MH "Costs and Cost Analysis+") OR (MH "Health Care Costs+") OR (MH "Economics, Dental") OR (MH "Nursing Costs") OR (MH "Economics, Pharmaceutical") OR TI (econom* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic*) OR AB (econom* or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic*) OR TI (Expenditure* NOT energy) OR AB (Expenditure* NOT energy) OR TI (value N1 money) OR AB (value N1 money) OR TI (budget*) OR AB (budget*)) NOT (TI (Metabolic W2 cost) OR AB (Metabolic W2 cost) OR TI ((energy OR oxygen) W2 cost) OR AB ((energy OR oxygen) W2 cost) OR TI ((Energy OR oxygen) W2 expenditure) OR AB ((Energy OR oxygen) W2 expenditure))	321,358
Combined sets	
21. S19 AND S20	288
Study types: Health economic aspects²	
22. TI (cost or economic*) AND AB (costs or cost-effectiveness or markov)	22,143
23. AB "life year" or "life years" or qaly* or "cost-benefit analys#s" or "cost-effectiveness analys#s"	10,573
24. TI cost-effective* or pharmaco-economic* or pharmaco-economic* or cost-benefit or costs	31,818
25. TI ("cost minimi*" or cost-utilit* or "health utilit*" or "economic evaluation*" or "economic review*" or "cost outcome" or "cost analys#s" or "economic analys#s" or "budget* impact analys#s") OR AB ("cost minimi*" or cost-utilit* or "health utilit*" or "economic evaluation*" or "economic review*" or "cost outcome" or "cost analys#s" or "economic analys#s" or "budget* impact analys#s")	12,182

¹ Adapted/translated from: Search strategies: NHS EED. York: Centre for Reviews and Dissemination. [accessed Jan 18 2021]. Available from: <http://www.crd.york.ac.uk/crdweb/searchstrategies.asp>.

² Adapted/translated from: Narrow Economic filter: CADTH's Database Search Filters. Ottawa: CADTH; 2016. [accessed Jan 18 2021]. Available from: <https://www.cadth.ca/resources/finding-evidence/strings-attached-cadths-database-search-filters#narrow>.

Search terms		Items found
26.	TX (economic N1 model*)	3,585
27.	(MM "Costs and Cost Analysis+")	43,481
28.	(MM "Economics")	6,715
29.	S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28	87,654
Combined sets		
30.	S19 AND S29	53
Study types: Health economic aspects³		
31.	TI ((adjusted or quality-adjusted) N1 year#) OR AB ((adjusted or quality-adjusted) N1 year#)	7,824
32.	TI (expenditure# N2 (health or direct or indirect)) OR AB (expenditure# N2 (health or direct or indirect))	3,788
33.	TI (out-of-pocket N1 (payment# or expenditure# or cost# or spending or expense#)) OR AB (out-of-pocket N1 (payment# or expenditure# or cost# or spending or expense#))	2,730
34.	(MH "Costs and Cost Analysis")	17,727
35.	(MH "Health Care Costs+")	60,397
36.	(MH "Economic Aspects of Illness")	9,709
37.	(MH "Quality-Adjusted Life Years")	4,845
38.	TI ("quality-adjusted life years" or "quality adjusted life years" or QALY#) OR AB ("quality-adjusted life years" or "quality adjusted life years" or QALY#)	5,203
39.	TI (burden# N1 (illness or disease# or condition# or economic*)) OR AB (burden# N1 (illness or disease# or condition# or economic*))	13,582
40.	TI (cost# N1 (illness or disease or sickness)) OR AB (cost# N1 (illness or disease or sickness))	1,437
41.	S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37 OR S38 OR S39 OR S40	103,074
Combined sets		
42.	S19 AND S41	64

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MH = Exact subject heading

MM = Major Concept

Nx = Near Operator, finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear

SU = Subject Terms

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

* = Truncation

“ ” = Citation Marks; searches for an exact phrase

³ Adapted/translated from: Aluko P, Graybill E, Craig D, Henderson C, Drummond M, Wilson E, et al. Chapter 20.2.3.2 Identifying cost-of-illness studies for the Background section. In: Higgins J, Thomas J, Chandler J, Cumpston M, Li T, Page M, et al., editors. Cochrane Handbook for Systematic Reviews of Interventions version 6.1 (updated September 2020): Cochrane; 2020. [accessed Jan 18 2021]. Available from: <https://training.cochrane.org/handbook/current/chapter-20#section-20-2-3-2>.

Cochrane Library via Wiley 28 October 2020 (CENTRAL)

Title: Internet-delivered psychological treatment - Health economic aspects

Search terms	Items found
Population: Anxiety and depression	
1. MeSH descriptor: [Adjustment Disorders] this term only	246
2. MeSH descriptor: [Anxiety] explode all trees	7857
3. MeSH descriptor: [Anxiety Disorders] explode all trees	6829
4. MeSH descriptor: [Body Dysmorphic Disorders] this term only	72
5. MeSH descriptor: [Depression] this term only	12147
6. MeSH descriptor: [Hoarding] this term only	2
7. MeSH descriptor: [Hypochondriasis] this term only	93
8. MeSH descriptor: [Mood Disorders] explode all trees	12834
9. MeSH descriptor: [Mutism] this term only	18
10. MeSH descriptor: [Panic] this term only	264
11. MeSH descriptor: [Premenstrual Syndrome] explode all trees	475
12. MeSH descriptor: [Psychological Trauma] explode all trees	78
13. MeSH descriptor: [Reactive Attachment Disorder] this term only	20
14. MeSH descriptor: [Stress Disorders, Post-Traumatic] this term only	2580
15. MeSH descriptor: [Stress Disorders, Traumatic] this term only	726
16. MeSH descriptor: [Stress Disorders, Traumatic, Acute] this term only	50
17. MeSH descriptor: [Trichotillomania] this term only	73
18. MeSH descriptor: [Trauma and Stressor Related Disorders] this term only	6
19. (acrophobi* or "acute stress" or (adjustment next/1 disorder*) or (adjustment next/1 react*) or aerophobi* or (affective next/1 disorder*) or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or (attachment next/1 disorder*) or aviophobi* or (body next/1 dysmorphic next/1 disorder*) or (body next/1 image next/1 disfunction*) or (body next/1 image next/1 disorder*) or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or (disinhibited next/1 social next/1 engagement next/1 disorder*) or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or (dysphori* next/1 disorder*) or (dysphori* next/1 syndrom*) or dysthymi* or emetophobi* or (excoriation next/1 disorder*) or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or (mood next/1 disorder*) or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or (olfactory next/1 reference next/1 syndrome*) or (olfactory next/1 reference next/1 disorder*) or ophidiophobi* or panic or phobi* or ((posttrauma* or (post next/1 trauma*)) NEAR/3 (disorder* or neuro* or psych* or stress* or symptom* or syndrom*)) or (premenstrual next/1 syndrom*) or (prolonged next/1 grief next/1 disorder*) or PTSD or (reactive next/1 disorder*) or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*):ti,ab,kw	118883
20. {OR #1-#19}	119166
Intervention: Internet-delivered psychological treatment	
21. MeSH descriptor: [Computer-Assisted Instruction] this term only	1214
22. MeSH descriptor: [Internet-Based Intervention] this term only	80
23. MeSH descriptor: [Remote Consultation] explode all trees	385
24. MeSH descriptor: [Telemedicine] this term only	2079
25. MeSH descriptor: [Therapy, Computer-Assisted] this term only	1319
26. (cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or (emental next/1 health*) or (e-mental next/1 health*) or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*):ti,ab,kw	4223
27. ((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) NEAR/3 (phone* or telephone*)) or chat* or Computer* or cyber* or digital or (electronic next/1 mail*) or e-mail or email or handheld-device* or (instant next/1 messag*) or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or (mobile next/1 application*) or Online* or on-line* or (personal next/1 digital next/1 assistant*) or (short next/1 messag*))	50338

Internetförelad psykologisk behandling

Jämförelse med andra behandlingar vid psykiatriska syndrom www.sbu.se/337

Search terms	Items found
or Smartphone* or SMS or tablet* or (text next/1 messag*) or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) NEAR/10 (ACT or (attention NEAR/2 modification) or "attention training" or ((behavio* or cognitive) NEAR/2 (activat* or component or components or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or Ccbt or (Cognitive next/1 behavio*) or consultation* or counseling or counselling or DBT or (dialectical next/1 behavio*) or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) NEAR/3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) NEAR/3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*):ti,ab,kw	
28. {OR #21-#27}	54098
Intervention: Internet	
29. MeSH descriptor: [Cell Phone] explode all trees	1342
30. MeSH descriptor: [Computers, Handheld] explode all trees	650
31. MeSH descriptor: [Electronic Mail] this term only	324
32. MeSH descriptor: [Internet] this term only	3779
33. MeSH descriptor: [Mobile Applications] this term only	628
34. (android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) NEAR/3 (phone* or telephone*)) or chat* or Computer* or cyber* or digital or (electronic next/1 mail*) or e-mail or email or handheld-device* or (instant next/1 messag*) or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or (mobile next/1 application*) or Online* or on-line* or (personal next/1 digital next/1 assistant*) or (short next/1 messag*) or Smartphone* or SMS or tablet* or (text next/1 messag*) or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*):ti	31614
35. {OR #29-#34}	33387
Intervention: Psychological treatment	
36. MeSH descriptor: [Counseling] this term only	4172
37. MeSH descriptor: [Directive Counseling] explode all trees	1218
38. MeSH descriptor: [Motivation] this term only	4623
39. MeSH descriptor: [Psychotherapy] explode all trees	23711
40. MeSH descriptor: [Relaxation Therapy] explode all trees	1905
41. MeSH descriptor: [Self Care] this term only	4126
42. MeSH descriptor: [Self-Help Groups] this term only	712
43. MeSH descriptor: [Self-Management] this term only	370
44. [mh /TH]	91921
45. (behavio* or cognitive):ti	43563
46. (ACT or (attention NEAR/2 modification) or "attention training" or ((behavio* or cognitive) NEAR/2 (activat* or component or components or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or (Cognitive next/1 behavio*) or consultation* or counseling or counselling or DBT or (dialectical next/1 behavio*) or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) NEAR/3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) NEAR/3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*):ti,ab,kw	1206475
47. {OR #36-#46}	1215872
Combined sets	
48. #20 AND #28	8443
49. #20 AND #35 AND #47	4496
50. #48 OR #49 with Publication Year from 2018 to 2020, in Trials	2857

Search terms	Items found
51. (ictrp):an OR (ctgov):an	332481
52. #50 NOT #51	1630
Study types: Health economic aspects⁴	
53. MeSH descriptor: [Economics] this term only	40
54. MeSH descriptor: [Costs and Cost Analysis] explode all trees	10454
55. MeSH descriptor: [Economics, Dental] this term only	2
56. MeSH descriptor: [Economics, Hospital] explode all trees	715
57. MeSH descriptor: [Economics, Medical] this term only	26
58. MeSH descriptor: [Economics, Nursing] this term only	12
59. MeSH descriptor: [Economics, Pharmaceutical] this term only	65
60. ((economic* OR cost OR costs OR costly OR costing OR price OR prices OR pricing OR pharmaco-economic* OR (expenditure* NOT energy) OR (value NEAR/2 money) OR budget*) NOT (((energy OR oxygen) NEAR/10 cost) OR (metabolic NEAR/10 cost) OR ((energy OR oxygen) NEAR/10 expenditure))):ti,ab	73561
61. {OR #53-#60}	74948
Combined sets	
62. #52 AND #61	281
Study types: Health economic aspects⁵	
63. [mh ^Economics[mj]]	0
64. [mh "costs and cost analysis"[mj]]	606
65. economic NEAR/2 model*	705
66. ((cost next/1 minimi*) OR cost-utilit* OR (health next/1 utilit*) OR (economic next/1 evaluation*) OR (economic next/1 review*) OR "cost outcome" OR "cost analysis" OR "cost analyses" OR "economic analysis" OR "economic analyses" OR (budget* next/1 impact next/1 analysis) OR (budget* next/1 impact next/1 analyses)):ti,ab,kw	9878
67. (cost-effective* OR pharmaco-economic* OR pharmaco-economic* OR cost-benefit OR costs):ti,kw	22776
68. ("life year" OR "life years" OR qaly*):ab,kw	5685
69. ("cost-benefit analysis" OR "cost-benefit analyses" OR "cost-effectiveness analysis" OR "cost-effectiveness analyses"):ab,kw	18108
70. ((cost OR economic*):ti,kw) AND ((costs OR cost-effectiveness OR markov):ab)	17648
71. {OR #63-#70}	31072
Combined sets	
72. #52 AND #71	136
Study types: Health economic aspects⁶	
73. ((cost OR costs) NEAR/2 (illness OR disease OR sickness)):ti,ab	369
74. ((burden OR burdens) NEAR/2 (illness OR disease OR diseases OR condition OR conditions OR economic*)):ti,ab	3106
75. ("quality-adjusted life years" OR "quality adjusted life years" OR QALY OR QALYs):ti,ab	4158
76. MeSH descriptor: [Quality-Adjusted Life Years] this term only	1253
77. MeSH descriptor: [Cost of Illness] this term only	813
78. MeSH descriptor: [Health Expenditures] this term only	212
79. (out-of-pocket NEAR/2 (payment OR payments OR expenditure OR expenditures OR cost OR costs OR spending OR expense OR expenses)):ti,ab	69873
80. ((expenditure OR expenditures) NEAR/3 (health OR direct OR indirect)):ti,ab	612

⁴ Adapted/translated from: Search strategies: NHS EED. York: Centre for Reviews and Dissemination. [accessed Jan 18 2021]. Available from: <https://www.crd.york.ac.uk/crdweb/searchstrategies.asp>.

⁵ Adapted/translated from: Narrow Economic filter: CADTH's Database Search Filters. Ottawa: CADTH; 2016. [accessed Jan 18 2021]. Available from: <https://www.cadth.ca/resources/finding-evidence/strings-attached-cadths-database-search-filters#narrow>.

⁶ Adapted/translated from: Aluko P, Graybill E, Craig D, Henderson C, Drummond M, Wilson E, et al. Chapter 20.2.3.2 Identifying cost-of-illness studies for the Background section. In: Higgins J, Thomas J, Chandler J, Cumpston M, Li T, Page M, et al., editors. Cochrane Handbook for Systematic Reviews of Interventions version 6.1 (updated September 2020): Cochrane; 2020. [accessed Jan 18 2021]. Available from: <https://training.cochrane.org/handbook/current/chapter-20#section-20-2-3-2>.

Search terms		Items found
81.	((adjusted OR quality-adjusted) NEAR/2 (year OR years)):ti,ab	4637
82.	{OR #73-#81}	73306
Combined sets		
83.	#52 AND #82	274

The search result, usually found at the end of the documentation, forms the list of abstracts.

:au = Author

MeSH = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

this term only = Does not include terms found below this term in the MeSH hierarchy

:ti = title

:ab = abstract

:kw = keyword

* = Truncation

“ ” = Citation Marks; searches for an exact phrase

NEAR/x = Finds the terms when they are within x words of each other. Terms can appear in either order

NEXT/x = Finds the terms when they appear next to each other. Terms must appear in the order specified

CDSR = Cochrane Database of Systematic Review

CENTRAL = Cochrane Central Register of Controlled Trials, “trials”

CRD database 28 October 2020

Title: Internet-delivered psychological treatment - Health economic aspects

Search terms	Items found
Intervention: Internet-delivered psychological treatment	
1. MeSH DESCRIPTOR Computer-Assisted Instruction EXPLODE ALL TREES	52
2. MeSH DESCRIPTOR Therapy, Computer-Assisted	111
3. (internet* OR online* OR web* OR Smartphone* OR "Smart phone" OR computer* OR cCBT OR eCBT OR ehealth OR emedicine OR ethody OR ICBT OR mhealth OR mobile):TI	628
4. #1 OR #2 OR #3	682
Population: Anxiety and depression	
5. MeSH DESCRIPTOR Mood Disorders EXPLODE ALL TREES	1064
6. MeSH DESCRIPTOR Depression EXPLODE ALL TREES	639
7. MeSH DESCRIPTOR Anxiety Disorders EXPLODE ALL TREES	380
8. MeSH DESCRIPTOR Anxiety EXPLODE ALL TREES	314
9. MeSH DESCRIPTOR Mental Disorders	526
10. (anxiety* OR anxieties OR anxiodepressive OR anxious* OR depressed or depression or depressive or depressiveness or depressivity or hoarding or hypochondri* OR (mental disorder*) OR (mental illness*) OR mutism OR obsessive OR compulsive OR OCD OR panic OR phobi* OR posttrauma* OR post-trauma* OR PTSD):TI	1952
11. #5 OR #6 OR #7 OR #8 OR #9 OR #10	2865
Combined sets	
12. #4 AND #11	84
13. #12 limited to DARE	47
14. #12 limited to HTA	14

The search result, usually found at the end of the documentation, forms the list of abstracts.

Embase via Elsevier 10 May 2021

Title: Internet-delivered psychological treatment - Health economic aspects

Search terms	Items found ⁷
Population: Anxiety and depression	
1. 'adjustment disorder'/de	4,525
2. 'anxiety'/exp	221,338
3. 'anxiety disorder'/exp	255,516
4. 'body dysmorphic disorder'/de	3,072
5. 'depression'/de OR 'adolescent depression'/de OR 'agitated depression'/de OR 'atypical depression'/de OR 'chronic depression'/de OR 'depressive psychosis'/de OR 'dysphoria'/de OR 'dysthymia'/de OR 'endogenous depression'/de OR 'involutional depression'/de OR 'late life depression'/de OR 'major depression'/de OR 'masked depression'/de OR 'melancholia'/de OR 'minor depression'/de OR 'mixed anxiety and depression'/de OR 'mixed depression and dementia'/de OR 'mourning syndrome'/de OR 'organic depression'/de OR 'perinatal depression'/exp OR 'perry syndrome'/de OR 'post-stroke depression'/de OR 'postoperative depression'/de OR 'premenstrual dysphoric disorder'/de OR 'pseudodementia'/de OR 'reactive depression'/de OR 'recurrent brief depression'/de OR 'seasonal affective disorder'/de OR 'subsyndromal depression'/de OR 'treatment resistant depression'/de	463,233
6. 'hoarding'/de	328
7. 'hypochondriasis'/de	4,437
8. 'mood disorder'/de	44,173
9. 'major affective disorder'/de	430
10. 'minor affective disorder'/de	75
11. 'mutism'/exp	3,011
12. 'premenstrual syndrome'/de	6,241
13. 'psychotrauma'/exp	9,114
14. 'psychosocial disorder'/de	6,814
15. 'trichotillomania'/de	2,303
16. 'dermatillomania'/exp	14
17. 'disinhibited social engagement disorder'/de	16
18. 'disruptive mood dysregulation disorder'/de	95
19. 'excoriation disorder'/de	28
20. 'olfactory reference syndrome'/de	59
21. 'prolonged grief'/exp	459
22. acrophobi*:ti,kw OR 'acute stress':ti,kw OR 'adjustment disorder*':ti,kw OR 'adjustment react*':ti,kw OR aerophobi*:ti,kw OR 'affective disorder*':ti,kw OR agoraphobi*:ti,kw OR anxiety*:ti,kw OR anxieties:ti,kw OR anxiodepressive:ti,kw OR anxious*:ti,kw OR arachnophobi*:ti,kw OR 'attachment disorder*':ti,kw OR aviophobi*:ti,kw OR 'body dysmorphic disorder*':ti,kw OR 'body image disfunction*':ti,kw OR 'body image disorder*':ti,kw OR dentophobi*:ti,kw OR depressed:ti,kw OR depression:ti,kw OR depressive:ti,kw OR depressiveness:ti,kw OR depressivity:ti,kw OR dermatillomani*:ti,kw OR 'disinhibited social engagement disorder*':ti,kw OR 'disruptive mood dysregulation disorder':ti,kw OR dysmorphophobi*:ti,kw OR dysphoria:ti,kw OR 'dysphori* disorder*':ti,kw OR 'dysphori* syndrom*':ti,kw OR dysthymi*:ti,kw OR emetophobi*:ti,kw OR 'excoriation disorder*':ti,kw OR gad:ti,kw OR glossophobi*:ti,kw OR 'hair pulling':ti,kw OR hoarding:ti,kw OR hypochondri*:ti,kw OR mdd:ti,kw OR melanchol*:ti,kw OR 'mood disorder*':ti,kw OR mute:ti,kw OR mutism:ti,kw OR 'obsessive compulsive':ti,kw OR ocd:ti,kw OR odontophobi*:ti,kw OR 'olfactory reference syndrome*':ti,kw OR 'olfactory reference disorder*':ti,kw OR ophidiophobi*:ti,kw OR panic:ti,kw OR phobi*:ti,kw OR (((posttrauma* OR 'post trauma*') NEAR/3 (disorder* OR neuros* OR psych* OR stress* OR symptom* OR syndrom*)):ti,kw OR 'premenstrual syndrom*':ti,kw OR 'prolonged grief disorder*':ti,kw OR ptsd:ti,kw OR 'reactive disorder*':ti,kw OR 'skin picking':ti,kw OR 'transient situational disturbance':ti,kw OR 'traumatic stress':ti,kw OR trichotillomani*:ti,kw	381,666

⁷ Search results from search lines marked in bold (the results exported from the database) are from a literature search update on May 10 2021, all other search results are from the literature search on October 28 2020.

Search terms	Items found ⁷
23. #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22	852,475
Intervention: Internet-delivered psychological treatment	
24. 'web-based intervention'/de	549
25. 'teleconsultation'/de OR 'e-counseling'/de OR 'self-care software'/de OR 'therapy software'/de OR 'cognitive therapy software'/de	10,475
26. 'telemedicine'/de	26,691
27. 'telepsychiatry'/de	805
28. 'teletherapy'/de	685
29. 'computer assisted therapy'/de	4,614
30. 'digital health'/de	52
31. 'telehealth'/de	7,619
32. 'mhealth'/de	36
33. ccbt:ti,ab,kw OR 'c cbt':ti,ab,kw OR 'cyber counseling':ti,ab,kw OR 'cyber counselling':ti,ab,kw OR cybercounseling:ti,ab,kw OR cybercounselling:ti,ab,kw OR 'digital health':ti,ab,kw OR 'e consultation':ti,ab,kw OR ecbt:ti,ab,kw OR 'e cbt':ti,ab,kw OR econsultation:ti,ab,kw OR 'e counseling':ti,ab,kw OR 'e counselling':ti,ab,kw OR ecounseling:ti,ab,kw OR ecounselling:ti,ab,kw OR 'e health':ti,ab,kw OR ehealth:ti,ab,kw OR emedicine:ti,ab,kw OR 'e medicine':ti,ab,kw OR 'emental health*':ti,ab,kw OR 'e-mental health*':ti,ab,kw OR 'e portal':ti,ab,kw OR eportal:ti,ab,kw OR epsych*':ti,ab,kw OR 'e psych*':ti,ab,kw OR 'e therapy':ti,ab,kw OR etherapy:ti,ab,kw OR 'i cbt':ti,ab,kw OR icbt:ti,ab,kw OR 'm health':ti,ab,kw OR mhealth:ti,ab,kw OR 'mobile health':ti,ab,kw OR deprexis:ti,ab,kw OR interapy:ti,ab,kw OR wechat*':ti,ab,kw	21,284
34. ((android OR app OR apps OR blackberry OR cellphone OR 'cell* phone*' OR 'mobile phone*' OR 'smart phone*' OR chat* OR computer* OR cyber* OR digital OR 'electronic mail*' OR 'e mail' OR email OR 'handheld device*' OR 'instant messag*' OR internet* OR ipad* OR 'i pad*' OR iphone* OR 'i phone*' OR messaging OR 'mobile application*' OR online* OR 'on line*' OR 'personal digital assistant*' OR 'short messag*' OR smartphone* OR sms OR tablet* OR 'text messag*' OR texting OR webbased OR webdeliver* OR 'web based' OR 'web deliver*' OR website*) NEAR/10 (act OR 'attention modification' OR 'attention bias modification' OR 'attention training' OR 'behavio* activat*' OR "behavio* component\$" OR 'behavio* guidance' OR 'behavio* management' OR 'behavio* modif*' OR 'behavio* rehab*' OR 'behavio* restructur*' OR 'behavio* technique*' OR 'behavio* train*' OR 'cognitive activat*' OR 'cognitive defusion' OR 'cognitive guidance' OR 'cognitive management' OR 'cognitive modif*' OR 'cognitive rehab*' OR 'cognitive restructur*' OR 'cognitive technique*' OR 'cognitive train*' OR cbt OR ccbt OR 'cognitive behavio*' OR consultation* OR counseling OR counselling OR dbt OR 'dialectical behavio*' OR hypnosis OR hypnotherapy OR intervention* OR meditation OR 'memory specificity training' OR mindfulness OR 'minimal therapist support' OR 'motivational interviewing' OR program* OR psychoanaly* OR 'psycho analy*' OR psychodrama OR 'psycho drama*' OR psychodynamic OR psychoeducat* OR 'psycho educat*' OR psychotherap* OR relaxation OR 'self care' OR selfcare OR 'self help' OR selfhelp OR 'self administered' OR selfadministered OR 'self management' OR support OR therap* OR treatment*)):ti,kw	30,008
35. 24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34	87,944
Intervention: Internet	
36. 'mobile phone'/exp	30,209
37. 'personal digital assistant'/de	1,506
38. 'e-mail'/de	22,141
39. 'internet'/de	109,649
40. 'mobile application'/exp	13,188
41. android:ti OR app:ti OR apps:ti OR blackberry:ti OR cellphone:ti OR (((cell* OR mobile OR smart) NEAR/3 (phone* OR telephone*)):ti) OR chat*:ti OR computer*:ti OR cyber*:ti OR digital:ti OR 'electronic mail*':ti OR 'e mail':ti OR email:ti OR 'handheld device*':ti OR 'instant messag*':ti OR internet*:ti OR ipad*:ti OR 'i pad*':ti OR iphone*:ti OR 'i phone*':ti OR messaging:ti OR 'mobile application*':ti OR online*:ti OR 'on line*':ti OR 'personal digital assistant*':ti OR 'short messag*':ti OR smartphone*:ti OR sms:ti OR tablet*:ti OR 'text messag*':ti OR texting:ti OR webbased:ti OR webdeliver*:ti OR 'web based':ti OR 'web deliver*':ti OR website*:ti	265,336

Search terms	Items found ⁷
42. #36 OR #37 OR #38 OR #39 OR #40 OR #41	374,811
Intervention: Psychological treatment	
43. 'counseling'/de	69,479
44. 'directive counseling'/de	864
45. 'motivational interviewing'/de	5,060
46. 'patient counseling'/de	45,392
47. 'patient guidance'/de	1,432
48. 'psychotherapy'/exp	275,020
49. 'self care'/de	60,065
50. 'self help'/de	14,005
51. therapy:lnk	5,128,176
52. behavio*:ti OR cognitive:ti	475,032
53. act:ti,ab,kw OR ((attention NEAR/2 modification):ti,ab,kw) OR 'attention training':ti,ab,kw OR (((behavio* OR cognitive) NEAR/2 (activat* OR component\$ OR contracting OR defusion OR guidance OR management OR modif* OR rehab* OR restructur* OR technique* OR train*)):ti,ab,kw) OR cbt:ti,ab,kw OR 'cognitive behavio*':ti,ab,kw OR consultation*:ti,ab,kw OR counseling:ti,ab,kw OR counselling:ti,ab,kw OR dbt:ti,ab,kw OR 'dialectical behavio*':ti,ab,kw OR hypnosis:ti,ab,kw OR hypnotherapy:ti,ab,kw OR intervention*:ti,ab,kw OR meditation:ti,ab,kw OR 'memory specificity training':ti,ab,kw OR mindfulness:ti,ab,kw OR 'minimal therapist support':ti,ab,kw OR 'motivational interviewing':ti,ab,kw OR program*:ti,ab,kw OR psychoanaly*:ti,ab,kw OR 'psycho analy*':ti,ab,kw OR psychodrama:ti,ab,kw OR 'psycho drama*':ti,ab,kw OR psychodynamic:ti,ab,kw OR psychoeducat*:ti,ab,kw OR 'psycho educat*':ti,ab,kw OR psychotherap*:ti,ab,kw OR relaxation:ti,ab,kw OR (((('self care' OR selfcare OR 'self help' OR selfhelp) NEAR/3 (administered OR guided OR instruct* OR strateg* OR supervised OR tool*)):ti,ab,kw) OR (((('self administered' OR selfadministered) NEAR/3 (guided OR instruct* OR strateg* OR supervised)):ti,ab,kw) OR 'self management':ti,ab,kw OR support:ti,ab,kw OR therap*:ti,ab,kw OR treatment*:ti,ab,kw	11,336,497
54. #43 OR #44 OR #45 OR #46 OR #47 OR #48 OR #49 OR #50 OR #51 OR #52 OR #53	13,851,023
Combined sets	
55. #23 AND #35	7,705
56. #23 AND #42 AND #54	10,062
57. #55 OR #56	13,194
58. (#55 OR #56) AND [2018-2021]/py	4,749
59. (#55 OR #56) AND [2018-2021]/py AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim)	4,682
Study types: Health economic aspects⁸	
60. ('health economics'/de OR 'economic evaluation'/exp OR 'health care cost'/exp OR 'pharmacoeconomics'/exp OR econom*:ab,ti OR cost:ab,ti OR costs:ab,ti OR costly:ab,ti OR costing:ab,ti OR price:ab,ti OR prices:ab,ti OR pricing:ab,ti OR pharmacoeconomic*:ab,ti OR (expenditure*:ti,ab NOT energy:ti,ab) OR ((value NEXT/2 money):ab,ti) OR budget*:ab,ti) NOT (((metabolic NEXT/2 cost):ab,ti) OR (((energy OR oxygen) NEXT/2 cost):ab,ti) OR (((energy OR oxygen) NEAR/2 expenditure):ab,ti))	1,470,841
Combined sets	
61. #59 AND #60	887 ⁹
Study types: Health economic aspects¹⁰	
62. 'economics'/mj	26,664
63. 'cost'/exp/mj	82,223
64. economic NEAR/2 model*	7,913

⁸ Search strategies: NHS EED. York: Centre for Reviews and Dissemination. [accessed Jan 18 2021]. Available from: <https://www.crd.york.ac.uk/crdweb/searchstrategies.asp>.

⁹ The results from the literature search using the NHS EED filter was updated on May 10 2021.

¹⁰ Adapted/translated from: Narrow Economic filter: CADTH's Database Search Filters. Ottawa: CADTH; 2016. [accessed Jan 18 2021]. Available from: <https://www.cadth.ca/resources/finding-evidence/strings-attached-cadths-database-search-filters#narrow>.

Search terms	Items found ⁷
65. 'cost minimi*':ti,ab,kw OR 'cost utilit*':ti,ab,kw OR 'health utilit*':ti,ab,kw OR 'economic evaluation*':ti,ab,kw OR 'economic review*':ti,ab,kw OR 'cost outcome':ti,ab,kw OR 'cost analys\$':ti,ab,kw OR 'economic analys\$':ti,ab,kw OR 'budget* impact analys\$':ti,ab,kw	51,902
66. 'cost effective*':ti,kw OR pharmacoeconomic*':ti,kw OR 'pharmaco economic*':ti,kw OR 'cost benefit':ti,kw OR costs:ti,kw	109,662
67. 'life year':ab,kw OR 'life years':ab,kw OR qaly*':ab,kw OR 'cost-benefit analys\$':ab,kw OR 'cost-effectiveness analys\$':ab,kw	48,072
68. (cost:ti,kw OR economic*':ti,kw) AND (costs:ab OR 'cost effectiveness':ab OR markov:ab)	92,273
69. #62 OR #63 OR #64 OR #65 OR #66 OR #67 OR #68	263,571
Combined sets	
70. #59 AND #69	126¹¹
Study types: Health economic aspects¹²	
71. (cost\$ NEAR/2 (illness OR disease OR sickness)):ti,ab	6,304
72. (burden\$ NEAR/2 (illness OR disease\$ OR condition\$ OR economic*)):ti,ab	60,736
73. 'quality-adjusted life years':ti,ab OR 'quality adjusted life years':ti,ab OR qaly\$:ti,ab	22,987
74. 'quality adjusted life year'/de	27,301
75. 'cost of illness'/de	19,247
76. 'health care cost'/exp	296,237
77. ('out of pocket' NEAR/2 (payment\$ OR expenditure\$ OR cost\$ OR spending OR expense\$)):ti,ab	6,919
78. (expenditure\$ NEAR/3 (health OR direct OR indirect)):ti,ab	11,627
79. ((adjusted OR 'quality adjusted') NEAR/2 year\$):ti,ab	31,146
80. #71 OR #72 OR #73 OR #74 OR #75 OR #76 OR #77 OR #78 OR #79	395,178
Combined sets	
81. #59 AND #80	246¹³

The search result, usually found at the end of the documentation, forms the list of abstracts.

/de= Term from the EMTREE controlled vocabulary

/exp= Includes terms found below this term in the EMTREE hierarchy

/mj = Major Topic

:ab = Abstract

:au = Author

:ti = Article Title

:ti:ab = Title or abstract

* = Truncation

' ' = Citation Marks; searches for an exact phrase

NEAR/x = Requests terms that are within 'x' words of each other in either direction

¹¹ The results from the literature search using the CADTH Narrow Economic filter was updated on May 10 2021.

¹² Adapted/translated from: Aluko P, Graybill E, Craig D, Henderson C, Drummond M, Wilson E, et al. Chapter 20.2.3.2 Identifying cost-of-illness studies for the Background section. In: Higgins J, Thomas J, Chandler J, Cumpston M, Li T, Page M, et al., editors. Cochrane Handbook for Systematic Reviews of Interventions version 6.1 (updated September 2020): Cochrane; 2020. [accessed Jan 18 2021]. Available from: <https://training.cochrane.org/handbook/current/chapter-20#section-20-2-3-2>.

¹³ The results from the literature search using the Cochrane cost-of-illness filter was updated on May 10 2021.

International HTA Database 10 May 2021

Title: Internet-delivered psychological treatment - Health economic aspects

Search terms	Items found
Intervention: Internet-delivered psychological treatment AND Population: Anxiety and depression	
<p>1. ((Computer-Assisted Instruction)[mh] OR (Internet-Based Intervention)[mh] OR (Therapy, Computer-Assisted)[mh] OR internet*[Title] OR online*[Title] OR web*[Title] OR Smartphone*[Title] OR "Smart phone"[Title] OR computer*[Title] OR cCBT[Title] OR eCBT[Title] OR ehealth[Title] OR emedicine[Title] OR ethody[Title] OR ICBT[Title] OR mhealth[Title] OR mobile[Title]) AND ((Mood Disorders)[mh] OR (Depression)[mh] OR (Anxiety Disorders)[mh] OR (Anxiety)[mh] OR ("Mental Disorders")[mh:noexp] OR anxiety*[Title] OR anxieties[Title] OR anxiodepressive[Title] OR anxious*[Title] OR depressed[Title] or depression[Title] or depressive[Title] or depressiveness[Title] or depressivity[Title] or hoarding[Title] or hypochondri*[Title] OR (mental disorder*[Title] OR (mental illness*[Title] OR mutism[Title] OR obsessive[Title] OR compulsive[Title] OR OCD[Title] OR panic[Title] OR phobi*[Title] OR posttrauma*[Title] OR post-trauma*[Title] OR PTSD[Title]))</p>	18

The search result, usually found at the end of the documentation, forms the list of abstracts.

Medline via OvidSP 10 May 2021

Title: Internet-delivered psychological treatment - Health economic aspects

Search terms	Items found ¹⁴
Population: Anxiety and depression	
1. Adjustment Disorders/	4223
2. exp Anxiety/	86762
3. exp Anxiety Disorders/	79905
4. Body Dysmorphic Disorders/	1028
5. Depression/	121205
6. Hoarding/	195
7. Hypochondriasis/	2311
8. exp Mood Disorders/	122929
9. Mutism/	1066
10. Panic/	2623
11. exp Premenstrual Syndrome/	4054
12. exp Psychological Trauma/	1366
13. Reactive Attachment Disorder/	569
14. Stress Disorders, Post-Traumatic/	33224
15. Stress Disorders, Traumatic/	705
16. Stress Disorders, Traumatic, Acute/	475
17. Trichotillomania/	975
18. "Trauma and Stressor Related Disorders"/	83
19. (acrophobi* or acute stress or adjustment disorder* or adjustment react* or aerophobi* or affective disorder* or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or attachment disorder* or aviophobi* or body dysmorphic disorder* or body image disfunction* or body image disorder* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or disinhibited social engagement disorder* or disruptive mood dysregulation disorder or dysmorphophobi* or dysphoria or dysphori* disorder* or dysphori* syndrom* or dysthymi* or emetophobi* or excoriation disorder* or GAD or glossophobi* or hair pulling or hoarding or hypochondri* or MDD or melanchol* or mood disorder* or mute or mutism or obsessive compulsive or OCD or odontophobi* or olfactory reference syndrome* or olfactory reference disorder* or ophidiophobi* or panic or phobi* or ((posttrauma* or post trauma*) adj3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or premenstrual syndrom* or prolonged grief disorder* or PTSD or reactive disorder* or skin picking or transient situational disturbance or traumatic stress or trichotillomani*).ti,ab,kf.	639293
20. or/1-19	728725
Intervention: Internet-delivered psychological treatment	
21. Computer-Assisted Instruction/	11922
22. Internet-Based Intervention/	254
23. exp Remote Consultation/	4942
24. Telemedicine/	24501
25. Therapy, Computer-Assisted/	6823
26. (cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or digital health or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or emental health* or e-mental health* or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or mobile health or Deprexis or Interapy or WeChat*).ti,ab,kf.	17841

¹⁴ Search results from search lines marked in bold (the results exported from the database) are from a literature search update on May 10 2021, all other search results are from the literature search on October 28 2020.

27.	((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) adj3 (phone* or telephone*)) or chat* or Computer* or cyber* or digital or electronic mail* or e-mail or email or handheld-device* or instant messag* or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or mobile application* or Online* or on-line* or personal digital assistant* or short messag* or Smartphone* or SMS or tablet* or text messag* or texting or webbased or webdeliver* or web-based or web-deliver* or Website*) adj10 (ACT or (attention adj2 modification) or attention training or ((behavio* or cognitive) adj2 (activat* or component? or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or Ccbt or Cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or memory specificity training or mindfulness or minimal therapist support or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) adj3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) adj3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*).ti,ab,kf.	97941
28.	or/21-27	144496
Intervention: Internet		
29.	exp Cell Phone/	10976
30.	exp Computers, Handheld/	8355
31.	Electronic Mail/	2711
32.	Internet/	73738
33.	Mobile Applications/	6442
34.	(android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) adj3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or electronic mail* or e-mail or email or handheld device* or instant messag* or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or mobile application* or online* or on-line* or personal digital assistant* or short messag* or smartphone* or SMS or tablet* or text messag* or texting or webbased or webdeliver* or web-based or web-deliver* or website*).ti.	208260
35.	or/29-34	263139
Intervention: Psychological treatment		
36.	Counseling/	36137
37.	exp Directive Counseling/	4267
38.	Motivation/	68118
39.	exp Psychotherapy/	197417
40.	exp Relaxation Therapy/	9140
41.	Self Care/	33378
42.	Self-Help Groups/	9149
43.	Self-Management/	2526
44.	therapy.fs.	1883883
45.	(behavio* or cognitive).ti.	395086
46.	(ACT or (attention adj2 modification) or attention training or ((behavio* or cognitive) adj2 (activat* or component? or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or Cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or memory specificity training or mindfulness or minimal therapist support or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) adj3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) adj3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*).ti,ab,kf.	8436972
47.	or/36-46	9480138
Combined sets		
48.	20 and 28	9251
49.	20 and 35 and 47	6558
50.	48 or 49	11004
51.	limit 50 to yr="2018 -Current"	3960

52.	limit 51 to (danish or english or norwegian or swedish)	3890
Study types: Health economic aspects¹⁵		
53.	(economics/ or exp "costs and cost analysis"/ or economics, dental/ or exp "economics, hospital"/ or economics, medical/ or economics, nursing/ or economics, pharmaceutical/ or (economic\$ or cost or costs or costly or costing or price or prices or pricing or pharmaco-economic\$.ti,ab. or (expenditure\$ not energy).ti,ab. or (value adj1 money).ti,ab. or budget\$.ti,ab.) not (((energy or oxygen) adj cost) or (metabolic adj cost) or ((energy or oxygen) adj expenditure)).ti,ab. not (letter or historical article).pt.	939829
Combined sets		
54.	52 and 53	690¹⁶
Study types: Health economic aspects¹⁷		
55.	*economics/	10710
56.	exp *"costs and cost analysis"/	72021
57.	(economic adj2 model*).mp.	13274
58.	(cost minimi* or cost-utilit* or health utilit* or economic evaluation* or economic review* or cost outcome or cost analys?s or economic analys?s or budget* impact analys?s).ti,ab,kf,kw.	33278
59.	(cost-effective* or pharmaco-economic* or pharmaco-economic* or cost-benefit or costs).ti,kf,kw.	73617
60.	(life year or life years or qaly* or cost-benefit analys?s or cost-effectiveness analys?s).ab,kf,kw.	30859
61.	(cost or economic*).ti,kf,kw. and (costs or cost-effectiveness or markov).ab.	58367
62.	or/55-61	181280
Combined sets		
63.	52 and 62	142¹⁸
Study types: Health economic aspects¹⁹		
64.	(cost? adj2 (illness or disease or sickness)).tw.	4039
65.	(burden? adj2 (illness or disease? or condition? or economic*)).tw.	38843
66.	("quality-adjusted life years" or "quality adjusted life years" or QALY?).tw.	12927
67.	Quality-adjusted life years/	12575
68.	"cost of illness"/	27714
69.	Health expenditures/	20620
70.	(out-of-pocket adj2 (payment? or expenditure? or cost? or spending or expense?)).tw.	4929
71.	(expenditure? adj3 (health or direct or indirect)).tw.	8942
72.	((adjusted or quality-adjusted) adj2 year?).tw.	21637
73.	or/64-72	112571
Combined sets		
74.	52 and 73	112²⁰

The final search result, usually found at the end of the documentation, forms the list of abstracts.

.ab. =Abstract

.ab.ti. = Abstract or title

.af.= All fields

.bt.= Book title

¹⁵ Search strategies: NHS EED. York: Centre for Reviews and Dissemination. [accessed Jan 18 2021]. Available from: <https://www.crd.york.ac.uk/crdweb/searchstrategies.asp>.

¹⁶ The results from the literature search using the NHS EED filter was updated on May 10 2021.

¹⁷ Narrow Economic filter: CADTH's Database Search Filters. Ottawa: CADTH; 2016. [accessed Jan 18 2021]. Available from: <https://www.cadth.ca/resources/finding-evidence/strings-attached-cadths-database-search-filters#narrow>.

¹⁸ The results from the literature search using the CADTH Narrow Economic filter was updated on May 10 2021.

¹⁹ Aluko P, Graybill E, Craig D, Henderson C, Drummond M, Wilson E, et al. Chapter 20.2.3.2 Identifying cost-of-illness studies for the Background section. In: Higgins J, Thomas J, Chandler J, Cumpston M, Li T, Page M, et al., editors. Cochrane Handbook for Systematic Reviews of Interventions version 6.1 (updated September 2020): Cochrane; 2020. [accessed Jan 18 2021]. Available from: <https://training.cochrane.org/handbook/current/chapter-20#section-20-2-3-2>.

²⁰ The results from the literature search using the Cochrane cost-of-illness filter was updated on May 10 2021.

Exp= Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

.fs.= Floating Sub-Heading

.hw.= Subject Heading Word

.kf.= Keyword heading word

.pt.= Publication Type

.sh.= Term from the Medline controlled vocabulary

.ti. = Title

/ = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy

* = Focus (if found in front of a MeSH-term)

* or \$= Truncation (if found at the end of a free text term)

.mp=text, heading word, subject area node, title

“ “ = Citation Marks; searches for an exact phrase

ADJn= positional operator that lets you retrieve records that contain your terms (in any order) within a specified number (n) of words of each other.

Psychology and Behavioral Sciences Collection via EBSCO 28 October 2020

Title: Internet-delivered psychological treatment - Health economic aspects

Search terms	Items found
Population: Anxiety and depression	
<p>1. (DE "ADJUSTMENT disorders" OR DE "ADJUSTMENT disorders in children" OR DE "ANXIETY" OR DE "CASTRATION anxiety" OR DE "COMPETITIVE state anxiety" OR DE "COMPUTER anxiety" OR DE "DEFENSIVENESS (Psychology)" OR DE "FEAR of dentists" OR DE "FEAR of needles" OR DE "LIBRARY anxiety" OR DE "MATH anxiety" OR DE "NERVOUS habits" OR DE "PANIC disorders" OR DE "PERFORMANCE anxiety" OR DE "SEPARATION anxiety" OR DE "SOCIAL anxiety" OR DE "SPEECH anxiety" OR DE "TEST anxiety" OR DE "ANXIETY in children" OR DE "SEPARATION anxiety in children" OR DE "SOCIAL phobia in children" OR DE "ANXIETY in old age" OR DE "ANXIETY in women" OR DE "ANXIETY in youth" OR DE "ANXIETY in adolescence" OR DE "SEPARATION anxiety in adolescence" OR DE "SOCIAL phobia in adolescence" OR DE "ANXIETY diagnosis" OR DE "ANXIETY disorders treatment" OR DE "ANXIETY treatment" OR DE "ALTERNATIVE treatment for anxiety" OR DE "ANXIETY disorders" OR DE "GENERALIZED anxiety disorder" OR DE "PANIC disorders" OR DE "PANIC attacks" OR DE "AFFECTIVE disorders" OR DE "MENTAL depression" OR DE "SEASONAL affective disorder" OR DE "DEPRESSION in adolescence" OR DE "DEPRESSION in children" OR DE "DEPRESSION in college students" OR DE "DEPRESSION in men" OR DE "DEPRESSION in old age" OR DE "DEPRESSION in women" OR DE "DYSTHYMIC disorder" OR DE "POSTPARTUM depression" OR DE "PSYCHOTIC depression" OR DE "MELANCHOLY" OR DE "BODY dysmorphic disorder" OR DE "BODY image disturbance" OR DE "OLFACTORY reference syndrome" OR DE "COMPULSIVE hoarding" OR DE "COMPULSIVE hoarders" OR DE "HYPOCHONDRIA" OR DE "MUTISM" OR DE "SELECTIVE mutism" OR DE "MUTE persons" OR DE "PANIC" OR DE "PANIC disorder diagnosis" OR DE "PANIC disorder treatment" OR DE "PREMENSTRUAL syndrome" OR DE "PREMENSTRUAL syndrome treatment" OR DE "EMOTIONAL trauma" OR DE "ACUTE stress disorder" OR DE "EMOTIONAL trauma in adolescence" OR DE "EMOTIONAL trauma in children" OR DE "ATTACHMENT disorder in children" OR DE "ATTACHMENT disorder" OR DE "ATTACHMENT disorder in adolescence" OR DE "POST-traumatic stress disorder" OR DE "POST-traumatic stress disorder in children" OR DE "POST-traumatic stress" OR DE "POST-traumatic stress disorder in old age" OR DE "COMPULSIVE hair pulling" OR DE "COMPULSIVE skin picking" OR DE "PHOBIAS" OR DE "ACROPHOBIA" OR DE "AGORAPHOBIA" OR DE "ANTHROPOPHOBIA" OR DE "ANXIETY sensitivity" OR DE "AQUAPHOBIA" OR DE "ARACHNOPHOBIA" OR DE "AUTOPHOBIA" OR DE "BIPHOBIA" OR DE "CLAUSTROPHOBIA" OR DE "COMPUTER anxiety" OR DE "EROTOPHOBIA" OR DE "FEAR of blood" OR DE "FEAR of clowns" OR DE "FEAR of contamination" OR DE "FEAR of dentists" OR DE "FEAR of diseases" OR DE "FEAR of doctors" OR DE "FEAR of failure" OR DE "FEAR of falling" OR DE "FEAR of medical care" OR DE "FEAR of needles" OR DE "FEAR of spirits" OR DE "FEAR of success" OR DE "HOMOPHOBIA" OR DE "NEOPHOBIA" OR DE "SCHOOL phobia" OR DE "SOCIAL phobia" OR DE "SOCIAL phobia in adolescence" OR DE "TECHNOPHOBIA" OR DE "TRANSPHOBIA" OR DE "XENOPHOBIA" OR DE "OBSESSIVE-compulsive disorder" OR DE "COMPULSIVE washing" OR DE "OBSESSIVE-compulsive disorder in adolescence" OR DE "OBSESSIVE-compulsive disorder in children" OR DE "OBSESSIVE-compulsive personality disorder" OR DE "DIAGNOSIS of obsessive-compulsive disorder" OR DE "ALTERNATIVE treatment for obsessive-compulsive disorder" OR DE "DISRUPTIVE mood dysregulation disorder" OR DE "OLFACTORY reference syndrome")</p>	59,585

2.	TI ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*) OR AB ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*))	90,903
3.	S1 OR S2	98,984
Intervention: Internet-delivered psychological treatment		
4.	(DE "COMPUTER assisted instruction" OR DE "TELECOMMUNICATION in psychotherapy" OR DE "INTERNET in psychotherapy" OR DE "TELEPHONE in psychotherapy" OR DE "TELEMEDICINE" OR DE "WIRELESS communications in medical care" OR DE "INTERNET counseling")	2,362
5.	TI ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*) OR AB ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*))	708

6.	TI (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR AB (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)))	12,066
7.	S4 OR S5 OR S6	14,134
Intervention: Internet		
8.	(DE "CELL phones" OR DE "SMARTPHONES" OR DE "TEXT messages (Telephone systems)" OR DE "POCKET computers" OR DE "ATRIX (Smartphone)" OR DE "BLACKBERRY (Smartphone)" OR DE "BLACKBERRY Bold (Smartphone)" OR DE "BLACKBERRY Curve (Smartphone)" OR DE "BLACKBERRY Pearl (Smartphone)" OR DE "BLACKBERRY Storm (Smartphone)" OR DE "DROID (Smartphone)" OR DE "FIRE (Smartphone)" OR DE "G1 (Smartphone)" OR DE "HTC One (Smartphone)" OR DE "IPHONE (Smartphone)" OR DE "NEXUS One (Smartphone)" OR DE "NOKIA smartphones" OR DE "PALM Pre (Smartphone)" OR DE "SAMSUNG Galaxy Nexus (Smartphone)" OR DE "SAMSUNG Galaxy Note (Smartphone)" OR DE "SAMSUNG Galaxy S (Smartphone)" OR DE "TABLET computers" OR DE "BLACKBERRY PlayBook (Computer)" OR DE "IPADS" OR DE "KINDLE Fire (Computer)" OR DE "MICROSOFT Surface (Computer)" OR DE "NEWTON (Computer)" OR DE "NEXUS 10 (Computer)" OR DE "NEXUS 7 (Computer)" OR DE "TABLET computers in education" OR DE "XOOM (Computer)" OR DE "EMAIL" OR DE "INSTANT messaging" OR DE "ONLINE chat" OR DE "INTERNET" OR DE "MOBILE apps" OR DE "IPHONE mobile apps" OR DE "TABLET mobile apps" OR DE "MOBILE computing" OR DE "MULTIMEDIA computer applications" OR DE "INTERNET videoconferencing" OR DE "COMPUTER conferencing" OR DE "VIDEO chat services (Internet)")	5,633
9.	TI (android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or "handheld device*" or "instant messag*" or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or website*)	17,483
10.	S8 OR S9	20,409

Intervention: Psychological treatment

11.	((((((((((DE "COUNSELING psychology") OR (DE "MOTIVATIONAL interviewing")) OR (DE "PSYCHOTHERAPY" OR DE "ADOLESCENT psychotherapy" OR DE "ADVENTURE therapy" OR DE "ANGER management therapy" OR DE "ART therapy" OR DE "ASSERTIVENESS training" OR DE "AUTOGENIC training" OR DE "AVERSION therapy" OR DE "BEHAVIOR therapy" OR DE "BIBLIOTHERAPY" OR DE "BIOFEEDBACK training" OR DE "BRIEF psychotherapy" OR DE "CHILD psychotherapy" OR DE "CLIENT-centered psychotherapy" OR DE "COGNITIVE therapy" OR DE "COMMUNICATIVE psychotherapy" OR DE "CONJOINT therapy" OR DE "DESENSITIZATION (Psychotherapy)" OR DE "DEVELOPMENTAL therapy" OR DE "DIFFERENTIAL therapeutics in psychiatry" OR DE "DRAMA therapy" OR DE "DUAL-brain therapy" OR DE "ECLECTIC psychotherapy" OR DE "EMOTION-focused therapy" OR DE "EMOTIONAL Freedom Techniques" OR DE "ENVIRONMENTAL psychology" OR DE "ERHARD seminars training" OR DE "ETHICAL therapy" OR DE "EXISTENTIAL psychotherapy" OR DE "FEELING therapy" OR DE "FREE association (Psychology)" OR DE "GESTALT therapy" OR DE "GRIEF therapy" OR DE "GROUP psychotherapy" OR DE "HUMANISTIC psychotherapy" OR DE "IMPASSE (Psychotherapy)" OR DE "INTENSIVE psychotherapy" OR DE "INTERPERSONAL & social rhythm therapy" OR DE "INTERPERSONAL psychotherapy" OR DE "LOGOTHERAPY" OR DE "MILIEU therapy" OR DE "MIND & body therapies" OR DE "MORITA psychotherapy" OR DE "MULTIMODAL psychotherapy" OR DE "MULTIPLE psychotherapy" OR DE "NAIKAN psychotherapy" OR DE "NARRATIVE therapy" OR DE "NATURE therapy" OR DE "NEUROLINGUISTIC programming" OR DE "PERSONAL construct therapy" OR DE "PHILOSOPHICAL counseling" OR DE "PRIMAL therapy" OR DE "PROBLEM-solving therapy" OR DE "PSYCHODYNAMIC psychotherapy" OR DE "RADICAL therapy (Psychotherapy)" OR DE "SOLUTION-focused therapy" OR DE "STRATEGIC therapy" OR DE "TRANSACTIONAL analysis" OR DE "TRANSPERSONAL psychotherapy")) OR (DE "ADOLESCENT analysis" OR DE "ART therapy for teenagers" OR DE "BEHAVIOR therapy for teenagers" OR DE "BIBLIOTHERAPY for teenagers" OR DE "BRIEF psychotherapy for teenagers" OR DE "COGNITIVE therapy for teenagers" OR DE "GROUP psychotherapy for teenagers" OR DE "MEDIATION therapy for teenagers" OR DE "PSYCHODYNAMIC psychotherapy for teenagers")) OR (DE "BEHAVIOR modification")) OR (DE "ACCEPTANCE & commitment therapy" OR DE "COGNITIVE-analytic therapy" OR DE "COGNITIVE-experiential psychotherapy" OR DE "EXPOSURE therapy" OR DE "METACOGNITIVE therapy" OR DE "MINDFULNESS-based cognitive therapy" OR DE "RATIONAL emotive behavior therapy" OR DE "SCHEMA-focused cognitive therapy")) OR (DE "MINDFULNESS")) OR (DE "RELAXATION therapy")) OR (DE "HEALTH self-care")) OR (DE "SELF-help techniques")) OR (DE "SELF-management (Psychology")) OR (DE "MEDITATION")) OR (DE "PSYCHOEDUCATION")	36,080
12.	TI ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*) OR AB ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)	371,387
13.	S11 OR S12	376,948
Combined sets		
14.	S3 AND S7	2,153
15.	S3 AND S10 AND S13	1,063

16. S14 OR S15 607

Limiters - Published Date: 20180101-20201231

Study types: Health economic aspects²¹		
17.	(DE "ECONOMICS" OR DE "COST" OR DE "COST analysis" OR DE "COST effectiveness" OR DE "MEDICAL care costs" OR DE "COST of dental care" OR DE "DRUG prices" OR DE "HOSPITAL charges" OR DE "MEDICAL care cost control" OR DE "MEDICAL care cost shifting" OR DE "MEDICAL fees" OR DE "MEDICAL economics" OR DE "DENTAL economics" OR DE "HOSPITAL costs")	9,278
18.	TI (economic* OR cost OR Costs OR costly OR costing OR price OR prices OR pricing OR pharmaco-economic*) OR AB (economic* OR cost OR Costs OR costly OR costing OR price OR prices OR pricing OR pharmaco-economic*)	49,853
19.	S17 OR S18	52,917
Combined sets		
20.	S16 AND S19	49
Study types: Health economic aspects²²		
21.	TX economic N1 model*	3,323
22.	TI ("cost minimi*" or cost-utilit* or "health utilit*" or "economic evaluation*" or "economic review*" or "cost outcome" or "cost analys#s" or "economic analys#s" or "budget* impact analys#s") OR AB ("cost minimi*" or cost-utilit* or "health utilit*" or "economic evaluation*" or "economic review*" or "cost outcome" or "cost analys#s" or "economic analys#s" or "budget* impact analys#s")	1,258
23.	TI cost-effective* or pharmaco-economic* or pharmaco-economic* or cost-benefit or costs	4,519
24.	AB "life year" or "life years" or qaly* or "cost-benefit analys#s" or "cost-effectiveness analys#s"	1,087
25.	TI (cost or economic*) AND AB (costs or cost-effectiveness or markov)	3,884
26.	S21 OR S22 OR S23 OR S24 OR S25	9,304
Combined sets		
27.	S16 AND S26	11
Study types: Health economic aspects²³		
28.	TI (cost# N1 (illness or disease or sickness)) OR AB (cost# N1 (illness or disease or sickness))	169
29.	TI ((burden# N1 (illness or disease# or condition# or economic*)) OR AB ((burden# N1 (illness or disease# or condition# or economic*))	1,742
30.	TI ("quality-adjusted life years" or "quality adjusted life years" or QALY#) OR AB ("quality-adjusted life years" or "quality adjusted life years" or QALY#)	392
31.	(DE "QUALITY-adjusted life years" OR DE "COST" OR DE "COST analysis" OR DE "COST effectiveness")	2,418
32.	TI (out-of-pocket N1 (payment# or expenditure# or cost# or spending or expense#)) OR AB (out-of-pocket N1 (payment# or expenditure# or cost# or spending or expense#))	196
33.	TI (expenditure# N2 (health or direct or indirect)) OR AB (expenditure# N2 (health or direct or indirect))	415
34.	TI ((adjusted or quality-adjusted) N1 year#) OR AB ((adjusted or quality-adjusted) N1 year#)	784
35.	S28 OR S29 OR S30 OR S31 OR S32 OR S33 OR S34	5,132
Combined sets		
36.	S16 AND S35	13

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

²¹ Translated from: Search strategies: NHS EED. York: Centre for Reviews and Dissemination. [accessed Jan 18 2021]. Available from: <http://www.crd.york.ac.uk/crdweb/searchstrategies.asp>.

²² Translated from: Narrow Economic filter: CADTH's Database Search Filters. Ottawa: CADTH; 2016. [accessed Jan 18 2021]. Available from: <https://www.cadth.ca/resources/finding-evidence/strings-attached-cadths-database-search-filters#narrow>.

²³ Translated from: Aluko P, Graybill E, Craig D, Henderson C, Drummond M, Wilson E, et al. Chapter 20.2.3.2 Identifying cost-of-illness studies for the Background section. In: Higgins J, Thomas J, Chandler J, Cumpston M, Li T, Page M, et al., editors. Cochrane Handbook for Systematic Reviews of Interventions version 6.1 (updated September 2020): Cochrane; 2020. [accessed Jan 18 2021]. Available from: <https://training.cochrane.org/handbook/current/chapter-20#section-20-2-3-2>.

AU = Author
DE = Term from the thesaurus
MM = Major Concept
TI = Title
TX = All Text. Performs a keyword search of all the database's searchable fields
SU = Subject Terms
ZC = Methodology Index
* = Truncation
" " = Citation Marks; searches for an exact phrase

PsycInfo via EBSCO 28 October 2020

Title: Internet-delivered psychological treatment - Health economic aspects

Search terms	Items found
Population: Anxiety and depression	
1. (DE "Stress and Trauma Related Disorders" OR DE "Acute Stress Disorder" OR DE "Adjustment Disorders" OR DE "Attachment Disorders" OR DE "Posttraumatic Stress Disorder" OR DE "Disinhibited Social Engagement Disorder" OR DE "Complex PTSD" OR DE "DESNOS" OR DE "Anxiety" OR DE "Anxiety Sensitivity" OR DE "Computer Anxiety" OR DE "Health Anxiety" OR DE "Mathematics Anxiety" OR DE "Performance Anxiety" OR DE "Social Anxiety" OR DE "Speech Anxiety" OR DE "Test Anxiety" OR DE "Anxiety Disorders" OR DE "Castration Anxiety" OR DE "Death Anxiety" OR DE "Generalized Anxiety Disorder" OR DE "Obsessive Compulsive Disorder" OR DE "Panic Attack" OR DE "Panic Disorder" OR DE "Phobias" OR DE "Separation Anxiety Disorder" OR DE "Trichotillomania" OR DE "Hoarding Disorder" OR DE "Hoarding Behavior" OR DE "Acrophobia" OR DE "Agoraphobia" OR DE "Claustrophobia" OR DE "Ophidiophobia" OR DE "School Phobia" OR DE "Social Phobia" OR DE "Affective Disorders" OR DE "Disruptive Mood Dysregulation Disorder" OR DE "Major Depression" OR DE "Anaclitic Depression" OR DE "Dysthymic Disorder" OR DE "Endogenous Depression" OR DE "Late Life Depression" OR DE "Postpartum Depression" OR DE "Reactive Depression" OR DE "Recurrent Depression" OR DE "Treatment Resistant Depression" OR DE "Seasonal Affective Disorder" OR DE "Atypical Depression" OR DE "Depression (Emotion)" OR DE "Body Dysmorphic Disorder" OR DE "Body Image Disturbances" OR DE "Hypochondriasis" OR DE "Premenstrual Dysphoric Disorder" OR DE "Premenstrual Syndrome" OR DE "Mutism" OR DE "Elective Mutism" OR DE "Panic" OR DE "Post-Traumatic Stress")	319,087

2.	<p>T1 ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)) OR AB ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)) OR KW ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*))</p>	514,470
3.	S1 OR S2	532,490
Intervention: Internet-delivered psychological treatment		
4.	<p>(DE "Computer Assisted Therapy" OR DE "Telemedicine" OR DE "Online Therapy" OR DE "Teleconsultation" OR DE "Telepsychiatry" OR DE "Telepsychology" OR DE "Computer Assisted Instruction" OR DE "Digital Interventions" OR DE "Electronic Health Services" OR DE "Mobile Health")</p>	27,576

5. TI ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*) OR AB ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*) OR KW ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*))
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6.	TI (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR AB (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR KW (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)))	65,706
7.	S4 OR S5 OR S6	85,905
Intervention: Internet		
8.	(DE "Mobile Devices" OR DE "Mobile Phones" OR DE "Smartphones" OR DE "Tablet Computers" OR DE "Text Messaging" OR DE "Computer Mediated Communication" OR DE "Websites" OR DE "Internet" OR DE "Computer Applications" OR DE "Mobile Applications")	61,511
9.	TI (android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or "handheld device*" or "instant messag*" or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or website*)	90,473

10.	S8 OR S9	118,045
Intervention: Psychological treatment		
11.	((((((((((((((DE "Counseling") OR (DE "Gerontological Counseling" OR DE "Grief Counseling" OR DE "Group Counseling")) OR (DE "Psychotherapy" OR DE "Adlerian Psychotherapy" OR DE "Adolescent Psychotherapy" OR DE "Multisystemic Therapy" OR DE "Affirmative Therapy" OR DE "Analytical Psychotherapy" OR DE "Autogenic Training" OR DE "Brief Psychotherapy" OR DE "Brief Relational Therapy" OR DE "Child Psychotherapy" OR DE "Play Therapy" OR DE "Client Centered Therapy" OR DE "Conversion Therapy" OR DE "Couples Therapy" OR DE "Eclectic Psychotherapy" OR DE "Emotion Focused Therapy" OR DE "Existential Therapy" OR DE "Experiential Psychotherapy" OR DE "Expressive Psychotherapy" OR DE "Eye Movement Desensitization Therapy" OR DE "Feminist Therapy" OR DE "Geriatric Psychotherapy" OR DE "Gestalt Therapy" OR DE "Empty Chair Technique" OR DE "Group Psychotherapy" OR DE "Encounter Group Therapy" OR DE "Therapeutic Community" OR DE "Guided Imagery" OR DE "Humanistic Psychotherapy" OR DE "Client Centered Therapy" OR DE "Hypnotherapy" OR DE "Age Regression (Hypnotic)" OR DE "Ericksonian Psychotherapy" OR DE "Posthypnotic Suggestions" OR DE "Individual Psychotherapy" OR DE "Insight Therapy" OR DE "Integrative Psychotherapy" OR DE "Schema Therapy" OR DE "Interpersonal Psychotherapy" OR DE "Logotherapy" OR DE "Narrative Therapy" OR DE "Network Therapy" OR DE "Persuasion Therapy" OR DE "Primal Therapy" OR DE "Psychoanalysis" OR DE "Adlerian Psychotherapy" OR DE "Brief Relational Therapy" OR DE "Dream Analysis" OR DE "Self-Analysis" OR DE "Psychodrama" OR DE "Psychodynamic Psychotherapy" OR DE "Psychotherapeutic Counseling" OR DE "Family Therapy" OR DE "Psychotherapeutic Techniques" OR DE "Active Listening" OR DE "Animal Assisted Therapy" OR DE "Autogenic Training" OR DE "Brief Relational Therapy" OR DE "Centering" OR DE "Cootherapy" OR DE "Dream Analysis" OR DE "Empty Chair Technique" OR DE "Ericksonian Psychotherapy" OR DE "Free Association" OR DE "Guided Imagery" OR DE "Life Review" OR DE "Mirroring" OR DE "Morita Therapy" OR DE "Motivational Interviewing" OR DE "Mutual Storytelling Technique" OR DE "Network Therapy" OR DE "Paradoxical Techniques" OR DE "Psychodrama" OR DE "Rational Emotive Behavior Therapy" OR DE "Reality Therapy" OR DE "Relationship Therapy" OR DE "Solution Focused Therapy" OR DE "Strategic Therapy" OR DE "Strategic Family Therapy" OR DE "Supportive Psychotherapy" OR DE "Transactional Analysis")) OR (DE "Marathon Group Therapy")) OR (DE "Conjoint Therapy" OR DE "Strategic Family Therapy" OR DE "Structural Family Therapy")) OR (DE "Behavior Modification" OR DE "Behavior Contracting" OR DE "Behavior Therapy" OR DE "Aversion Therapy" OR DE "Conversion Therapy" OR DE "Dialectical Behavior Therapy" OR DE "Exposure Therapy" OR DE "Implosive Therapy" OR DE "Reciprocal Inhibition Therapy" OR DE "Response Cost" OR DE "Systematic Desensitization Therapy" OR DE "Biofeedback Training" OR DE "Classroom Behavior Modification" OR DE "Contingency Management" OR DE "Token Economy Programs" OR DE "Fading (Conditioning)" OR DE "Omission Training" OR DE "Overcorrection" OR DE "Self-Management" OR DE "Self-Instructional Training" OR DE "Time Out")) OR (DE "Imaginal Exposure" OR DE "Implosive Therapy" OR DE "In Vivo Exposure" OR DE "Prolonged Exposure Therapy" OR DE "Systematic Desensitization Therapy" OR DE "Virtual Reality Exposure Therapy")) OR (DE "Cognitive Techniques" OR DE "Cognitive Restructuring" OR DE "Cognitive Therapy" OR DE "Self-Instructional Training")) OR (DE "Cognitive Behavior Therapy" OR DE "Acceptance and Commitment Therapy" OR DE "Cognitive Processing Therapy" OR DE "Prolonged Exposure Therapy")) OR (DE "Mindfulness-Based Interventions" OR DE "Mindfulness")) OR (DE "Meditation" OR DE "Relaxation Therapy" OR DE "Progressive Relaxation Therapy")) OR (DE "Psychoeducation")) OR (DE "Self-Help Techniques" OR DE "Self-Management" OR DE "Self-Instructional Training")) OR (DE "Anxiety Management")) OR (DE "Neuropsychological Rehabilitation" OR DE "Cognitive Rehabilitation")	344,606
12.	TI (behavio* or cognitive)	365,794

13.	TI ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)) OR AB ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)) OR KW ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))	1,936,259
14.	S11 OR S12 OR S13	2,170,170
Combined sets		
15.	S3 AND S7	11,311
16.	S3 AND S10 AND S14	5,568
17.	S15 OR S16	12,767
18.	S15 OR S16	3,058
Limiters - Published Date: 20180101-20201231; Language: Danish, English, Norwegian, Swedish		
Study types: Health economic aspects²⁴		
19.	(DE "Economics") OR (DE "Health Care Economics") OR (DE "Costs and Cost Analysis" OR DE "Budgets" OR DE "Health Care Costs") OR TI (economic* OR cost OR Costs OR costly OR costing OR price OR prices OR pricing OR pharmacoeconomic*) OR AB (economic* OR cost OR Costs OR costly OR costing OR price OR prices OR pricing OR pharmacoeconomic*)	225,866
Combined sets		
20.	S18 AND S19	287
Study types: Health economic aspects²⁵		
21.	MM "Economics"	15,281
22.	(MM "Costs and Cost Analysis" OR MM "Budgets" OR MM "Cost Containment" OR MM "Health Care Costs")	21,943
23.	TX (economic N1 model*)	2,342

²⁴ Adapted/translated from: Search strategies: NHS EED. York: Centre for Reviews and Dissemination. [accessed Jan 18 2021]. Available from: <http://www.crd.york.ac.uk/crdweb/searchstrategies.asp>.

²⁵ Adapted/translated from: Narrow Economic filter: CADTH's Database Search Filters. Ottawa: CADTH; 2016. [accessed Jan 18 2021]. Available from: <https://www.cadth.ca/resources/finding-evidence/strings-attached-cadths-database-search-filters#narrow>.

24.	TI ("cost minimi*" or cost-utilit* or "health utilit*" or "economic evaluation*" or "economic review*" or "cost outcome" or "cost analys#s" or "economic analys#s" or "budget* impact analys#s") OR AB ("cost minimi*" or cost-utilit* or "health utilit*" or "economic evaluation*" or "economic review*" or "cost outcome" or "cost analys#s" or "economic analys#s" or "budget* impact analys#s")	4,596
25.	TI cost-effective* or pharmacoeconomic* or pharmaco-economic* or cost-benefit or costs	111,932
26.	AB "life year" or "life years" or qaly* or "cost-benefit analys#s" or "cost-effectiveness analys#s"	8,467
27.	TI (cost or economic*) AND AB (costs or cost-effectiveness or markov)	13,984
28.	S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27	127,897
Combined sets		
29.	S18 AND S28	249
Study types: Health economic aspects²⁶		
30.	TI (cost# N1 (illness or disease or sickness)) OR AB (cost# N1 (illness or disease or sickness))	612
31.	TI (burden# N1 (illness or disease# or condition# or economic*)) OR AB (burden# N1 (illness or disease# or condition# or economic*))	5,540
32.	TI ("quality-adjusted life years" or "quality adjusted life years" or QALY#) OR AB ("quality-adjusted life years" or "quality adjusted life years" or QALY#)	1,399
33.	DE "Health Care Economics"	908
34.	DE "Costs and Cost Analysis"	18,258
35.	DE "Health Care Costs"	11,670
36.	TI (out-of-pocket N1 (payment# or expenditure# or cost# or spending or expense#)) OR AB (out-of-pocket N1 (payment# or expenditure# or cost# or spending or expense#))	817
37.	TI (expenditure# N2 (health or direct or indirect)) OR AB (expenditure# N2 (health or direct or indirect))	1,468
38.	TI ((adjusted or quality-adjusted) N1 year#) OR AB ((adjusted or quality-adjusted) N1 year#)	2,190
39.	S30 OR S31 OR S32 OR S33 OR S34 OR S35 OR S36 OR S37 OR S38	35,105
Combined sets		
40.	S18 AND S39	55

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

SU = Subject Terms

ZC = Methodology Index

* = Truncation

“ ” = Citation Marks; searches for an exact phrase

²⁶ Adapted/translated from: Aluko P, Graybill E, Craig D, Henderson C, Drummond M, Wilson E, et al. Chapter 20.2.3.2 Identifying cost-of-illness studies for the Background section. In: Higgins J, Thomas J, Chandler J, Cumpston M, Li T, Page M, et al., editors. Cochrane Handbook for Systematic Reviews of Interventions version 6.1 (updated September 2020): Cochrane; 2020. [accessed Jan 18 2021]. Available from: <https://training.cochrane.org/handbook/current/chapter-20#section-20-2-3-2>.

Scopus via Elsevier 28 October 2020

Title: Internet-delivered psychological treatment (citation search) - Health economic aspects

Search terms	Items found
Cited article	
1. EID(2-s2.0-84885857343 OR 2-s2.0-84877696974 OR 2-s2.0-84876125735 OR 2-s2.0-84872155895 OR 2-s2.0-84871506936 OR 2-s2.0-84871698689 OR 2-s2.0-84874095814 OR 2-s2.0-84867920546 OR 2-s2.0-84867571347 OR 2-s2.0-84865835083 OR 2-s2.0-84865061728 OR 2-s2.0-84865656264 OR 2-s2.0-84862336194 OR 2-s2.0-84867912876 OR 2-s2.0-84862606042 OR 2-s2.0-84861546447 OR 2-s2.0-84861378091 OR 2-s2.0-84864240487 OR 2-s2.0-84864224884 OR 2-s2.0-84860546451 OR 2-s2.0-84857365473 OR 2-s2.0-84858419037 OR 2-s2.0-82355161900 OR 2-s2.0-81755184077 OR 2-s2.0-80053576212 OR 2-s2.0-80053440909 OR 2-s2.0-80054002945 OR 2-s2.0-80052803455 OR 2-s2.0-80052246998 OR 2-s2.0-79959567851 OR 2-s2.0-79960039955 OR 2-s2.0-79959924181 OR 2-s2.0-79960006994 OR 2-s2.0-79952800922 OR 2-s2.0-79953036530 OR 2-s2.0-79951683551 OR 2-s2.0-78249259975 OR 2-s2.0-78651424402 OR 2-s2.0-78651292206 OR 2-s2.0-77957675037 OR 2-s2.0-77955268717 OR 2-s2.0-77956216738 OR 2-s2.0-77956200567 OR 2-s2.0-77955887970 OR 2-s2.0-77955119015 OR 2-s2.0-77952541921 OR 2-s2.0-77950626687 OR 2-s2.0-77950683819 OR 2-s2.0-77951085017 OR 2-s2.0-77953846865 OR 2-s2.0-71049146017 OR 2-s2.0-71049122698 OR 2-s2.0-77950628924 OR 2-s2.0-68849120902 OR 2-s2.0-70450200719 OR 2-s2.0-70449412478 OR 2-s2.0-69649106153 OR 2-s2.0-68849130879 OR 2-s2.0-68049108415 OR 2-s2.0-67650891877 OR 2-s2.0-70749153302 OR 2-s2.0-66749158460 OR 2-s2.0-69249232349 OR 2-s2.0-58049097406 OR 2-s2.0-56749104681 OR 2-s2.0-53149098970 OR 2-s2.0-58149215898 OR 2-s2.0-47649129015 OR 2-s2.0-47649083092 OR 2-s2.0-41649117099 OR 2-s2.0-39449117967 OR 2-s2.0-36049022800 OR 2-s2.0-36749091242 OR 2-s2.0-34347209965 OR 2-s2.0-33846986855 OR 2-s2.0-33745008808 OR 2-s2.0-33846297670 OR 2-s2.0-28444457218 OR 2-s2.0-27544481720 OR 2-s2.0-23644461223 OR 2-s2.0-29144518062 OR 2-s2.0-0842265438 OR 2-s2.0-0141856571 OR 2-s2.0-3242760677 OR 2-s2.0-0035113364 OR 2-s2.0-0035733712 OR 2-s2.0-0034758557)	87
2. #1 View cited by	4,235
Study types: Health economic aspects²⁷	
3. #2 Refined to: (TITLE-ABS (economic* OR cost OR costs OR costly OR costing OR price OR prices OR pricing OR pharmaco-economic* OR (expenditure* NOT energy) OR (value W/1 money) OR budget*)) AND NOT (TITLE-ABS ((energy OR oxygen) W/10 cost) OR (metabolic W/10 cost) OR ((energy OR oxygen) W/10 expenditure)) AND (EXCLUDE (DOCTYPE , "le")) AND (LIMIT-TO (PUBYEAR , 2021) OR LIMIT-TO (PUBYEAR , 2020) OR LIMIT-TO (PUBYEAR , 2019) OR LIMIT-TO (PUBYEAR , 2018)) AND (LIMIT-TO (LANGUAGE , "English") OR LIMIT-TO (LANGUAGE , "Swedish") OR LIMIT-TO (LANGUAGE , "Danish") OR LIMIT-TO (LANGUAGE , "Norwegian")))	175
Study types: Health economic aspects²⁸	
4. #2 Refined to: (TITLE-ABS-KEY((economic W/1 model*) OR "cost minimi*" OR cost-utilit* OR "health utilit*" OR "economic evaluation*" OR "economic review*" OR "cost outcome" OR "cost analysis" OR "cost analyses" OR "economic analysis" OR "economic analyses" OR "budget* impact analysis" OR "budget* impact analyses")) OR (TITLE(cost-effective* OR pharmaco-economic* OR pharmaco-economic* OR cost-benefit OR costs)) OR (KEY(cost-effective* OR pharmaco-economic* OR pharmaco-economic* OR cost-benefit OR costs)) OR (ABS ("life year" OR "life years" OR qaly* OR "cost-benefit analysis" OR "cost-benefit analyses" OR "cost-effectiveness analysis" OR "cost-effectiveness analyses")) OR (KEY("life year" OR "life years" OR qaly* OR "cost-benefit analysis" OR "cost-benefit analyses" OR "cost-effectiveness analysis" OR "cost-effectiveness analyses")) OR (((TITLE(cost OR economic*)) OR (KEY(cost OR economic*))) AND (ABS(costs OR cost-effectiveness OR markov))) AND (LIMIT-TO (PUBYEAR , 2021) OR LIMIT-TO (PUBYEAR , 2020) OR LIMIT-TO (PUBYEAR , 2019) OR LIMIT-TO (PUBYEAR , 2018	82

²⁷ Translated from: Search strategies: NHS EED. York: Centre for Reviews and Dissemination. [accessed Jan 18 2021]. Available from: <http://www.crd.york.ac.uk/crdweb/searchstrategies.asp>.

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)) AND (LIMIT-TO (LANGUAGE , "English") OR LIMIT-TO (LANGUAGE , "Swedish")
OR LIMIT-TO (LANGUAGE , "Danish") OR LIMIT-TO (LANGUAGE , "Norwegian"))

Study types: Health economic aspects²⁹

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| 5. | #2 Refined to: (TITLE-ABS(((cost OR costs) W/1 (illness OR disease OR sickness)) OR
((burden OR burdens) W/1 (illness OR disease OR diseases OR condition OR conditions OR
economic*)) OR ("quality-adjusted life years" OR "quality adjusted life years" OR QALY
OR QALYs) OR (out-of-pocket W/1 (payment OR payments OR expenditure OR
expenditures OR cost OR costs OR spending OR expense OR expenses)) OR ((expenditure
OR expenditures) W/2 (health OR direct OR indirect)) OR ((adjusted OR quality-adjusted)
W/1 (year OR years)))) AND (LIMIT-TO (PUBYEAR , 2021) OR LIMIT-TO (PUBYEAR ,
2020) OR LIMIT-TO (PUBYEAR , 2019) OR LIMIT-TO (PUBYEAR , 2018)) AND (LIMIT-
TO (LANGUAGE , "English") OR LIMIT-TO (LANGUAGE , "Swedish") OR LIMIT-TO (
LANGUAGE , "Danish") OR LIMIT-TO (LANGUAGE , "Norwegian")) | 31 |
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The search result, usually found at the end of the documentation, forms the list of abstracts.

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Scopus via Elsevier 28 October 2020

Title: Internet-delivered psychological treatment - Health economic aspects

Search terms	Items found
Population: Anxiety and depression	
1. TITLE-ABS-KEY ("acute stress" OR "adjustment disorder*" OR "adjustment react*" OR "affective disorder*" OR anxiety* OR anxieties OR anxiodepressive OR anxious* OR "attachment disorder*" OR "body dysmorphic disorder*" OR "body image disfunction*" OR "body image disorder*" OR depressed OR depression OR depressive OR depressiveness OR depressivity OR dermatillomani* OR "disinhibited social engagement disorder*" OR "disruptive mood dysregulation disorder" OR dysphoria OR "dysphori* disorder*" OR "dysphori* syndrom*" OR dysthymi* OR "excoriation disorder*" OR gad OR "hair pulling" OR hoarding OR hypochondri* OR mdd OR melanchol* OR "mood disorder*" OR mute OR mutism OR "obsessive compulsive" OR ocd OR "olfactory reference syndrome*" OR "olfactory reference disorder*" OR panic OR *phobi* OR ((posttrauma* OR "post trauma*") W/3 (disorder* OR neuros* OR psych* OR stress* OR symptom* OR syndrom*)) OR "premenstrual syndrom*" OR "prolonged grief disorder*" OR ptsd OR "reactive disorder*" OR "skin picking" OR "transient situational disturbance" OR "traumatic stress" OR trichotillomani*)	1,570,362
Intervention: Internet-delivered psychological treatment	
2. TITLE-ABS-KEY ((ccbt OR c-cbt OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR ecbt OR e-cbt OR econsultation OR e-counseling OR e-counselling OR ecounseling OR e-counseling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-cbt OR icbt OR m-health OR mhealth OR "mobile health" OR deprexis OR interapy OR wechat*) OR (android OR app OR apps OR blackberry OR cellphone OR ((cell* OR mobile OR smart) W/3 (phone* OR telephone*)) OR chat* OR computer* OR cyber* OR digital OR "electronic mail*" OR e-mail OR email OR handheld-device* OR "instant messag*" OR internet* OR ipad* OR i-pad* OR iphone* OR i-phone* OR messaging OR "mobile application*" OR online* OR on-line* OR "personal digital assistant*" OR "short messag*" OR smartphone* OR sms OR tablet* OR "text messag*" OR texting OR webbased OR webdeliver* OR "web-based" OR "web-deliver*" OR website*) W/10 (act OR (attention AND n2 AND modification) OR "attention training" OR ((behavio* OR cognitive) W/2 (activat* OR component OR components OR contracting OR defusion OR guidance OR management OR modif* OR rehab* OR restructur* OR technique* OR train*)) OR cbt OR ccbt OR "cognitive behavio*" OR consultation* OR counseling OR counselling OR dbt OR "dialectical behavio*" OR hypnosis OR hypnotherapy OR intervention* OR meditation OR "memory specificity training" OR mindfulness OR "minimal therapist support" OR "motivational interviewing" OR program* OR psychoanaly* OR psycho-analy* OR psychodrama OR psycho-drama* OR psychodynamic OR psychoeducat* OR psycho-educat* OR psychotherap* OR relaxation OR ((self-care OR selfcare OR self-help OR selfhelp) W/3 (administered OR guided OR instruct* OR strateg* OR supervised OR tool*)) OR ((self-administered OR selfadministered) W/3 (guided OR instruct* OR strateg* OR supervised)) OR self-management OR support OR therap* OR treatment*))	665,945
Intervention: Internet	
3. TITLE (android OR app OR apps OR blackberry OR cellphone OR ((cell* OR mobile OR smart) W/3 (phone* OR telephone*)) OR chat* OR computer* OR cyber* OR digital OR "electronic mail*" OR e-mail OR email OR "handheld device*" OR "instant messag*" OR internet* OR ipad* OR i-pad* OR iphone* OR i-phone* OR messaging OR "mobile application*" OR online* OR on-line* OR "personal digital assistant*" OR "short messag*" OR smartphone* OR sms OR tablet* OR "text messag*" OR texting OR webbased OR webdeliver* OR "web-based" OR "web-deliver*" OR website*)	1,038,629
Intervention: Psychological treatment	
4. (TITLE (behavio* OR cognitive)) OR (TITLE-ABS-KEY (act OR (attention W/2 modification) OR "attention training" OR ((behavio* OR cognitive) W/2 (activat* OR component OR components OR contracting OR defusion OR guidance OR management OR modif* OR rehab* OR restructur* OR technique* OR train*))) OR	1,443,546

Internetförmad psykologisk behandling

Jämförelse med andra behandlingar vid psykiatriska syndrom www.sbu.se/337

cbt OR cognitive AND behavio* OR consultation* OR counseling OR counselling OR dbt OR dialectical AND behavio* OR hypnosis OR hypnotherapy OR intervention* OR meditation OR "memory specificity training" OR mindfulness OR "minimal therapist support" OR "motivational interviewing" OR program* OR psychoanaly* OR psychoanaly* OR psychodrama OR psycho-drama* OR psychodynamic OR psychoeducat* OR psycho-educat* OR psychotherap* OR relaxation OR ((self-care OR selfcare OR self-help OR selfhelp) W/3 (administered OR guided OR instruct* OR strateg* OR supervised OR tool*)) OR ((self-administered OR selfadministered) W/3 (guided OR instruct* OR strateg* OR supervised)) OR self-management OR support OR therap* OR treatment*))

Combined sets		
5.	(#1 AND #2) OR (#1 AND #3 AND #4)	15,844
6.	#5 AND (LIMIT-TO (PUBYEAR , 2021) OR LIMIT-TO (PUBYEAR , 2020) OR LIMIT-TO (PUBYEAR , 2019) OR LIMIT-TO (PUBYEAR , 2018))	4,563
7.	#6 AND (LIMIT-TO (LANGUAGE , "English") OR LIMIT-TO (LANGUAGE , "Swedish") OR LIMIT-TO (LANGUAGE , "Danish") OR LIMIT-TO (LANGUAGE , "Norwegian"))	4,439
Study types: Health economic aspects³⁰		
8.	(TITLE-ABS (economic* OR cost OR costs OR costly OR costing OR price OR prices OR pricing OR pharmaco-economic* OR (expenditure* NOT energy) OR (value W/1 money) OR budget*)) AND NOT (TITLE-ABS ((energy OR oxygen) W/10 cost) OR (metabolic W/10 cost) OR ((energy OR oxygen) W/10 expenditure)) AND (EXCLUDE (DOCTYPE , "le")))	4,100,600
Combined sets		
9.	#7 AND #8	526
Study types: Health economic aspects³¹		
10.	(TITLE-ABS-KEY((economic W/1 model*) OR "cost minimi*" OR cost-utility* OR "health utility*" OR "economic evaluation*" OR "economic review*" OR "cost outcome" OR "cost analysis" OR "cost analyses" OR "economic analysis" OR "economic analyses" OR "budget* impact analysis" OR "budget* impact analyses")) OR (TITLE(cost-effective* OR pharmaco-economic* OR pharmaco-economic* OR cost-benefit OR costs)) OR (KEY(cost-effective* OR pharmaco-economic* OR pharmaco-economic* OR cost-benefit OR costs)) OR (ABS ("life year" OR "life years" OR qaly* OR "cost-benefit analysis" OR "cost-benefit analyses" OR "cost-effectiveness analysis" OR "cost-effectiveness analyses")) OR (KEY("life year" OR "life years" OR qaly* OR "cost-benefit analysis" OR "cost-benefit analyses" OR "cost-effectiveness analysis" OR "cost-effectiveness analyses")) OR (((TITLE(cost OR economic*)) OR (KEY(cost OR economic*))) AND (ABS(costs OR cost-effectiveness OR markov)))	1,526,605
Combined sets		
11.	#7 AND #10	256
Study types: Health economic aspects³²		
12.	TITLE-ABS(((cost OR costs) W/1 (illness OR disease OR sickness)) OR ((burden OR burdens) W/1 (illness OR disease OR diseases OR condition OR conditions OR economic*)) OR ("quality-adjusted life years" OR "quality adjusted life years" OR QALY OR QALYs) OR (out-of-pocket W/1 (payment OR payments OR expenditure OR expenditures OR cost OR costs OR spending OR expense OR expenses)) OR ((expenditure OR expenditures) W/2 (health OR direct OR indirect)) OR ((adjusted OR quality-adjusted) W/1 (year OR years)))	85,787
Combined sets		
13.	#7 AND #12	60

³⁰ Adapted/translated from: Search strategies: NHS EED. York: Centre for Reviews and Dissemination. [accessed Jan 18 2021]. Available from: <http://www.crd.york.ac.uk/crdweb/searchstrategies.asp>.

³¹ Adapted/translated from: Narrow Economic filter: CADTH's Database Search Filters. Ottawa: CADTH; 2016. [accessed Jan 18 2021]. Available from: <https://www.cadth.ca/resources/finding-evidence/strings-attached-cadths-database-search-filters#narrow>.

³² Adapted/translated from: Aluko P, Graybill E, Craig D, Henderson C, Drummond M, Wilson E, et al. Chapter 20.2.3.2 Identifying cost-of-illness studies for the Background section. In: Higgins J, Thomas J, Chandler J, Cumpston M, Li T, Page M, et al., editors. Cochrane Handbook for Systematic Reviews of Interventions version 6.1 (updated September 2020): Cochrane; 2020. [accessed Jan 18 2021]. Available from: <https://training.cochrane.org/handbook/current/chapter-20#section-20-2-3-2>.

The search result, usually found at the end of the documentation, forms the list of abstracts.

TITLE-ABS-KEY = Title or abstract or keywords

ALL = All fields

PRE/n = "precedes by". The first term in the search must precede the second by a specified number of terms (n).

W/n = "within". The terms in the search must be within a specified number of terms (n) in any order.

***** = Truncation

“ ” = Citation Marks; searches for an exact phrase

Primary studies

CINAHL via EBSCO 26 August 2021

Title: Internet-delivered psychological treatment

Search terms	Items found ³³
Population: Anxiety and depression	
1. (MH "Adjustment Disorders") OR (MH "Anxiety+") OR (MH "Anxiety Disorders+") OR (MH "Affective Disorders+") OR (MH "Hypochondriasis") OR (MH "Mutism") OR (MH "Premenstrual Syndrome+") OR (MH "Psychological Trauma") OR (MH "Reactive Attachment Disorder") OR (MH "Olfactory Reference Syndrome")	178,900
2. TI (acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*) OR AB (acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)	216,607
3. S1 OR S2	267,455
Intervention: Internet-delivered psychological treatment	
4. (MH "Computer Assisted Instruction") OR (MH "Remote Consultation") OR (MH "Telemedicine") OR (MH "Telepsychiatry") OR (MH "Telehealth") OR (MH "Therapy, Computer Assisted")	35,416

³³ Search results from the search line marked in bold (the results exported from the database) are from a literature search update on August 26 2021, all other search results are from the literature search on October 20 2020.

5.	TI ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*)) OR AB ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*))	8,196
6.	TI (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counceling or councelling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR AB (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counceling or councelling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)))	74,440
7.	S4 OR S5 OR S6	108,440
Intervention: Internet		
8.	(MH "Cellular Phone") OR (MH "Text Messaging") OR (MH "Email") OR (MH "Instant Messaging") OR (MH "Internet") OR (MH "Computers, Hand-Held+") OR (MH "Mobile Applications")	71,838
9.	TI (android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or "handheld device*" or "instant messag*" or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or website*)	122,482
10.	S8 OR S9	166,191

Intervention: Psychological treatment		
11.	(MH "Counseling") OR (MH "Motivational Interviewing") OR (MH "Psychoanalysis") OR (MH "Psychoeducation") OR (MH "Psychotherapy+") OR (MH "Self Care") OR (MH "Self-Management")	257,262
12.	MW "TH"	588,919
13.	TI (behavio* or cognitive)	127,927
14.	TI ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*) OR AB ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))	2,007,622
15.	S11 OR S12 OR S13 OR S14	2,431,971
Combined sets		
16.	S3 AND S7	7,087
17.	S3 AND S10 AND S15	4,050
18.	S16 OR S17	8,326
19.	S16 OR S17	5,733
Limiters - Published Date: 20120701-20211231; Language: Danish, English, Norwegian, Swedish		
Study types: Randomized controlled trials³⁴		
20.	MH "Randomized Controlled Trials+" OR MH "Double-Blind Studies" OR MH "Single-Blind Studies" OR MH "Random Assignment" OR MH "Pretest-Posttest Design+" OR MH "Cluster Sample" OR MH "Sample Size" OR MH "Crossover Design" OR MH "Comparative Studies" OR MH "Placebos" OR PT (Randomized Controlled Trial) OR TI (randomised OR randomized) OR AB (random*) OR TI (trial) OR AB (assigned OR allocated OR control) OR AB (control W5 group) OR AB (cluster W3 rct)	1,070,427
Combined sets		
21.	S19 AND S20	2,779
Population: Anxiety and depression		
22.	(MH "Premenstrual Dysphoric Disorder") OR (MH "Mutism") OR (MH "Hypochondriasis") OR (MH "Body Dysmorphic Disorder") OR (MH "Olfactory Reference Syndrome") OR (MH "Obsessive Hoarding") OR (MH "Trichotillomania") OR (MH "Excoriation") OR (MH "Reactive Attachment Disorder") OR (MH "Stress Disorders, Post-Traumatic") OR (MH "Adjustment Disorders")	25,608

³⁴ Glanville J, Dooley G, Wisniewski S, Foxlee R, Noel-Storr A. Development of a search filter to identify reports of controlled clinical trials within CINAHL Plus. Health Info Libr J. 2019;36(1):73-90. Available from: <https://doi.org/10.1111/hir.12251>.

23.	TI (("Acute Stress" or "Adjustment Disorder*" or "Adjustment react*" or "Body Dysmorphic Disorder*" or "Body Image Disfunction*" or "Body Image Disorder*" or "dermatillomani*" or "Disinhibited Social Engagement Disorder*" or "Disruptive Mood Dysregulation Disorder*" or Dymorphophobi* or "Excoriation disorder*" or "hair pulling" or "health anxiety" or Hoarding or Hypochondri* or "illness anxiety" or "mixed anxi*" or "mixed depressive" or mutism or "Olfactory reference disorder*" or "Olfactory reference syndrom*" or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "Premenstrual dysphori*" or "Premenstrual syndrom*" or "Prolonged grief disorder*" or PTSD or "Reactive Attachment Disorder*" or "skin picking" or Trichotillomani*) OR AB (("Acute Stress" or "Adjustment Disorder*" or "Adjustment react*" or "Body Dysmorphic Disorder*" or "Body Image Disfunction*" or "Body Image Disorder*" or "dermatillomani*" or "Disinhibited Social Engagement Disorder*" or "Disruptive Mood Dysregulation Disorder*" or Dymorphophobi* or "Excoriation disorder*" or "hair pulling" or "health anxiety" or Hoarding or Hypochondri* or "illness anxiety" or "mixed anxi*" or "mixed depressive" or mutism or "Olfactory reference disorder*" or "Olfactory reference syndrom*" or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "Premenstrual dysphori*" or "Premenstrual syndrom*" or "Prolonged grief disorder*" or PTSD or "Reactive Attachment Disorder*" or "skin picking" or Trichotillomani*))	24,952
24.	S22 OR S23	34,755
Combined sets		
25.	S7 AND S24	849
26.	S10 AND S15 AND S24	417
27.	S25 OR S26	994
28.	S25 OR S26	984
Limiters - Language: Danish, English, Norwegian, Swedish		
29.	S20 AND S28	380
30.	S21 OR S29	3,435³⁵

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MH = Exact subject heading

MM = Major Concept

Nx = Near Operator, finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear

SU = Subject Terms

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

* = Truncation

" " = Citation Marks; searches for an exact phrase

³⁵ The results from the literature search update on August 26 2021, numbers for all other search lines are from the literature search on October 20 2020.

Cochrane Library via Wiley 31 May 2021 (CENTRAL)

Title: Internet-delivered psychological treatment

Search terms		Items found ³⁶
Population: Anxiety and depression		
1.	MeSH descriptor: [Adjustment Disorders] this term only	246
2.	MeSH descriptor: [Anxiety] explode all trees	7857
3.	MeSH descriptor: [Anxiety Disorders] explode all trees	6829
4.	MeSH descriptor: [Body Dysmorphic Disorders] this term only	72
5.	MeSH descriptor: [Depression] this term only	12147
6.	MeSH descriptor: [Hoarding] this term only	2
7.	MeSH descriptor: [Hypochondriasis] this term only	93
8.	MeSH descriptor: [Mood Disorders] explode all trees	12834
9.	MeSH descriptor: [Mutism] this term only	18
10.	MeSH descriptor: [Panic] this term only	264
11.	MeSH descriptor: [Premenstrual Syndrome] explode all trees	475
12.	MeSH descriptor: [Psychological Trauma] explode all trees	78
13.	MeSH descriptor: [Reactive Attachment Disorder] this term only	20
14.	MeSH descriptor: [Stress Disorders, Post-Traumatic] this term only	2580
15.	MeSH descriptor: [Stress Disorders, Traumatic] this term only	726
16.	MeSH descriptor: [Stress Disorders, Traumatic, Acute] this term only	50
17.	MeSH descriptor: [Trichotillomania] this term only	73
18.	MeSH descriptor: [Trauma and Stressor Related Disorders] this term only	6
19.	(acrophobi* or "acute stress" or (adjustment next/1 disorder*) or (adjustment next/1 react*) or aerophobi* or (affective next/1 disorder*) or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or (attachment next/1 disorder*) or aviophobi* or (body next/1 dysmorphic next/1 disorder*) or (body next/1 image next/1 disfunction*) or (body next/1 image next/1 disorder*) or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or (disinhibited next/1 social next/1 engagement next/1 disorder*) or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or (dysphori* next/1 disorder*) or (dysphori* next/1 syndrom*) or dysthymi* or emetophobi* or (excoriation next/1 disorder*) or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or (mood next/1 disorder*) or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or (olfactory next/1 reference next/1 syndrome*) or (olfactory next/1 reference next/1 disorder*) or ophidiophobi* or panic or phobi* or ((posttrauma* or (post next/1 trauma*)) NEAR/3 (disorder* or neuro* or psych* or stress* or symptom* or syndrom*)) or (premenstrual next/1 syndrom*) or (prolonged next/1 grief next/1 disorder*) or PTSD or (reactive next/1 disorder*) or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*):ti,ab,kw	118881
20.	{OR #1-#19}	119164
Intervention: Internet-delivered psychological treatment		
21.	MeSH descriptor: [Computer-Assisted Instruction] this term only	1214
22.	MeSH descriptor: [Internet-Based Intervention] this term only	80
23.	MeSH descriptor: [Remote Consultation] explode all trees	385
24.	MeSH descriptor: [Telemedicine] this term only	2079
25.	MeSH descriptor: [Therapy, Computer-Assisted] this term only	1319
26.	(cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or (emental next/1 health*) or (e-mental next/1 health*) or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*):ti,ab,kw	4223
27.	((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) NEAR/3 (phone* or telephone*)) or chat* or Computer* or cyber* or digital or (electronic next/1	50338

³⁶ Search results from the search line marked in bold (the results exported from the database) are from a literature search update on May 31 2021, all other search results are from the literature search on October 20 2020.

	mail*) or e-mail or email or handheld-device* or (instant next/1 messag*) or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or (mobile next/1 application*) or Online* or on-line* or (personal next/1 digital next/1 assistant*) or (short next/1 messag*) or Smartphone* or SMS or tablet* or (text next/1 messag*) or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) NEAR/10 (ACT or (attention NEAR/2 modification) or "attention training" or ((behavio* or cognitive) NEAR/2 (activat* or component or components or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or Ccbt or (Cognitive next/1 behavio*) or consultation* or counseling or counselling or DBT or (dialectical next/1 behavio*) or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) NEAR/3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) NEAR/3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)):ti,ab,kw	
28.	{OR #21-#27}	54098
Intervention: Internet		
29.	MeSH descriptor: [Cell Phone] explode all trees	1342
30.	MeSH descriptor: [Computers, Handheld] explode all trees	650
31.	MeSH descriptor: [Electronic Mail] this term only	324
32.	MeSH descriptor: [Internet] this term only	3779
33.	MeSH descriptor: [Mobile Applications] this term only	628
34.	(android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) NEAR/3 (phone* or telephone*)) or chat* or Computer* or cyber* or digital or (electronic next/1 mail*) or e-mail or email or handheld-device* or (instant next/1 messag*) or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or (mobile next/1 application*) or Online* or on-line* or (personal next/1 digital next/1 assistant*) or (short next/1 messag*) or Smartphone* or SMS or tablet* or (text next/1 messag*) or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*):ti	31614
35.	{OR #29-#34}	33387
Intervention: Psychological treatment		
36.	MeSH descriptor: [Counseling] this term only	4172
37.	MeSH descriptor: [Directive Counseling] explode all trees	1218
38.	MeSH descriptor: [Motivation] this term only	4623
39.	MeSH descriptor: [Psychotherapy] explode all trees	23711
40.	MeSH descriptor: [Relaxation Therapy] explode all trees	1905
41.	MeSH descriptor: [Self Care] this term only	4126
42.	MeSH descriptor: [Self-Help Groups] this term only	712
43.	MeSH descriptor: [Self-Management] this term only	370
44.	[mh /TH]	91921
45.	(behavio* or cognitive):ti	43563
46.	(ACT or (attention NEAR/2 modification) or "attention training" or ((behavio* or cognitive) NEAR/2 (activat* or component or components or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or (Cognitive next/1 behavio*) or consultation* or counseling or counselling or DBT or (dialectical next/1 behavio*) or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) NEAR/3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) NEAR/3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)):ti,ab,kw	1206467
47.	{OR #36-#46}	1215864
Combined sets		
48.	#20 AND #28	8443
49.	#20 AND #35 AND #47	4496

50.	#48 OR #49 with Publication Year from 2013 to 2021, in Trials	6567
Population: Anxiety and depression		
51.	MeSH descriptor: [Adjustment Disorders] this term only	246
52.	MeSH descriptor: [Body Dysmorphic Disorders] this term only	72
53.	MeSH descriptor: [Hoarding] this term only	2
54.	MeSH descriptor: [Hoarding Disorder] this term only	18
55.	MeSH descriptor: [Hypochondriasis] this term only	93
56.	MeSH descriptor: [Mutism] this term only	18
57.	MeSH descriptor: [Premenstrual Syndrome] explode all trees	475
58.	MeSH descriptor: [Reactive Attachment Disorder] this term only	20
59.	MeSH descriptor: [Stress Disorders, Post-Traumatic] this term only	2580
60.	MeSH descriptor: [Stress Disorders, Traumatic, Acute] this term only	50
61.	MeSH descriptor: [Trichotillomania] this term only	73
62.	("Acute Stress" or (Adjustment next/1 Disorder*) or (Adjustment next/1 react*) or ("Body Dysmorphic" next/1 Disorder*) or ("Body Image" next/1 Dysfunction*) or ("Body Image" next/1 Disorder*) or dermatillomani* or ("Disinhibited Social Engagement" next/1 Disorder*) or ("Disruptive Mood Dysregulation" next/1 Disorder*) or Dysmorphophobi* or (Excoriation next/1 disorder*) or "hair pulling" or "health anxiety" or Hoarding or Hypochondri* or "illness anxiety" or (mixed next/1 anxi*) or "mixed depressive" or mutism or ("Olfactory reference" next/1 disorder*) or ("Olfactory reference" next/1 syndrom*) or ((posttrauma* or (post next/1 trauma*)) NEAR/3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or (Premenstrual next/1 dysphori*) or (Premenstrual next/1 syndrom*) or ("Prolonged grief" next/1 disorder*) or PTSD or ("Reactive Attachment" next/1 Disorder*) or "skin picking" or Trichotillomani*):ti,ab,kw	9673
63.	{OR #51-#62}	9683
Combined sets		
64.	#63 AND #28	835
65.	#63 AND #35 AND #47	445
66.	#64 OR #65	857
67.	#50 OR #66	6725
68.	(ictrp):an OR (ctgov):an	332481
69.	#67 NOT #68	4499³⁷

The search result, usually found at the end of the documentation, forms the list of abstracts.

:au = Author

MeSH = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

this term only = Does not include terms found below this term in the MeSH hierarchy

:ti = title

:ab = abstract

:kw = keyword

* = Truncation

“ “ = Citation Marks; searches for an exact phrase

NEAR/x = Finds the terms when they are within x words of each other. Terms can appear in either order

NEXT/x = Finds the terms when they appear next to each other. Terms must appear in the order specified

CDSR = Cochrane Database of Systematic Review

CENTRAL = Cochrane Central Register of Controlled Trials, “trials”

³⁷ The results from the literature search update on May 31 2021, numbers for all other search lines are from the literature search on October 20 2020.

Embase via Elsevier 26 August 2021

Title: Internet-delivered psychological treatment

Search terms	Items found ³⁸
Population: Anxiety and depression	
1. 'adjustment disorder'/de	4,515
2. 'anxiety'/exp	220,667
3. 'anxiety disorder'/exp	254,862
4. 'body dysmorphic disorder'/de	3,071
5. 'depression'/de OR 'adolescent depression'/de OR 'agitated depression'/de OR 'atypical depression'/de OR 'chronic depression'/de OR 'depressive psychosis'/de OR 'dysphoria'/de OR 'dysthymia'/de OR 'endogenous depression'/de OR 'involutional depression'/de OR 'late life depression'/de OR 'major depression'/de OR 'masked depression'/de OR 'melancholia'/de OR 'minor depression'/de OR 'mixed anxiety and depression'/de OR 'mixed depression and dementia'/de OR 'mourning syndrome'/de OR 'organic depression'/de OR 'perinatal depression'/exp OR 'perry syndrome'/de OR 'post-stroke depression'/de OR 'postoperative depression'/de OR 'premenstrual dysphoric disorder'/de OR 'pseudodementia'/de OR 'reactive depression'/de OR 'recurrent brief depression'/de OR 'seasonal affective disorder'/de OR 'subsyndromal depression'/de OR 'treatment resistant depression'/de	462,339
6. 'hoarding'/de	324
7. 'hypochondriasis'/de	4,433
8. 'mood disorder'/de	44,090
9. 'major affective disorder'/de	427
10. 'minor affective disorder'/de	75
11. 'mutism'/exp	3,003
12. 'premenstrual syndrome'/de	6,240
13. 'psychotrauma'/exp	9,085
14. 'psychosocial disorder'/de	6,802
15. 'trichotillomania'/de	2,295
16. 'dermatillomania'/exp	14
17. 'disinhibited social engagement disorder'/de	16
18. 'disruptive mood dysregulation disorder'/de	95
19. 'excoriation disorder'/de	28
20. 'olfactory reference syndrome'/de	59
21. 'prolonged grief'/exp	455
22. acrophobi*:ti,kw OR 'acute stress':ti,kw OR 'adjustment disorder*':ti,kw OR 'adjustment react*':ti,kw OR aerophobi*:ti,kw OR 'affective disorder*':ti,kw OR agoraphobi*:ti,kw OR anxiety*:ti,kw OR anxieties:ti,kw OR anxiodepressive:ti,kw OR anxious*:ti,kw OR arachnophobi*:ti,kw OR 'attachment disorder*':ti,kw OR aviophobi*:ti,kw OR 'body dysmorphic disorder*':ti,kw OR 'body image disfunction*':ti,kw OR 'body image disorder*':ti,kw OR dentophobi*:ti,kw OR depressed:ti,kw OR depression:ti,kw OR depressive:ti,kw OR depressiveness:ti,kw OR depressivity:ti,kw OR dermatillomani*:ti,kw OR 'disinhibited social engagement disorder*':ti,kw OR 'disruptive mood dysregulation disorder':ti,kw OR dysmorphophobi*:ti,kw OR dysphoria:ti,kw OR 'dysphori* disorder*':ti,kw OR 'dysphori* syndrom*':ti,kw OR dysthymi*:ti,kw OR emetophobi*:ti,kw OR 'excoriation disorder*':ti,kw OR gad:ti,kw OR glossophobi*:ti,kw OR 'hair pulling':ti,kw OR hoarding:ti,kw OR hypochondri*:ti,kw OR mdd:ti,kw OR melanchol*:ti,kw OR 'mood disorder*':ti,kw OR mute:ti,kw OR mutism:ti,kw OR 'obsessive compulsive':ti,kw OR ocd:ti,kw OR odontophobi*:ti,kw OR 'olfactory reference syndrome*':ti,kw OR 'olfactory reference disorder*':ti,kw OR ophidiophobi*:ti,kw OR panic:ti,kw OR phobi*:ti,kw OR (((posttrauma* OR 'post trauma*') NEAR/3 (disorder* OR neuros* OR psych* OR stress* OR symptom* OR syndrom*)):ti,kw OR 'premenstrual syndrom*':ti,kw OR 'prolonged grief disorder*':ti,kw OR ptsd:ti,kw OR 'reactive disorder*':ti,kw OR 'skin picking':ti,kw OR 'transient situational disturbance':ti,kw OR 'traumatic stress':ti,kw OR trichotillomani*:ti,kw	380,842

³⁸ Search results from the search line marked in bold (the results exported from the database) are from a literature search update on August 26 2021, all other search results are from the literature search on October 20 2020.

23.	#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22	850,602
Intervention: Internet-delivered psychological treatment		
24.	'web-based intervention'/de	530
25.	'teleconsultation'/de OR 'e-counseling'/de OR 'self-care software'/de OR 'therapy software'/de OR 'cognitive therapy software'/de	10,415
26.	'telemedicine'/de	26,435
27.	'telepsychiatry'/de	786
28.	'teletherapy'/de	679
29.	'computer assisted therapy'/de	4,611
30.	'digital health'/de	51
31.	'telehealth'/de	7,522
32.	'mhealth'/de	36
33.	ccbt:ti,ab,kw OR 'c cbt':ti,ab,kw OR 'cyber counseling':ti,ab,kw OR 'cyber counselling':ti,ab,kw OR cybercounseling:ti,ab,kw OR cybercounseling:ti,ab,kw OR 'digital health':ti,ab,kw OR 'e consultation':ti,ab,kw OR ecbt:ti,ab,kw OR 'e cbt':ti,ab,kw OR econsultation:ti,ab,kw OR 'e counseling':ti,ab,kw OR 'e counselling':ti,ab,kw OR ecounseling:ti,ab,kw OR ecounseling:ti,ab,kw OR 'e health':ti,ab,kw OR ehealth:ti,ab,kw OR emedicine:ti,ab,kw OR 'e medicine':ti,ab,kw OR 'emental health*':ti,ab,kw OR 'e-mental health*':ti,ab,kw OR 'e portal':ti,ab,kw OR eportal:ti,ab,kw OR epsych*':ti,ab,kw OR 'e psych*':ti,ab,kw OR 'e therapy':ti,ab,kw OR etherapy:ti,ab,kw OR 'i cbt':ti,ab,kw OR icbt:ti,ab,kw OR 'm health':ti,ab,kw OR mhealth:ti,ab,kw OR 'mobile health':ti,ab,kw OR deprefix:ti,ab,kw OR interapy:ti,ab,kw OR wechat*':ti,ab,kw	21,146
34.	((android OR app OR apps OR blackberry OR cellphone OR 'cell* phone*' OR 'mobile phone*' OR 'smart phone*' OR chat* OR computer* OR cyber* OR digital OR 'electronic mail*' OR 'e mail' OR email OR 'handheld device*' OR 'instant messag*' OR internet* OR ipad* OR 'i pad*' OR iphone* OR 'i phone*' OR messaging OR 'mobile application*' OR online* OR 'on line*' OR 'personal digital assistant*' OR 'short messag*' OR smartphone* OR sms OR tablet* OR 'text messag*' OR texting OR webbased OR webdeliver* OR 'web based' OR 'web deliver*' OR website*) NEAR/10 (act OR 'attention modification' OR 'attention bias modification' OR 'attention training' OR 'behavio* activat*' OR "behavio* component\$" OR 'behavio* guidance' OR 'behavio* management' OR 'behavio* modif*' OR 'behavio* rehab*' OR 'behavio* restructur*' OR 'behavio* technique*' OR 'behavio* train*' OR 'cognitive activat*' OR 'cognitive defusion' OR 'cognitive guidance' OR 'cognitive management' OR 'cognitive modif*' OR 'cognitive rehab*' OR 'cognitive restructur*' OR 'cognitive technique*' OR 'cognitive train*' OR cbt OR ccbt OR 'cognitive behavio*' OR consultation* OR counseling OR counselling OR dbt OR 'dialectical behavio*' OR hypnosis OR hypnotherapy OR intervention* OR meditation OR 'memory specificity training' OR mindfulness OR 'minimal therapist support' OR 'motivational interviewing' OR program* OR psychoanaly* OR 'psycho analy*' OR psychodrama OR 'psycho drama*' OR psychodynamic OR psychoeducat* OR 'psycho educat*' OR psychotherap* OR relaxation OR 'self care' OR selfcare OR 'self help' OR selfhelp OR 'self administered' OR selfadministered OR 'self management' OR support OR therap* OR treatment*)):ti,kw	29,903
35.	#24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34	87,368
Intervention: Internet		
36.	'mobile phone'/exp	30,080
37.	'personal digital assistant'/de	1,500
38.	'e-mail'/de	22,052
39.	'internet'/de	109,450
40.	'mobile application'/exp	13,083
41.	android:ti OR app:ti OR apps:ti OR blackberry:ti OR cellphone:ti OR (((cell* OR mobile OR smart) NEAR/3 (phone* OR telephone*)):ti) OR chat*:ti OR computer*:ti OR cyber*:ti OR digital:ti OR 'electronic mail*':ti OR 'e mail':ti OR email:ti OR 'handheld device*':ti OR 'instant messag*':ti OR internet*:ti OR ipad*:ti OR 'i pad*':ti OR iphone*:ti OR 'i phone*':ti OR messaging:ti OR 'mobile application*':ti OR online*:ti OR 'on line*':ti OR 'personal digital assistant*':ti OR 'short messag*':ti OR smartphone*:ti OR sms:ti OR tablet*:ti OR 'text messag*':ti OR texting:ti OR webbased:ti OR webdeliver*:ti OR 'web based':ti OR 'web deliver*':ti OR website*:ti	264,726
42.	#36 OR #37 OR #38 OR #39 OR #40 OR #41	373,917

Intervention: Psychological treatment		
43.	'counseling'/de	69,236
44.	'directive counseling'/de	861
45.	'motivational interviewing'/de	5,040
46.	'patient counseling'/de	45,310
47.	'patient guidance'/de	1,430
48.	'psychotherapy'/exp	274,496
49.	'self care'/de	59,924
50.	'self help'/de	13,995
51.	therapy:lnk	5,122,081
52.	behavio*:ti OR cognitive:ti	473,980
53.	act:ti,ab,kw OR ((attention NEAR/2 modification):ti,ab,kw) OR 'attention training':ti,ab,kw OR (((behavio* OR cognitive) NEAR/2 (activat* OR component\$ OR contracting OR defusion OR guidance OR management OR modif* OR rehab* OR restructur* OR technique* OR train*)):ti,ab,kw) OR cbt:ti,ab,kw OR 'cognitive behavio*':ti,ab,kw OR consultation*:ti,ab,kw OR counseling:ti,ab,kw OR counselling:ti,ab,kw OR dbt:ti,ab,kw OR 'dialectical behavio*':ti,ab,kw OR hypnosis:ti,ab,kw OR hypnotherapy:ti,ab,kw OR intervention*:ti,ab,kw OR meditation:ti,ab,kw OR 'memory specificity training':ti,ab,kw OR mindfulness:ti,ab,kw OR 'minimal therapist support':ti,ab,kw OR 'motivational interviewing':ti,ab,kw OR program*:ti,ab,kw OR psychoanal*:ti,ab,kw OR 'psycho analy*':ti,ab,kw OR psychodrama:ti,ab,kw OR 'psycho drama*':ti,ab,kw OR psychodynamic:ti,ab,kw OR psychoeducat*:ti,ab,kw OR 'psycho educat*':ti,ab,kw OR psychotherap*:ti,ab,kw OR relaxation:ti,ab,kw OR (((('self care' OR selfcare OR 'self help' OR selfhelp) NEAR/3 (administered OR guided OR instruct* OR strateg* OR supervised OR tool*)):ti,ab,kw) OR (((('self administered' OR selfadministered) NEAR/3 (guided OR instruct* OR strateg* OR supervised)):ti,ab,kw) OR 'self management':ti,ab,kw OR support:ti,ab,kw OR therap*:ti,ab,kw OR treatment*:ti,ab,kw	11,312,661
54.	#43 OR #44 OR #45 OR #46 OR #47 OR #48 OR #49 OR #50 OR #51 OR #52 OR #53	13,824,571
Combined sets		
55.	#23 AND #35	7,639
56.	#23 AND #42 AND #54	10,010
57.	#55 OR #56	13,096
58.	(#55 OR #56) AND [2012-2021]/py	9,481
59.	(#55 OR #56) AND [2012-2021]/py AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim)	9,312
Study types: Randomized controlled trials³⁹		
60.	'crossover procedure':de OR 'double-blind procedure':de OR 'randomized controlled trial':de OR 'single-blind procedure':de OR random*:de,ab,ti OR factorial*:de,ab,ti OR crossover*:de,ab,ti OR ((cross NEXT/1 over*):de,ab,ti) OR placebo*:de,ab,ti OR ((doubl* NEAR/1 blind*):de,ab,ti) OR ((singl* NEAR/1 blind*):de,ab,ti) OR assign*:de,ab,ti OR allocat*:de,ab,ti OR volunteer*:de,ab,ti	2,632,165
Combined sets		
61.	#59 AND #60	3,759
Population: Anxiety and depression		
62.	'premenstrual dysphoric disorder'/de	1,300
63.	'mutism'/exp	3,003
64.	'hypochondriasis'/de	4,433
65.	'health anxiety'/de	69
66.	'body dysmorphic disorder'/exp	3,133
67.	'olfactory reference syndrome'/de	59
68.	'hoarding disorder'/exp	621
69.	'trichotillomania'/de	2,295
70.	'excoriation disorder'/de	28
71.	'excoriation'/de	65
72.	'skin picking disorder'/de	106

³⁹ Lefebvre C, Manheimer E, Glanville J. Embase search strategy for finding RCTs in Embase, amended to embase.com format. The Cochrane Collaboration; 2011. [accessed Jan 18 2021]. Available from: <https://work.cochrane.org/embase>.

73.	'skin picking'/de	59
74.	'psychosocial disorder'/de	6,802
75.	'disinhibited social engagement disorder'/de	16
76.	'posttraumatic stress disorder'/de	63,318
77.	'acute stress disorder'/de	1,447
78.	'acute stress'/de	5,487
79.	'adjustment disorder'/de	4,515
80.	'prolonged grief'/exp	455
81.	'acute stress':ti,kw OR 'adjustment disorder*':ti,kw OR 'adjustment react*':ti,kw OR 'body dysmorphic disorder*':ti,kw OR 'body image disfunction*':ti,kw OR 'body image disorder*':ti,kw OR 'dermatillomani*':ti,kw OR 'disinhibited social engagement disorder*':ti,kw OR 'disruptive mood dysregulation disorder*':ti,kw OR 'dysmorphophobi*':ti,kw OR 'excoriation disorder*':ti,kw OR 'hair pulling':ti,kw OR 'health anxiety':ti,kw OR hoarding:ti,kw OR hypochondri*':ti,kw OR 'illness anxiety':ti,kw OR 'mixed anxiety*':ti,kw OR 'mixed depressive':ti,kw OR mutism:ti,kw OR 'olfactory reference disorder*':ti,kw OR 'olfactory reference syndrom*':ti,kw OR (((posttrauma* OR 'post trauma*') NEAR/3 (disorder* OR neuros* OR psych* OR stress* OR symptom* OR syndrom*)):ti,kw) OR 'premenstrual dysphori*':ti,kw OR 'premenstrual syndrom*':ti,kw OR 'prolonged grief disorder*':ti,kw OR ptsd:ti,kw OR 'reactive attachment disorder*':ti,kw OR 'skin picking':ti,kw OR trichotillomani*':ti,kw	46,100
82.	#62 OR #63 OR #64 OR #65 OR #66 OR #67 OR #68 OR #69 OR #70 OR #71 OR #72 OR #73 OR #74 OR #75 OR #76 OR #77 OR #78 OR #79 OR #80 OR #81	102,688
Combined sets		
83.	#35 AND #82	980
84.	#42 AND #54 AND #82	977
85.	#83 OR #84	1,501
86.	#60 AND #85	519
87.	#86 AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim)	512
88.	#61 OR #87	4825⁴⁰

The search result, usually found at the end of the documentation, forms the list of abstracts.

/de= Term from the EMTREE controlled vocabulary

/exp= Includes terms found below this term in the EMTREE hierarchy

/mj = Major Topic

:ab = Abstract

:au = Author

:ti = Article Title

:ti:ab = Title or abstract

* = Truncation

'' = Citation Marks; searches for an exact phrase

NEAR/x = Requests terms that are within 'x' words of each other in either direction

⁴⁰ The results from the literature search update on August 26 2021, numbers for all other search lines are from the literature search on October 20 2020.

Medline via OvidSP 26 August 2021
Title: Internet-delivered psychological treatment

Search terms	Items found ⁴¹
Population: Anxiety and depression	
1. Adjustment Disorders/	4222
2. exp Anxiety/	86593
3. exp Anxiety Disorders/	79829
4. Body Dysmorphic Disorders/	1027
5. Depression/	120979
6. Hoarding/	195
7. Hypochondriasis/	2311
8. exp Mood Disorders/	122847
9. Mutism/	1064
10. Panic/	2622
11. exp Premenstrual Syndrome/	4054
12. exp Psychological Trauma/	1358
13. Reactive Attachment Disorder/	569
14. Stress Disorders, Post-Traumatic/	33165
15. Stress Disorders, Traumatic/	704
16. Stress Disorders, Traumatic, Acute/	475
17. Trichotillomania/	975
18. "Trauma and Stressor Related Disorders"/	83
19. (acrophobi* or acute stress or adjustment disorder* or adjustment react* or aerophobi* or affective disorder* or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or attachment disorder* or aviophobi* or body dysmorphic disorder* or body image disfunction* or body image disorder* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or disinhibited social engagement disorder* or disruptive mood dysregulation disorder or dysmorphophobi* or dysphoria or dysphori* disorder* or dysphori* syndrom* or dysthymi* or emetophobi* or excoriation disorder* or GAD or glossophobi* or hair pulling or hoarding or hypochondri* or MDD or melanchol* or mood disorder* or mute or mutism or obsessive compulsive or OCD or odontophobi* or olfactory reference syndrome* or olfactory reference disorder* or ophidiophobi* or panic or phobi* or ((posttrauma* or post trauma*) adj3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or premenstrual syndrom* or prolonged grief disorder* or PTSD or reactive disorder* or skin picking or transient situational disturbance or traumatic stress or trichotillomani*).ti,ab,kf.	638166
20. or/1-19	727541
Intervention: Internet-delivered psychological treatment	
21. Computer-Assisted Instruction/	11913
22. Internet-Based Intervention/	238
23. exp Remote Consultation/	4934
24. Telemedicine/	24365
25. Therapy, Computer-Assisted/	6817
26. (cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or digital health or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or emental health* or e-mental health* or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or mobile health or Deprexis or Interapy or WeChat*).ti,ab,kf.	17772

⁴¹ Search results from the search line marked in bold (the results exported from the database) are from a literature search update on August 26 2021, all other search results are from the literature search on October 20 2020.

27.	((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) adj3 (phone* or telephone*)) or chat* or Computer* or cyber* or digital or electronic mail* or e-mail or email or handheld-device* or instant messag* or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or mobile application* or Online* or on-line* or personal digital assistant* or short messag* or Smartphone* or SMS or tablet* or text messag* or texting or webbased or webdeliver* or web-based or web-deliver* or Website*) adj10 (ACT or (attention adj2 modification) or attention training or ((behavio* or cognitive) adj2 (activat* or component? or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or Ccbt or Cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or memory specificity training or mindfulness or minimal therapist support or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) adj3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) adj3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*).ti,ab,kf.	97728
28.	or/21-27	144132
Intervention: Internet		
29.	exp Cell Phone/	10952
30.	exp Computers, Handheld/	8304
31.	Electronic Mail/	2710
32.	Internet/	73659
33.	Mobile Applications/	6398
34.	(android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) adj3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or electronic mail* or e-mail or email or handheld device* or instant messag* or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or mobile application* or online* or on-line* or personal digital assistant* or short messag* or smartphone* or SMS or tablet* or text messag* or texting or webbased or webdeliver* or web-based or web-deliver* or website*).ti.	207806
35.	or/29-34	262624
Intervention: Psychological treatment		
36.	Counseling/	36096
37.	exp Directive Counseling/	4254
38.	Motivation/	68020
39.	exp Psychotherapy/	197173
40.	exp Relaxation Therapy/	9134
41.	Self Care/	33357
42.	Self-Help Groups/	9142
43.	Self-Management/	2505
44.	therapy.fs.	1881669
45.	(behavio* or cognitive).ti.	394395
46.	(ACT or (attention adj2 modification) or attention training or ((behavio* or cognitive) adj2 (activat* or component? or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or Cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or memory specificity training or mindfulness or minimal therapist support or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) adj3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) adj3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*).ti,ab,kf.	8422514
47.	or/36-46	9464535
Combined sets		
48.	20 and 28	9217
49.	20 and 35 and 47	6533
50.	48 or 49	10958
51.	limit 50 to yr="2012 -Current"	7756

52.	limit 51 to (danish or english or norwegian or swedish)	7587
Study types: Randomized controlled trials⁴²		
53.	randomized controlled trial.pt.	515393
54.	controlled clinical trial.pt.	93890
55.	(randomized or randomised).ab.	592617
56.	placebo.ab.	211639
57.	drug therapy.fs.	2243657
58.	randomly.ab.	342752
59.	trial.ab.	523451
60.	groups.ab.	2103430
61.	(phase 3 or phase3 or phase III).ti,ab.	48971
62.	or/53-61	4842092
63.	exp animals/ not humans/	4744967
64.	62 not 63	4206354
Combined sets		
65.	52 and 64	4175
Population: Anxiety and depression		
66.	Adjustment Disorders/	4222
67.	Body Dysmorphic Disorders/	1027
68.	Hoarding/	195
69.	Hoarding Disorder/	257
70.	Hypochondriasis/	2311
71.	Mutism/	1064
72.	exp Premenstrual Syndrome/	4054
73.	Reactive Attachment Disorder/	569
74.	Stress Disorders, Post-Traumatic/	33165
75.	Stress Disorders, Traumatic, Acute/	475
76.	Trichotillomania/	975
77.	(Acute Stress or Adjustment Disorder* or Adjustment react* or Body Dysmorphic Disorder* or Body Image Disfunction* or Body Image Disorder* or dermatillomani* or Disinhibited Social Engagement Disorder* or Disruptive Mood Dysregulation Disorder* or Dysmorphophobi* or Excoriation disorder* or hair pulling or health anxiety or Hoarding or Hypochondri* or illness anxiety or mixed anxi* or mixed depressive or mutism or Olfactory reference disorder* or Olfactory reference syndrom* or ((posttrauma* or post trauma*) adj3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or Premenstrual dysphori* or Premenstrual syndrom* or Prolonged grief disorder* or PTSD or Reactive Attachment Disorder* or skin picking or Trichotillomani*).ti,ab,kf.	64070
78.	or/66-77	80241
Combined sets		
79.	78 and 28	1042
80.	78 and 35 and 47	654
81.	79 or 80	1218
82.	limit 81 to (danish or english or norwegian or swedish)	1180
83.	64 and 82	550
84.	65 or 83	5439⁴³

The final search result, usually found at the end of the documentation, forms the list of abstracts.

⁴² Cochrane Highly Sensitive Search Strategy for identifying randomized trials in MEDLINE: sensitivity- and precision-maximizing version (2008 revision); Ovid format. The Cochrane Collaboration; 2008. [accessed Jan 18 2021]. Available from: <https://training.cochrane.org/handbook/current/chapter-04-technical-supplement-searching-and-selecting-studies#section-3-6-1>. with modifications: the terms “randomised”, “phase 3”, “phase3”, “phase III” are added

⁴³ The results from the literature search update on August 26 2021, numbers for all other search lines are from the literature search on October 20 2020.

.ab. =Abstract

.ab,ti. = Abstract or title

.af.= All fields

.bt.= Book title

Exp= Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

.fs.= Floating Sub-Heading

.hw.= Subject Heading Word

.kf.= Keyword heading word

.pt.= Publication Type

.sh.= Term from the Medline controlled vocabulary

.ti. = Title

/ = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy

* = Focus (if found in front of a MeSH-term)

* or \$= Truncation (if found at the end of a free text term)

.mp=text, heading word, subject area node, title

“ “ = Citation Marks; searches for an exact phrase

ADJn= positional operator that lets you retrieve records that contain your terms (in any order) within a specified number (n) of words of each other.

Psychology and Behavioral Sciences Collection via EBSCO 27 August 2021

Title: Internet-delivered psychological treatment

Search terms	Items found ⁴⁴
Population: Anxiety and depression	
1. (DE "ADJUSTMENT disorders" OR DE "ADJUSTMENT disorders in children" OR DE "ANXIETY" OR DE "CASTRATION anxiety" OR DE "COMPETITIVE state anxiety" OR DE "COMPUTER anxiety" OR DE "DEFENSIVENESS (Psychology)" OR DE "FEAR of dentists" OR DE "FEAR of needles" OR DE "LIBRARY anxiety" OR DE "MATH anxiety" OR DE "NERVOUS habits" OR DE "PANIC disorders" OR DE "PERFORMANCE anxiety" OR DE "SEPARATION anxiety" OR DE "SOCIAL anxiety" OR DE "SPEECH anxiety" OR DE "TEST anxiety" OR DE "ANXIETY in children" OR DE "SEPARATION anxiety in children" OR DE "SOCIAL phobia in children" OR DE "ANXIETY in old age" OR DE "ANXIETY in women" OR DE "ANXIETY in youth" OR DE "ANXIETY in adolescence" OR DE "SEPARATION anxiety in adolescence" OR DE "SOCIAL phobia in adolescence" OR DE "ANXIETY diagnosis" OR DE "ANXIETY disorders treatment" OR DE "ANXIETY treatment" OR DE "ALTERNATIVE treatment for anxiety" OR DE "ANXIETY disorders" OR DE "GENERALIZED anxiety disorder" OR DE "PANIC disorders" OR DE "PANIC attacks" OR DE "AFFECTIVE disorders" OR DE "MENTAL depression" OR DE "SEASONAL affective disorder" OR DE "DEPRESSION in adolescence" OR DE "DEPRESSION in children" OR DE "DEPRESSION in college students" OR DE "DEPRESSION in men" OR DE "DEPRESSION in old age" OR DE "DEPRESSION in women" OR DE "DYSTHYMIC disorder" OR DE "POSTPARTUM depression" OR DE "PSYCHOTIC depression" OR DE "MELANCHOLY" OR DE "BODY dysmorphic disorder" OR DE "BODY image disturbance" OR DE "OLFACTORY reference syndrome" OR DE "COMPULSIVE hoarding" OR DE "COMPULSIVE hoarders" OR DE "HYPOCHONDRIA" OR DE "MUTISM" OR DE "SELECTIVE mutism" OR DE "MUTE persons" OR DE "PANIC" OR DE "PANIC disorder diagnosis" OR DE "PANIC disorder treatment" OR DE "PREMENSTRUAL syndrome" OR DE "PREMENSTRUAL syndrome treatment" OR DE "EMOTIONAL trauma" OR DE "ACUTE stress disorder" OR DE "EMOTIONAL trauma in adolescence" OR DE "EMOTIONAL trauma in children" OR DE "ATTACHMENT disorder in children" OR DE "ATTACHMENT disorder" OR DE "ATTACHMENT disorder in adolescence" OR DE "POST-traumatic stress disorder" OR DE "POST-traumatic stress disorder in children" OR DE "POST-traumatic stress" OR DE "POST-traumatic stress disorder in old age" OR DE "COMPULSIVE hair pulling" OR DE "COMPULSIVE skin picking" OR DE "PHOBIAS" OR DE "ACROPHOBIA" OR DE "AGORAPHOBIA" OR DE "ANTHROPOPHOBIA" OR DE "ANXIETY sensitivity" OR DE "AQUAPHOBIA" OR DE "ARACHNOPHOBIA" OR DE "AUTOPHOBIA" OR DE "BIPHOBIA" OR DE "CLAUSTROPHOBIA" OR DE "COMPUTER anxiety" OR DE "EROTOPHOBIA" OR DE "FEAR of blood" OR DE "FEAR of clowns" OR DE "FEAR of contamination" OR DE "FEAR of dentists" OR DE "FEAR of diseases" OR DE "FEAR of doctors" OR DE "FEAR of failure" OR DE "FEAR of falling" OR DE "FEAR of medical care" OR DE "FEAR of needles" OR DE "FEAR of spirits" OR DE "FEAR of success" OR DE "HOMOPHOBIA" OR DE "NEOPHOBIA" OR DE "SCHOOL phobia" OR DE "SOCIAL phobia" OR DE "SOCIAL phobia in adolescence" OR DE "TECHNOPHOBIA" OR DE "TRANSPHOBIA" OR DE "XENOPHOBIA" OR DE "OBSESSIVE-compulsive disorder" OR DE "COMPULSIVE washing" OR DE "OBSESSIVE-compulsive disorder in adolescence" OR DE "OBSESSIVE-compulsive disorder in children" OR DE "OBSESSIVE-compulsive personality disorder" OR DE "DIAGNOSIS of obsessive-compulsive disorder" OR DE "ALTERNATIVE treatment for obsessive-compulsive disorder" OR DE "DISRUPTIVE mood dysregulation disorder" OR DE "OLFACTORY reference syndrome")	59,637

⁴⁴ Search results from the search line marked in bold (the results exported from the database) are from a literature search update on August 27 2021, all other search results are from the literature search on October 20 2020.

Search terms	Items found ⁴⁴
2. TI ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)) OR AB ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*))	106,491
3. S1 OR S2	114,590
Intervention: Internet-delivered psychological treatment	
4. (DE "COMPUTER assisted instruction" OR DE "TELECOMMUNICATION in psychotherapy" OR DE "INTERNET in psychotherapy" OR DE "TELEPHONE in psychotherapy" OR DE "TELEMEDICINE" OR DE "WIRELESS communications in medical care" OR DE "INTERNET counseling")	2,392
5. TI ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*)) OR AB ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*))	801

Search terms	Items found ⁴⁴
6. TI (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR AB (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)))	13,840
7. S4 OR S5 OR S6	15,945
Intervention: Internet	
8. (DE "CELL phones" OR DE "SMARTPHONES" OR DE "TEXT messages (Telephone systems)" OR DE "POCKET computers" OR DE "ATRIX (Smartphone)" OR DE "BLACKBERRY (Smartphone)" OR DE "BLACKBERRY Bold (Smartphone)" OR DE "BLACKBERRY Curve (Smartphone)" OR DE "BLACKBERRY Pearl (Smartphone)" OR DE "BLACKBERRY Storm (Smartphone)" OR DE "DROID (Smartphone)" OR DE "FIRE (Smartphone)" OR DE "G1 (Smartphone)" OR DE "HTC One (Smartphone)" OR DE "IPHONE (Smartphone)" OR DE "NEXUS One (Smartphone)" OR DE "NOKIA smartphones" OR DE "PALM Pre (Smartphone)" OR DE "SAMSUNG Galaxy Nexus (Smartphone)" OR DE "SAMSUNG Galaxy Note (Smartphone)" OR DE "SAMSUNG Galaxy S (Smartphone)" OR DE "TABLET computers" OR DE "BLACKBERRY PlayBook (Computer)" OR DE "IPADS" OR DE "KINDLE Fire (Computer)" OR DE "MICROSOFT Surface (Computer)" OR DE "NEWTON (Computer)" OR DE "NEXUS 10 (Computer)" OR DE "NEXUS 7 (Computer)" OR DE "TABLET computers in education" OR DE "XOOM (Computer)" OR DE "EMAIL" OR DE "INSTANT messaging" OR DE "ONLINE chat" OR DE "INTERNET" OR DE "MOBILE apps" OR DE "IPHONE mobile apps" OR DE "TABLET mobile apps" OR DE "MOBILE computing" OR DE "MULTIMEDIA computer applications" OR DE "INTERNET videoconferencing" OR DE "COMPUTER conferencing" OR DE "VIDEO chat services (Internet)")	5,781

Search terms	Items found ⁴⁴
9. TI (android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or "handheld device*" or "instant messag*" or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or website*)	19,470
10. S8 OR S9	22,459
Intervention: Psychological treatment	
11. (((((((((((DE "COUNSELING psychology") OR (DE "MOTIVATIONAL interviewing")) OR (DE "PSYCHOTHERAPY" OR DE "ADOLESCENT psychotherapy" OR DE "ADVENTURE therapy" OR DE "ANGER management therapy" OR DE "ART therapy" OR DE "ASSERTIVENESS training" OR DE "AUTOGENIC training" OR DE "AVERSION therapy" OR DE "BEHAVIOR therapy" OR DE "BIBLIOTHERAPY" OR DE "BIOFEEDBACK training" OR DE "BRIEF psychotherapy" OR DE "CHILD psychotherapy" OR DE "CLIENT-centered psychotherapy" OR DE "COGNITIVE therapy" OR DE "COMMUNICATIVE psychotherapy" OR DE "CONJOINT therapy" OR DE "DESENSITIZATION (Psychotherapy)" OR DE "DEVELOPMENTAL therapy" OR DE "DIFFERENTIAL therapeutics in psychiatry" OR DE "DRAMA therapy" OR DE "DUAL-brain therapy" OR DE "ECLECTIC psychotherapy" OR DE "EMOTION-focused therapy" OR DE "EMOTIONAL Freedom Techniques" OR DE "ENVIRONMENTAL psychology" OR DE "ERHARD seminars training" OR DE "ETHICAL therapy" OR DE "EXISTENTIAL psychotherapy" OR DE "FEELING therapy" OR DE "FREE association (Psychology)" OR DE "GESTALT therapy" OR DE "GRIEF therapy" OR DE "GROUP psychotherapy" OR DE "HUMANISTIC psychotherapy" OR DE "IMPASSE (Psychotherapy)" OR DE "INTENSIVE psychotherapy" OR DE "INTERPERSONAL & social rhythm therapy" OR DE "INTERPERSONAL psychotherapy" OR DE "LOGOTHERAPY" OR DE "MILIEU therapy" OR DE "MIND & body therapies" OR DE "MORITA psychotherapy" OR DE "MULTIMODAL psychotherapy" OR DE "MULTIPLE psychotherapy" OR DE "NAIKAN psychotherapy" OR DE "NARRATIVE therapy" OR DE "NATURE therapy" OR DE "NEUROLINGUISTIC programming" OR DE "PERSONAL construct therapy" OR DE "PHILOSOPHICAL counseling" OR DE "PRIMAL therapy" OR DE "PROBLEM-solving therapy" OR DE "PSYCHODYNAMIC psychotherapy" OR DE "RADICAL therapy (Psychotherapy)" OR DE "SOLUTION-focused therapy" OR DE "STRATEGIC therapy" OR DE "TRANSACTIONAL analysis" OR DE "TRANSPERSONAL psychotherapy")))) OR (DE "ADOLESCENT analysis" OR DE "ART therapy for teenagers" OR DE "BEHAVIOR therapy for teenagers" OR DE "BIBLIOTHERAPY for teenagers" OR DE "BRIEF psychotherapy for teenagers" OR DE "COGNITIVE therapy for teenagers" OR DE "GROUP psychotherapy for teenagers" OR DE "MEDIATION therapy for teenagers" OR DE "PSYCHODYNAMIC psychotherapy for teenagers")) OR (DE "BEHAVIOR modification")) OR (DE "ACCEPTANCE & commitment therapy" OR DE "COGNITIVE-analytic therapy" OR DE "COGNITIVE-experiential psychotherapy" OR DE "EXPOSURE therapy" OR DE "METACOGNITIVE therapy" OR DE "MINDFULNESS-based cognitive therapy" OR DE "RATIONAL emotive behavior therapy" OR DE "SCHEMA-focused cognitive therapy")) OR (DE "MINDFULNESS")) OR (DE "RELAXATION therapy")) OR (DE "HEALTH self-care")) OR (DE "SELF-help techniques")) OR (DE "SELF-management (Psychology)") OR (DE "MEDITATION")) OR (DE "PSYCHOEDUCATION"))	36,084

Search terms	Items found ⁴⁴
12. TI ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)) OR AB ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))	421,943
13. S11 OR S12	427,508
Combined sets	
14. S3 AND S7	2,453
15. S3 AND S10 AND S13	1,215
16. S14 OR S15	1,486
Limiters - Published Date: 20130101-20211231	
Study types: Randomized controlled trials	
17. (DE "RANDOMIZED controlled trials" OR DE "CLUSTER randomized controlled trials" OR DE "BLIND experiment" OR DE "PRE-tests & post-tests" OR DE "CLUSTER sampling" OR DE "SAMPLE size (Statistics)" OR DE "CROSSOVER trials" OR DE "COMPARATIVE studies" OR DE "COMPARATIVE method" OR DE "PLACEBOS (Medicine)" OR (TI (randomised OR randomized) OR AB (random*) OR TI (trial) OR AB (assigned OR allocated OR control) OR AB (control W5 group) OR AB (cluster W3 rct)))	172,643
Combined sets	
18. S16 AND S17	707
Population: Anxiety and depression	
19. (DE "DISRUPTIVE mood dysregulation disorder") OR DE "PREMENSTRUAL syndrome" OR DE "MUTISM" OR DE "SELECTIVE mutism" OR DE "HYPOCHONDRIA" OR DE "BODY dysmorphic disorder" OR DE "MUSCLE dysmorphia" OR DE "OLFACTORY reference syndrome" OR DE "COMPULSIVE hoarding" OR DE "COMPULSIVE hair pulling" OR DE "ATTACHMENT disorder in children" OR DE "POST-traumatic stress disorder" OR DE "BATTERED woman syndrome" OR DE "POST-traumatic stress disorder in children" OR DE "RAPE trauma syndrome" OR DE "POST-traumatic stress disorder in adolescence" OR DE "POST-traumatic stress disorder in children" OR DE "POST-traumatic stress disorder in old age" OR DE "POST-traumatic stress" OR DE "ACUTE stress disorder" OR DE "ADJUSTMENT disorders" OR DE "ADJUSTMENT disorders in children")	9,543

Search terms	Items found ⁴⁴
20. TI ("Acute Stress" or "Adjustment Disorder*" or "Adjustment react*" or "Body Dysmorphic Disorder*" or "Body Image Disfunction*" or "Body Image Disorder*" or "dermatillomani*" or "Disinhibited Social Engagement Disorder*" or "Disruptive Mood Dysregulation Disorder*" or "Dysmorphophobi*" or "Excoriation disorder*" or "hair pulling" or "health anxiety" or Hoarding or Hypochondri*" or "illness anxiety" or "mixed anxi*" or "mixed depressive" or mutism or "Olfactory reference disorder*" or "Olfactory reference syndrom*" or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "Premenstrual dysphori*" or "Premenstrual syndrom*" or "Prolonged grief disorder*" or PTSD or "Reactive Attachment Disorder*" or "skin picking" or Trichotillomani*) OR AB ("Acute Stress" or "Adjustment Disorder*" or "Adjustment react*" or "Body Dysmorphic Disorder*" or "Body Image Disfunction*" or "Body Image Disorder*" or "dermatillomani*" or "Disinhibited Social Engagement Disorder*" or "Disruptive Mood Dysregulation Disorder*" or "Dysmorphophobi*" or "Excoriation disorder*" or "hair pulling" or "health anxiety" or Hoarding or Hypochondri*" or "illness anxiety" or "mixed anxi*" or "mixed depressive" or mutism or "Olfactory reference disorder*" or "Olfactory reference syndrom*" or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "Premenstrual dysphori*" or "Premenstrual syndrom*" or "Prolonged grief disorder*" or PTSD or "Reactive Attachment Disorder*" or "skin picking" or Trichotillomani*)	14,915
21. S19 OR S20	16,683
Combined sets	
22. S7 AND S21	335
23. S10 AND S13 AND S21	115
24. S22 OR S23	356
25. S22 OR S23	356
26. S17 AND S25	164
27. S18 OR S26	836⁴⁵

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

SU = Subject Terms

ZC = Methodology Index

* = Truncation

“ ” = Citation Marks; searches for an exact phrase

⁴⁵ The results from the literature search update on August 27 2021, numbers for all other search lines are from the literature search on October 20 2020.

PsycInfo via EBSCO 27 August 2021

Title: Internet-delivered psychological treatment

Search terms	Items found ⁴⁶
Population: Anxiety and depression	
1. (DE "Stress and Trauma Related Disorders" OR DE "Acute Stress Disorder" OR DE "Adjustment Disorders" OR DE "Attachment Disorders" OR DE "Posttraumatic Stress Disorder" OR DE "Disinhibited Social Engagement Disorder" OR DE "Complex PTSD" OR DE "DESNOS" OR DE "Anxiety" OR DE "Anxiety Sensitivity" OR DE "Computer Anxiety" OR DE "Health Anxiety" OR DE "Mathematics Anxiety" OR DE "Performance Anxiety" OR DE "Social Anxiety" OR DE "Speech Anxiety" OR DE "Test Anxiety" OR DE "Anxiety Disorders" OR DE "Castration Anxiety" OR DE "Death Anxiety" OR DE "Generalized Anxiety Disorder" OR DE "Obsessive Compulsive Disorder" OR DE "Panic Attack" OR DE "Panic Disorder" OR DE "Phobias" OR DE "Separation Anxiety Disorder" OR DE "Trichotillomania" OR DE "Hoarding Disorder" OR DE "Hoarding Behavior" OR DE "Acrophobia" OR DE "Agoraphobia" OR DE "Claustrophobia" OR DE "Ophidiophobia" OR DE "School Phobia" OR DE "Social Phobia" OR DE "Affective Disorders" OR DE "Disruptive Mood Dysregulation Disorder" OR DE "Major Depression" OR DE "Anaclitic Depression" OR DE "Dysthymic Disorder" OR DE "Endogenous Depression" OR DE "Late Life Depression" OR DE "Postpartum Depression" OR DE "Reactive Depression" OR DE "Recurrent Depression" OR DE "Treatment Resistant Depression" OR DE "Seasonal Affective Disorder" OR DE "Atypical Depression" OR DE "Depression (Emotion)" OR DE "Body Dysmorphic Disorder" OR DE "Body Image Disturbances" OR DE "Hypochondriasis" OR DE "Premenstrual Dysphoric Disorder" OR DE "Premenstrual Syndrome" OR DE "Mutism" OR DE "Elective Mutism" OR DE "Panic" OR DE "Post-Traumatic Stress")	318,823

⁴⁶ Search results from the search line marked in bold (the results exported from the database) are from a literature search update on August 27 2021, all other search results are from the literature search on October 20 2020.

Search terms	Items found ⁴⁶
2. TI ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)) OR AB ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)) OR KW ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*))	514,046
3. S1 OR S2	532,055
Intervention: Internet-delivered psychological treatment	
4. (DE "Computer Assisted Therapy" OR DE "Telemedicine" OR DE "Online Therapy" OR DE "Teleconsultation" OR DE "Telepsychiatry" OR DE "Telepsychology" OR DE "Computer Assisted Instruction" OR DE "Digital Interventions" OR DE "Electronic Health Services" OR DE "Mobile Health")	27,533

Search terms	Items found ⁴⁶
5. TI ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*) OR AB ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*) OR KW ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or Deprexis or Interapy or WeChat*))	4,933

Search terms	Items found ⁴⁶
<p>6. TI (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counceling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanal* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR AB (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counceling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanal* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR KW (((android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or handheld-device* or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counceling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanal* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)))</p>	65,615
7. S4 OR S5 OR S6	85,784
Intervention: Internet	
8. (DE "Mobile Devices" OR DE "Mobile Phones" OR DE "Smartphones" OR DE "Tablet Computers" OR DE "Text Messaging" OR DE "Computer Mediated Communication" OR DE "Websites" OR DE "Internet" OR DE "Computer Applications" OR DE "Mobile Applications")	61,450

Search terms	Items found ⁴⁶
9. TI (android or app or apps or blackberry or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or chat* or computer* or cyber* or digital or "electronic mail*" or e-mail or email or "handheld device*" or "instant messag*" or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or "text messag*" or texting or webbased or webdeliver* or "web-based" or "web-deliver*" or website*)	90,368
10. S8 OR S9	117,912
Intervention: Psychological treatment	
11. ((((((((((((((DE "Counseling") OR (DE "Gerontological Counseling" OR DE "Grief Counseling" OR DE "Group Counseling")) OR (DE "Psychotherapy" OR DE "Adlerian Psychotherapy" OR DE "Adolescent Psychotherapy" OR DE "Multisystemic Therapy" OR DE "Affirmative Therapy" OR DE "Analytical Psychotherapy" OR DE "Autogenic Training" OR DE "Brief Psychotherapy" OR DE "Brief Relational Therapy" OR DE "Child Psychotherapy" OR DE "Play Therapy" OR DE "Client Centered Therapy" OR DE "Conversion Therapy" OR DE "Couples Therapy" OR DE "Eclectic Psychotherapy" OR DE "Emotion Focused Therapy" OR DE "Existential Therapy" OR DE "Experiential Psychotherapy" OR DE "Expressive Psychotherapy" OR DE "Eye Movement Desensitization Therapy" OR DE "Feminist Therapy" OR DE "Geriatric Psychotherapy" OR DE "Gestalt Therapy" OR DE "Empty Chair Technique" OR DE "Group Psychotherapy" OR DE "Encounter Group Therapy" OR DE "Therapeutic Community" OR DE "Guided Imagery" OR DE "Humanistic Psychotherapy" OR DE "Client Centered Therapy" OR DE "Hypnotherapy" OR DE "Age Regression (Hypnotic)" OR DE "Ericksonian Psychotherapy" OR DE "Posthypnotic Suggestions" OR DE "Individual Psychotherapy" OR DE "Insight Therapy" OR DE "Integrative Psychotherapy" OR DE "Schema Therapy" OR DE "Interpersonal Psychotherapy" OR DE "Logotherapy" OR DE "Narrative Therapy" OR DE "Network Therapy" OR DE "Persuasion Therapy" OR DE "Primal Therapy" OR DE "Psychoanalysis" OR DE "Adlerian Psychotherapy" OR DE "Brief Relational Therapy" OR DE "Dream Analysis" OR DE "Self-Analysis" OR DE "Psychodrama" OR DE "Psychodynamic Psychotherapy" OR DE "Psychotherapeutic Counseling" OR DE "Family Therapy" OR DE "Psychotherapeutic Techniques" OR DE "Active Listening" OR DE "Animal Assisted Therapy" OR DE "Autogenic Training" OR DE "Brief Relational Therapy" OR DE "Centering" OR DE "Cotherapy" OR DE "Dream Analysis" OR DE "Empty Chair Technique" OR DE "Ericksonian Psychotherapy" OR DE "Free Association" OR DE "Guided Imagery" OR DE "Life Review" OR DE "Mirroring" OR DE "Morita Therapy" OR DE "Motivational Interviewing" OR DE "Mutual Storytelling Technique" OR DE "Network Therapy" OR DE "Paradoxical Techniques" OR DE "Psychodrama" OR DE "Rational Emotive Behavior Therapy" OR DE "Reality Therapy" OR DE "Relationship Therapy" OR DE "Solution Focused Therapy" OR DE "Strategic Therapy" OR DE "Strategic Family Therapy" OR DE "Supportive Psychotherapy" OR DE "Transactional Analysis")) OR (DE "Marathon Group Therapy")) OR (DE "Conjoint Therapy" OR DE "Strategic Family Therapy" OR DE "Structural Family Therapy")) OR (DE "Behavior Modification" OR DE "Behavior Contracting" OR DE "Behavior Therapy" OR DE "Aversion Therapy" OR DE "Conversion Therapy" OR DE "Dialectical Behavior Therapy" OR DE "Exposure Therapy" OR DE "Implosive Therapy" OR DE "Reciprocal Inhibition Therapy" OR DE "Response Cost" OR DE "Systematic Desensitization Therapy" OR DE "Biofeedback Training" OR DE "Classroom Behavior Modification" OR DE "Contingency Management" OR DE "Token Economy Programs" OR DE "Fading (Conditioning)" OR DE "Omission Training" OR DE "Overcorrection" OR DE "Self-Management" OR DE "Self-Instructional Training" OR DE "Time Out")) OR (DE "Imaginal Exposure" OR DE "Implosive Therapy" OR DE "In Vivo Exposure" OR DE "Prolonged Exposure Therapy" OR DE "Systematic Desensitization Therapy" OR DE "Virtual Reality Exposure Therapy")) OR (DE "Cognitive Techniques" OR DE "Cognitive Restructuring" OR DE "Cognitive Therapy" OR DE "Self-Instructional Training")) OR (DE "Cognitive Behavior Therapy" OR DE "Acceptance and Commitment Therapy" OR DE "Cognitive Processing Therapy" OR DE "Prolonged Exposure Therapy")) OR (DE "Mindfulness-Based Interventions" OR DE "Mindfulness")) OR (DE "Meditation" OR DE "Relaxation Therapy" OR DE "Progressive Relaxation Therapy")) OR (DE "Psychoeducation")) OR (DE "Self-Help Techniques" OR DE "Self-Management" OR DE "Self-Instructional Training")) OR (DE "Anxiety Management")) OR (DE "Neuropsychological Rehabilitation" OR DE "Cognitive Rehabilitation")	344,374
12. TI (behavio* or cognitive)	365,509

Search terms	Items found ⁴⁶
13. TI ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)) OR AB ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)) OR KW ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))	1,934,632
14. S11 OR S12 OR S13	2,168,385
Combined sets	
15. S3 AND S7	11,290
16. S3 AND S10 AND S14	5,557
17. S15 OR S16	12,741
18. S15 OR S16	7,279
Limiters - Published Date: 20130101-20211231; Language: Danish, English, Norwegian, Swedish	
Study types: Randomized controlled trials	
19. ZC "treatment outcome/clinical trial" or DE "Clinical Trials" or DE "Placebo"	16,669
20. TX((randomi?ed) N3 (study or trial or design or method* or test* or assessment)) or TX((random*) N3 (assign* or alloca*)) or TX((singl* or doubl* or tripl* or trebl*)) N3 (blind* or dumm* or mask*)) or TX(clinical W2 trial*) or TX((singl* or doubl* or treb* or tripl*) W2 (blind* or mask*)) or TX(placebo*) or TX(randomly allocated) or TX(allocated N2 random*) or AB(randomi?ed N6 n=) or TI(controlled W3 trial*) or AB(controlled W3 trial*)	183,968
21. S19 OR S20	183,968
Combined sets	
22. S18 AND S21	2,513

Search terms		Items found ⁴⁶
Population: Anxiety and depression		
23.	(DE "Disruptive Mood Dysregulation Disorder" OR DE "Premenstrual Dysphoric Disorder" OR DE "Mutism" OR DE "Elective Mutism" OR DE "Hypochondriasis" OR DE "Health Anxiety" OR DE "Body Dysmorphic Disorder" OR DE "Hoarding Disorder" OR DE "Hoarding Behavior" OR DE "Trichotillomania" OR DE "Attachment Disorders" OR DE "Disinhibited Social Engagement Disorder" OR DE "Posttraumatic Stress Disorder" OR DE "Complex PTSD" OR DE "DESNOS" OR DE "Posttraumatic Stress" OR DE "Stress and Trauma Related Disorders" OR DE "Acute Stress Disorder" OR DE "Adjustment Disorders")	43,899
24.	TI ("Acute Stress" or "Adjustment Disorder*" or "Adjustment react*" or "Body Dysmorphic Disorder*" or "Body Image Disfunction*" or "Body Image Disorder*" or "dermatillomani*" or "Disinhibited Social Engagement Disorder*" or "Disruptive Mood Dysregulation Disorder*" or "Dysmorphophobi*" or "Excoriation disorder*" or "hair pulling" or "health anxiety" or Hoarding or Hypochondri*" or "illness anxiety" or "mixed anxi*" or "mixed depressive" or mutism or "Olfactory reference disorder*" or "Olfactory reference syndrom*" or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "Premenstrual dysphori*" or "Premenstrual syndrom*" or "Prolonged grief disorder*" or PTSD or "Reactive Attachment Disorder*" or "skin picking" or Trichotillomani*) OR AB ("Acute Stress" or "Adjustment Disorder*" or "Adjustment react*" or "Body Dysmorphic Disorder*" or "Body Image Disfunction*" or "Body Image Disorder*" or "dermatillomani*" or "Disinhibited Social Engagement Disorder*" or "Disruptive Mood Dysregulation Disorder*" or "Dysmorphophobi*" or "Excoriation disorder*" or "hair pulling" or "health anxiety" or Hoarding or Hypochondri*" or "illness anxiety" or "mixed anxi*" or "mixed depressive" or mutism or "Olfactory reference disorder*" or "Olfactory reference syndrom*" or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "Premenstrual dysphori*" or "Premenstrual syndrom*" or "Prolonged grief disorder*" or PTSD or "Reactive Attachment Disorder*" or "skin picking" or Trichotillomani*) OR KW ("Acute Stress" or "Adjustment Disorder*" or "Adjustment react*" or "Body Dysmorphic Disorder*" or "Body Image Disfunction*" or "Body Image Disorder*" or "dermatillomani*" or "Disinhibited Social Engagement Disorder*" or "Disruptive Mood Dysregulation Disorder*" or "Dysmorphophobi*" or "Excoriation disorder*" or "hair pulling" or "health anxiety" or Hoarding or Hypochondri*" or "illness anxiety" or "mixed anxi*" or "mixed depressive" or mutism or "Olfactory reference disorder*" or "Olfactory reference syndrom*" or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "Premenstrual dysphori*" or "Premenstrual syndrom*" or "Prolonged grief disorder*" or PTSD or "Reactive Attachment Disorder*" or "skin picking" or Trichotillomani*)	65,973
25.	S23 OR S24	70,607
Combined sets		
26.	S7 AND S25	1,521
27.	S10 AND S14 AND S25	558
28.	S26 OR S27	1,655
29.	S26 OR S27	1,592
Limiters - Language: Danish, English, Norwegian, Swedish		
30.	S21 AND S29	493
31.	S22 OR S30	3,217⁴⁷

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

⁴⁷ The results from the literature search update on August 27 2021, numbers for all other search lines are from the literature search on October 20 2020.

SU = Subject Terms

ZC = Methodology Index

* = Truncation

“ ” = Citation Marks; searches for an exact phrase

Scopus via Elsevier 20 October 2020

Title: Internet-delivered psychological treatment (citation search)

Search terms	Items found
Cited article	
1. EID(2-s2.0-84885857343 OR 2-s2.0-84877696974 OR 2-s2.0-84876125735 OR 2-s2.0-84872155895 OR 2-s2.0-84871506936 OR 2-s2.0-84871698689 OR 2-s2.0-84874095814 OR 2-s2.0-84867920546 OR 2-s2.0-84867571347 OR 2-s2.0-84865835083 OR 2-s2.0-84865061728 OR 2-s2.0-84865656264 OR 2-s2.0-84862336194 OR 2-s2.0-84867912876 OR 2-s2.0-84862606042 OR 2-s2.0-84861546447 OR 2-s2.0-84861378091 OR 2-s2.0-84864240487 OR 2-s2.0-84864224884 OR 2-s2.0-84860546451 OR 2-s2.0-84857365473 OR 2-s2.0-84858419037 OR 2-s2.0-82355161900 OR 2-s2.0-81755184077 OR 2-s2.0-80053576212 OR 2-s2.0-80053440909 OR 2-s2.0-80054002945 OR 2-s2.0-80052803455 OR 2-s2.0-80052246998 OR 2-s2.0-79959567851 OR 2-s2.0-79960039955 OR 2-s2.0-79959924181 OR 2-s2.0-79960006994 OR 2-s2.0-79952800922 OR 2-s2.0-79953036530 OR 2-s2.0-79951683551 OR 2-s2.0-78249259975 OR 2-s2.0-78651424402 OR 2-s2.0-78651292206 OR 2-s2.0-77957675037 OR 2-s2.0-77955268717 OR 2-s2.0-77956216738 OR 2-s2.0-77956200567 OR 2-s2.0-77955887970 OR 2-s2.0-77955119015 OR 2-s2.0-77952541921 OR 2-s2.0-77950626687 OR 2-s2.0-77950683819 OR 2-s2.0-77951085017 OR 2-s2.0-77953846865 OR 2-s2.0-71049146017 OR 2-s2.0-71049122698 OR 2-s2.0-77950628924 OR 2-s2.0-68849120902 OR 2-s2.0-70450200719 OR 2-s2.0-70449412478 OR 2-s2.0-69649106153 OR 2-s2.0-68849130879 OR 2-s2.0-68049108415 OR 2-s2.0-67650891877 OR 2-s2.0-70749153302 OR 2-s2.0-66749158460 OR 2-s2.0-69249232349 OR 2-s2.0-58049097406 OR 2-s2.0-56749104681 OR 2-s2.0-53149098970 OR 2-s2.0-58149215898 OR 2-s2.0-47649129015 OR 2-s2.0-47649083092 OR 2-s2.0-41649117099 OR 2-s2.0-39449117967 OR 2-s2.0-36049022800 OR 2-s2.0-36749091242 OR 2-s2.0-34347209965 OR 2-s2.0-33846986855 OR 2-s2.0-33745008808 OR 2-s2.0-33846297670 OR 2-s2.0-28444457218 OR 2-s2.0-27544481720 OR 2-s2.0-23644461223 OR 2-s2.0-29144518062 OR 2-s2.0-0842265438 OR 2-s2.0-0141856571 OR 2-s2.0-3242760677 OR 2-s2.0-0035113364 OR 2-s2.0-0035733712 OR 2-s2.0-0034758557)	87
2. #1 View cited by	4,221
3. #2 Refined to: (INDEXTERMS ("clinical trials" OR "clinical trials as a topic" OR "randomized controlled trial" OR "Randomized Controlled Trials as Topic" OR "controlled clinical trial" OR "Controlled Clinical Trials" OR "random allocation" OR "Double-Blind Method" OR "Single-Blind Method" OR "Cross-Over Studies" OR "Placebos" OR "multicenter study" OR "double blind procedure" OR "single blind procedure" OR "crossover procedure" OR "clinical trial" OR "controlled study" OR "randomization" OR "placebo") OR TITLE-ABS-KEY ("clinical trials" OR "randomized controlled trial" OR "randomized controlled trials" OR "controlled clinical trial" OR "controlled clinical trials" OR "random allocation" OR "randomly allocated" OR "allocated randomly" OR "Double-Blind Method" OR "single-blind method" OR "cross-over studies" OR placebo* OR "cross-over trial" OR "single blind" OR "double blind" OR "factorial design" OR "factorial trial") OR TITLE (trial* OR rct OR randomised* OR randomized*)) AND (LIMIT-TO (PUBYEAR , 2021) OR LIMIT-TO (PUBYEAR , 2020) OR LIMIT-TO (PUBYEAR , 2019) OR LIMIT-TO (PUBYEAR , 2018) OR LIMIT-TO (PUBYEAR , 2017) OR LIMIT-TO (PUBYEAR , 2016) OR LIMIT-TO (PUBYEAR , 2015) OR LIMIT-TO (PUBYEAR , 2014) OR LIMIT-TO (PUBYEAR , 2013)) AND (LIMIT-TO (LANGUAGE , "English") OR LIMIT-TO (LANGUAGE , "Swedish") OR LIMIT-TO (LANGUAGE , "Danish") OR LIMIT-TO (LANGUAGE , "Norwegian"))	1569

The search result, usually found at the end of the documentation, forms the list of abstracts.

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Internetföremdad psykologisk behandling

Jämförelse med andra behandlingar vid psykiatriska syndrom www.sbu.se/337

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Scopus via Elsevier 30 August 2021

Title: Internet-delivered psychological treatment

Search terms	Items found ⁴⁸
Population: Anxiety and depression	
1. TITLE-ABS-KEY ("acute stress" OR "adjustment disorder*" OR "adjustment react*" OR "affective disorder*" OR anxiety* OR anxieties OR anxiodepressive OR anxious* OR "attachment disorder*" OR "body dysmorphic disorder*" OR "body image disfunction*" OR "body image disorder*" OR depressed OR depression OR depressive OR depressiveness OR depressivity OR dermatillomani* OR "disinhibited social engagement disorder*" OR "disruptive mood dysregulation disorder" OR dysphoria OR "dysphori* disorder*" OR "dysphori* syndrom*" OR dysthymi* OR "excoriation disorder*" OR gad OR "hair pulling" OR hoarding OR hypochondri* OR mdd OR melanchol* OR "mood disorder*" OR mute OR mutism OR "obsessive compulsive" OR ocd OR "olfactory reference syndrome*" OR "olfactory reference disorder*" OR panic OR *phobi* OR ((posttrauma* OR "post trauma*") W/3 (disorder* OR neuros* OR psych* OR stress* OR symptom* OR syndrom*)) OR "premenstrual syndrom*" OR "prolonged grief disorder*" OR ptsd OR "reactive disorder*" OR "skin picking" OR "transient situational disturbance" OR "traumatic stress" OR trichotillomani*)	1,567,117
Intervention: Internet-delivered psychological treatment	
2. TITLE-ABS-KEY ((ccbt OR c-cbt OR cyber-counseling OR cyber-counselling OR cybercounseling OR cybercounselling OR "digital health" OR e-consultation OR ecbt OR e-cbt OR econsultation OR e-counseling OR e-counselling OR ecounseling OR ecounselling OR e-health OR ehealth OR emedicine OR e-medicine OR "emental health*" OR "e-mental health*" OR e-portal OR eportal OR epsych* OR e-psych* OR e-therapy OR etherapy OR i-cbt OR icbt OR m-health OR mhealth OR "mobile health" OR deprexis OR interapy OR wechat*) OR (android OR app OR apps OR blackberry OR cellphone OR ((cell* OR mobile OR smart) W/3 (phone* OR telephone*)) OR chat* OR computer* OR cyber* OR digital OR "electronic mail*" OR e-mail OR email OR handheld-device* OR "instant messag*" OR internet* OR ipad* OR i-pad* OR iphone* OR i-phone* OR messaging OR "mobile application*" OR online* OR on-line* OR "personal digital assistant*" OR "short messag*" OR smartphone* OR sms OR tablet* OR "text messag*" OR texting OR webbased OR webdeliver* OR "web-based" OR "web-deliver*" OR website*) W/10 (act OR (attention AND n2 AND modification) OR "attention training" OR ((behavio* OR cognitive) W/2 (activat* OR component OR components OR contracting OR defusion OR guidance OR management OR modif* OR rehab* OR restructur* OR technique* OR train*)) OR cbt OR ccbt OR "cognitive behavio*" OR consultation* OR counseling OR counselling OR dbt OR "dialectical behavio*" OR hypnosis OR hypnotherapy OR intervention* OR meditation OR "memory specificity training" OR mindfulness OR "minimal therapist support" OR "motivational interviewing" OR program* OR psychoanaly* OR psycho-analy* OR psychodrama OR psycho-drama* OR psychodynamic OR psychoeducat* OR psycho-educat* OR psychotherap* OR relaxation OR ((self-care OR selfcare OR self-help OR selfhelp) W/3 (administered OR guided OR instruct* OR strateg* OR supervised OR tool*)) OR ((self-administered OR selfadministered) W/3 (guided OR instruct* OR strateg* OR supervised)) OR self-management OR support OR therap* OR treatment*))	664,745
Intervention: Internet	
3. TITLE (android OR app OR apps OR blackberry OR cellphone OR ((cell* OR mobile OR smart) W/3 (phone* OR telephone*)) OR chat* OR computer* OR cyber* OR digital OR "electronic mail*" OR e-mail OR email OR "handheld device*" OR "instant messag*" OR internet* OR ipad* OR i-pad* OR iphone* OR i-phone* OR messaging OR "mobile application*" OR online* OR on-line* OR "personal digital assistant*" OR "short messag*" OR smartphone* OR sms OR tablet* OR "text messag*" OR texting OR webbased OR webdeliver* OR "web-based" OR "web-deliver*" OR website*)	1,036,319
Intervention: Psychological treatment	

⁴⁸ Search results from the search line marked in bold (the results exported from the database) are from a literature search update on August 30 2021, all other search results are from the literature search on October 20 2020.

Search terms	Items found ⁴⁸
4. (TITLE (behavio* OR cognitive)) OR (TITLE-ABS-KEY (act OR (attention W/2 modification) OR "attention training" OR ((behavio* OR cognitive) W/2 (activat* OR component OR components OR contracting OR defusion OR guidance OR management OR modif* OR rehab* OR restructur* OR technique* OR train*)) OR cbt OR cognitive AND behavio* OR consultation* OR counseling OR counselling OR dbt OR dialectical AND behavio* OR hypnosis OR hypnotherapy OR intervention* OR meditation OR "memory specificity training" OR mindfulness OR "minimal therapist support" OR "motivational interviewing" OR program* OR psychoanaly* OR psychoanaly* OR psychodrama OR psycho-drama* OR psychodynamic OR psychoeducat* OR psycho-educat* OR psychotherap* OR relaxation OR ((self-care OR selfcare OR self-help OR selfhelp) W/3 (administered OR guided OR instruct* OR strateg* OR supervised OR tool*)) OR ((self-administered OR selfadministered) W/3 (guided OR instruct* OR strateg* OR supervised)) OR self-management OR support OR therap* OR treatment*))	1,440,626
Combined sets	
5. (#1 AND #2) OR (#1 AND #3 AND #4)	15,756
6. #5 AND (LIMIT-TO (PUBYEAR , 2021) OR LIMIT-TO (PUBYEAR , 2020) OR LIMIT-TO (PUBYEAR , 2019) OR LIMIT-TO (PUBYEAR , 2018) OR LIMIT-TO (PUBYEAR , 2017) OR LIMIT-TO (PUBYEAR , 2016) OR LIMIT-TO (PUBYEAR , 2015) OR LIMIT-TO (PUBYEAR , 2014) OR LIMIT-TO (PUBYEAR , 2013) OR LIMIT-TO (PUBYEAR , 2012))	9,427
7. #6 AND (LIMIT-TO (LANGUAGE , "English") OR LIMIT-TO (LANGUAGE , "Swedish") OR LIMIT-TO (LANGUAGE , "Danish") OR LIMIT-TO (LANGUAGE , "Norwegian"))	9,094
Study types: Randomized controlled trials	
8. INDEXTERMS ("clinical trials" OR "clinical trials as a topic" OR "randomized controlled trial" OR "Randomized Controlled Trials as Topic" OR "controlled clinical trial" OR "Controlled Clinical Trials" OR "random allocation" OR "Double-Blind Method" OR "Single-Blind Method" OR "Cross-Over Studies" OR "Placebos" OR "multicenter study" OR "double blind procedure" OR "single blind procedure" OR "crossover procedure" OR "clinical trial" OR "controlled study" OR "randomization" OR "placebo") OR TITLE-ABS-KEY ("clinical trials" OR "randomized controlled trial" OR "randomized controlled trials" OR "controlled clinical trial" OR "controlled clinical trials" OR "random allocation" OR "randomly allocated" OR "allocated randomly" OR "Double-Blind Method" OR "single-blind method" OR "cross-over studies" OR placebo* OR "cross-over trial" OR "single blind" OR "double blind" OR "factorial design" OR "factorial trial") OR TITLE (trial* OR rct OR randomised* OR randomized*)	7,719,954
Combined sets	
9. #7 AND #8	5691
Population: Anxiety and depression	
10. TITLE-ABS-KEY ("Acute Stress" OR "Adjustment Disorder*" OR "Adjustment react*" OR "Body Dysmorphic Disorder*" OR "Body Image Dysfunction*" OR "Body Image Disorder*" OR "dermatillomani*" OR "Disinhibited Social Engagement Disorder*" OR "Disruptive Mood Dysregulation Disorder*" OR dysmorphophobi* OR "Excoriation disorder*" OR "hair pulling" OR "health anxiety" OR hoarding OR hypochondri* OR "illness anxiety" OR "mixed anxi*" OR "mixed depressive" OR mutism OR "Olfactory reference disorder*" OR "Olfactory reference syndrom*" OR ((posttrauma* OR "post trauma*") W/3 (disorder* OR neuros* OR psych* OR stress* OR symptom* OR syndrom*)) OR "Premenstrual dysphori*" OR "Premenstrual syndrom*" OR "Prolonged grief disorder*" OR ptsd OR "Reactive Attachment Disorder*" OR "skin picking" OR trichotillomani*)	123,608
Combined sets	
11. (#10 AND #2) OR (#10 AND #3 AND #4)	1,506
12. #11 AND (LIMIT-TO (LANGUAGE , "English") OR LIMIT-TO (LANGUAGE , "Swedish") OR LIMIT-TO (LANGUAGE , "Danish") OR LIMIT-TO (LANGUAGE , "Norwegian"))	1,432
13. #12 AND #8	794 ⁴⁹

The search result, usually found at the end of the documentation, forms the list of abstracts.

⁴⁹ The results from the literature search update on August 30 2021, numbers for all other search lines are from the literature search on October 20 2020.

TITLE-ABS-KEY = Title or abstract or keywords

ALL = All fields

PRE/n = "precedes by". The first term in the search must precede the second by a specified number of terms (n).

W/n = "within". The terms in the search must be within a specified number of terms (n) in any order.

***** = Truncation

“ ” = Citation Marks; searches for an exact phrase

Systematic reviews

CINAHL via EBSCO 4 September 2020

Title: Internet-delivered psychological treatment

Search terms	Items found
Population: Anxiety and depression	
1. (MH "Adjustment Disorders") OR (MH "Anxiety+") OR (MH "Anxiety Disorders+") OR (MH "Bipolar Disorder+") OR (MH "Affective Disorders+") OR (MH "Hypochondriasis") OR (MH "Mutism") OR (MH "Premenstrual Syndrome+") OR (MH "Psychological Trauma") OR (MH "Reactive Attachment Disorder") OR (MH "Olfactory Reference Syndrome")	185,137
2. TI (acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or bipolar or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or cyclophreni* or cyclothymi* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or hypomani* or mania* or manic* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*) OR AB (acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or bipolar or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or cyclophreni* or cyclothymi* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or hypomani* or mania* or manic* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)	224,330
3. S1 OR S2	276,290
Intervention: Internet-delivered psychological treatment	
4. (MH "Computer Assisted Instruction") OR (MH "Remote Consultation") OR (MH "Telemedicine") OR (MH "Telerehabilitation") OR (MH "Telepsychiatry") OR (MH "Telehealth") OR (MH "Therapy, Computer Assisted") OR (MH "Virtual Reality Exposure Therapy") OR (MH "Virtual Reality")	39,061

Search terms	Items found
<p>5. TI ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or ((distance or remote*) N3 (consultation* or counsel* or intervention* or therap* or treatment*)) or telecare or tele-care or teleconsultation* or tele-consultation* or telehealth* or tele-health* or telemed* or tele-med* or "telemental health*" or "telemental health*" or telepsych* or tele-psych* or teletherap* or tele-therap* or Deprexis or Interapy or WeChat*)) OR AB ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or ((distance or remote*) N3 (consultation* or counsel* or intervention* or therap* or treatment*)) or telecare or tele-care or teleconsultation* or tele-consultation* or telehealth* or tele-health* or telemed* or tele-med* or "telemental health*" or "telemental health*" or telepsych* or tele-psych* or teletherap* or tele-therap* or Deprexis or Interapy or WeChat*))</p>	18,971
<p>6. TI (((android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or handheld-device* or Interactive or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or Web or webbased or webdeliver* or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR AB (((android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or handheld-device* or Interactive or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or Web or webbased or webdeliver* or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)))</p>	80,867

Search terms	Items found
7. S4 OR S5 OR S6	120,284
Intervention: Internet	
8. (MH "Cellular Phone") OR (MH "Text Messaging") OR (MH "Email") OR (MH "Instant Messaging") OR (MH "Internet") OR (MH "Teleconferencing") OR (MH "Videoconferencing") OR (MH "Computers, Hand-Held+") OR (MH "Mobile Applications") OR (MH "Multimedia") OR (MH "Software") OR (MH "Online Systems") OR (MH "CD ROM") OR (MH "Digital Versatile Disc")	105,929
9. TI (android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or "handheld device*" or interactive or "instant messag*" or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or web or webbased or webdeliver* or website*)	141,383
10. S8 OR S9	210,172
Intervention: Psychological treatment	
11. (MH "Counseling") OR (MH "Motivational Interviewing") OR (MH "Psychoanalysis") OR (MH "Psychoeducation") OR (MH "Psychotherapy+") OR (MH "Self Care") OR (MH "Self-Management")	254,877
12. MW "TH"	582,951
13. TI (behavio* or cognitive)	126,717
14. TI ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)) OR AB ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))	1,985,171
15. S11 OR S12 OR S13 OR S14	2,406,581
Combined sets	
16. S3 AND S7	8,127
17. S3 AND S10 AND S15	4,918
18. S16 OR S17	9,697
19. S16 OR S17	6,516
Limiters - Published Date: 20130101-20201231; Language: Danish, English, Norwegian, Swedish	

Search terms	Items found
Study types: Randomized controlled trials⁵⁰	
20. MH "Randomized Controlled Trials+" OR MH "Double-Blind Studies" OR MH "Single-Blind Studies" OR MH "Random Assignment" OR MH "Pretest-Posttest Design+" OR MH "Cluster Sample" OR MH "Sample Size" OR MH "Crossover Design" OR MH "Comparative Studies" OR MH "Placebos" OR PT (Randomized Controlled Trial) OR TI (randomised OR randomized) OR AB (random*) OR TI (trial) OR AB (assigned OR allocated OR control) OR AB (control W5 group) OR AB (cluster W3 rct)	564,674
Limiters - Published Date: 20130101-20201231; Language: Danish, English, Norwegian, Swedish	
Combined sets	
21. S19 AND S20	3,122
Study types: Systematic reviews	
22. MH "Systematic Review" OR ZT "systematic review" OR MH "Meta Analysis" OR ZT "meta analysis"	131,622
23. (TI (systematic* n3 review*)) or (AB (systematic* n3 review*)) or (TI (systematic* n3 bibliographic*)) or (AB (systematic* n3 bibliographic*)) or (TI (systematic* n3 literature)) or (AB (systematic* n3 literature)) or (TI (comprehensive* n3 literature)) or (AB (comprehensive* n3 literature)) or (TI (comprehensive* n3 bibliographic*)) or (AB (comprehensive* n3 bibliographic*)) or (TI (integrative n3 review)) or (AB (integrative n3 review)) or (JN "Cochrane Database of Systematic Reviews") or (TI (information n2 synthesis)) or (TI (data n2 synthesis)) or (AB (information n2 synthesis)) or (AB (data n2 synthesis)) or (TI (data n2 extract*)) or (AB (data n2 extract*)) or (TI (medline or pubmed or psyclit or cinahl or (psycinfo not "psycinfo database") or "web of science" or scopus or embase)) or (AB (medline or pubmed or psyclit or cinahl or (psycinfo not "psycinfo database") or "web of science" or scopus or embase)) or (TI (meta-analy* or metaanaly*)) or (AB (meta-analy* or metaanaly*))	183,066
24. S22 OR S23	214,300
Combined sets	
25. S19 AND S24	625

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MH = Exact subject heading

MM = Major Concept

Nx = Near Operator, finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear

SU = Subject Terms

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

ZC = Methodology Index

* = Truncation

“ ” = Citation Marks; searches for an exact phrase

⁵⁰ Glanville J, Dooley G, Wisniewski S, Foxlee R, Noel-Storr A. Development of a search filter to identify reports of controlled clinical trials within CINAHL Plus. Health Info Libr J. 2019;36(1):73-90. Available from: <https://doi.org/10.1111/hir.12251>.

Cochrane Library via Wiley 4 September 2020 (CENTRAL)

Title: Internet-delivered psychological treatment

Search terms	Items found
Population: Anxiety and depression	
1. MeSH descriptor: [Adjustment Disorders] this term only	246
2. MeSH descriptor: [Anxiety] explode all trees	7799
3. MeSH descriptor: [Anxiety Disorders] explode all trees	6803
4. MeSH descriptor: [Bipolar and Related Disorders] explode all trees	2661
5. MeSH descriptor: [Body Dysmorphic Disorders] this term only	72
6. MeSH descriptor: [Depression] this term only	12063
7. MeSH descriptor: [Hoarding] this term only	2
8. MeSH descriptor: [Hypochondriasis] this term only	92
9. MeSH descriptor: [Mood Disorders] explode all trees	12783
10. MeSH descriptor: [Mutism] this term only	18
11. MeSH descriptor: [Panic] this term only	263
12. MeSH descriptor: [Premenstrual Syndrome] explode all trees	475
13. MeSH descriptor: [Psychological Trauma] explode all trees	77
14. MeSH descriptor: [Reactive Attachment Disorder] this term only	19
15. MeSH descriptor: [Stress Disorders, Post-Traumatic] this term only	2566
16. MeSH descriptor: [Stress Disorders, Traumatic] this term only	721
17. MeSH descriptor: [Stress Disorders, Traumatic, Acute] this term only	50
18. MeSH descriptor: [Trichotillomania] this term only	73
19. MeSH descriptor: [Trauma and Stressor Related Disorders] this term only	6
20. (acrophobi* or "acute stress" or (adjustment next/1 disorder*) or (adjustment next/1 react*) or aerophobi* or (affective next/1 disorder*) or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or (attachment next/1 disorder*) or aviophobi* or bipolar or (body next/1 dysmorphic next/1 disorder*) or (body next/1 image next/1 dysfunction*) or (body next/1 image next/1 disorder*) or cyclophreni* or cyclothymi* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or (disinhibited next/1 social next/1 engagement next/1 disorder*) or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or (dysphori* next/1 disorder*) or (dysphori* next/1 syndrom*) or dysthymi* or emetophobi* or (excoriation next/1 disorder*) or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or hypomani* or mania* or manic* or MDD or melanchol* or (mood next/1 disorder*) or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or (olfactory next/1 reference next/1 syndrome*) or (olfactory next/1 reference next/1 disorder*) or ophiophobi* or panic or phobi* or ((posttrauma* or (post next/1 trauma*)) NEAR/3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or (premenstrual next/1 syndrom*) or (prolonged next/1 grief next/1 disorder*) or PTSD or (reactive next/1 disorder*) or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*):ti,kw	88528
21. {OR #1-#20}	88860
Intervention: Internet-delivered psychological treatment	
22. MeSH descriptor: [Computer-Assisted Instruction] this term only	1212
23. MeSH descriptor: [Internet-Based Intervention] this term only	67
24. MeSH descriptor: [Remote Consultation] explode all trees	379
25. MeSH descriptor: [Telemedicine] this term only	2048
26. MeSH descriptor: [Telerehabilitation] this term only	106
27. MeSH descriptor: [Therapy, Computer-Assisted] this term only	1313
28. MeSH descriptor: [Virtual Reality] this term only	175
29. MeSH descriptor: [Virtual Reality Exposure Therapy] this term only	176
30. (cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or (emental next/1 health*) or (e-mental next/1 health*) or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or ((distance or remote*) NEAR/3 (consultation* or	6716

Search terms	Items found
counsel* or intervention* or therap* or treatment*) or telecare or tele-care or teleconsultation* or tele-consultation* or telehealth* or tele-health* or telemed* or telemed* or (telemental next/1 health*) or (tele-mental next/1 health*) or telepsych* or telepsych* or teletherap* or tele-therap* or Deprexis or Interapy or WeChat*):ti,kw	
31. ((android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) NEAR/3 (phone* or telephone*)) or CD-rom* or chat* or Computer* or cyber* or digital or DVD or (electronic next/1 mail*) or e-mail or email or handheld-device* or Interactive or (instant next/1 messag*) or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or (mobile next/1 application*) or Multimedia or multi-media or Online* or online* or (personal next/1 digital next/1 assistant*) or (short next/1 messag*) or Smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology based or technologydelivered or technology-delivered or technologysupported or technology-supported or (text next/1 messag*) or texting or videoconferenc* or (video next/1 conferenc*) or "virtual reality" or Web or webbased or webdeliver* or Website*) NEAR/10 (ACT or (attention NEAR/2 modification) or "attention training" or ((behavio* or cognitive) NEAR/2 (activat* or component or components or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or Ccbt or (Cognitive next/1 behavio*) or consultation* or counseling or counselling or DBT or (dialectical next/1 behavio*) or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) NEAR/3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) NEAR/3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)):ti,kw	39037
32. {OR #22-#31}	45330
Intervention: Internet	
33. MeSH descriptor: [Cell Phone] explode all trees	1322
34. MeSH descriptor: [Computers, Handheld] explode all trees	628
35. MeSH descriptor: [Electronic Mail] this term only	323
36. MeSH descriptor: [Internet] this term only	3765
37. MeSH descriptor: [Mobile Applications] this term only	602
38. MeSH descriptor: [Multimedia] this term only	224
39. MeSH descriptor: [Online Systems] this term only	156
40. MeSH descriptor: [Software] this term only	929
41. MeSH descriptor: [Videoconferencing] explode all trees	203
42. (android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) NEAR/3 (phone* or telephone*)) or CD-rom* or chat* or Computer* or cyber* or digital or DVD or (electronic next/1 mail*) or e-mail or email or handheld-device* or Interactive or (instant next/1 messag*) or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or (mobile next/1 application*) or Multimedia or multi-media or Online* or online* or (personal next/1 digital next/1 assistant*) or (short next/1 messag*) or Smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology based or technologydelivered or technology-delivered or technologysupported or technology-supported or (text next/1 messag*) or texting or videoconferenc* or (video next/1 conferenc*) or "virtual reality" or Web or webbased or webdeliver* or Website*):ti	36012
43. {OR #33-#42}	38342
Intervention: Psychological treatment	
44. MeSH descriptor: [Counseling] this term only	4146
45. MeSH descriptor: [Directive Counseling] explode all trees	1207
46. MeSH descriptor: [Motivation] this term only	4590
47. MeSH descriptor: [Psychotherapy] explode all trees	23560
48. MeSH descriptor: [Relaxation Therapy] explode all trees	1897
49. MeSH descriptor: [Self Care] this term only	4110
50. MeSH descriptor: [Self-Help Groups] this term only	711
51. MeSH descriptor: [Self-Management] this term only	356

Internetförmödlad psykologisk behandling

Jämförelse med andra behandlingar vid psykiatriska syndrom www.sbu.se/337

Search terms	Items found
52. [mh /TH]	91417
53. (behavio* or cognitive):ti	43280
54. (ACT or (attention NEAR/2 modification) or "attention training" or ((behavio* or cognitive) NEAR/2 (activat* or component or components or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or (Cognitive next/1 behavio*) or consultation* or counseling or counselling or DBT or (dialectical next/1 behavio*) or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) NEAR/3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) NEAR/3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*):ti,ab,kw	1201212
55. {OR #44-#54}	1210533
Combined sets	
56. #21 AND #32	6685
57. #21 AND #43 AND #55	4068
58. #56 OR #57 with Cochrane Library publication date Between Jan 2013 and Dec 2020	16 CDSR 2 protocols 5949 trials 1 clinical answers

The search result, usually found at the end of the documentation, forms the list of abstracts.

:au = Author

MeSH = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

this term only = Does not include terms found below this term in the MeSH hierarchy

:ti = title

:ab = abstract

:kw = keyword

* = Truncation

“ “ = Citation Marks; searches for an exact phrase

NEAR/x = Finds the terms when they are within x words of each other. Terms can appear in either order

NEXT/x = Finds the terms when they appear next to each other. Terms must appear in the order specified

CDSR = Cochrane Database of Systematic Review

CENTRAL = Cochrane Central Register of Controlled Trials, "trials"

Embase via Elsevier 4 September 2020
Title: Internet-delivered psychological treatment

Search terms	Items found
Population: Anxiety and depression	
1. 'adjustment disorder'/de	4,477
2. 'anxiety'/exp	217,965
3. 'anxiety disorder'/exp	252,016
4. 'body dysmorphic disorder'/de	3,041
5. 'depression'/exp	502,952
6. 'hoarding'/de	312
7. 'hypochondriasis'/de	4,420
8. 'mood disorder'/de	43,768
9. 'major affective disorder'/de	424
10. 'mania'/exp	85,264
11. 'minor affective disorder'/de	74
12. 'mutism'/exp	2,984
13. 'premenstrual syndrome'/de	6,220
14. 'psychotrauma'/exp	9,001
15. 'psychosocial disorder'/de	6,754
16. 'trichotillomania'/de	2,281
17. 'dermatillomania'/exp	13
18. 'disinhibited social engagement disorder'/de	16
19. 'disruptive mood dysregulation disorder'/de	91
20. 'excoriation disorder'/de	26
21. 'olfactory reference syndrome'/de	59
22. 'prolonged grief'/exp	433
23. acrophobi*:ti,kw OR 'acute stress':ti,kw OR 'adjustment disorder*':ti,kw OR 'adjustment react*':ti,kw OR aerophobi*:ti,kw OR 'affective disorder*':ti,kw OR agoraphobi*:ti,kw OR anxiety*:ti,kw OR anxieties:ti,kw OR anxiodepressive:ti,kw OR anxious*:ti,kw OR arachnophobi*:ti,kw OR 'attachment disorder*':ti,kw OR aviophobi*:ti,kw OR bipolar:ti,kw OR 'body dysmorphic disorder*':ti,kw OR 'body image disfunction*':ti,kw OR 'body image disorder*':ti,kw OR cyclophreni*:ti,kw OR cyclothymi*:ti,kw OR dentophobi*:ti,kw OR depressed:ti,kw OR depression:ti,kw OR depressive:ti,kw OR depressiveness:ti,kw OR despression:ti,kw OR dermatillomani*:ti,kw OR 'disinhibited social engagement disorder*':ti,kw OR 'disruptive mood dysregulation disorder':ti,kw OR dysmorphophobi*:ti,kw OR dysphoria:ti,kw OR 'dysphori* disorder*':ti,kw OR 'dysphori* syndrom*':ti,kw OR dysthymi*:ti,kw OR emetophobi*:ti,kw OR 'excoriation disorder*':ti,kw OR gad:ti,kw OR glossophobi*:ti,kw OR 'hair pulling':ti,kw OR hoarding:ti,kw OR hypochondri*:ti,kw OR hypomani*:ti,kw OR mania*:ti,kw OR manic*:ti,kw OR mdd:ti,kw OR melanchol*:ti,kw OR 'mood disorder*':ti,kw OR mute:ti,kw OR mutism:ti,kw OR 'obsessive compulsive':ti,kw OR ocd:ti,kw OR odontophobi*:ti,kw OR 'olfactory reference syndrome*':ti,kw OR 'olfactory reference disorder*':ti,kw OR ophidiophobi*:ti,kw OR panic:ti,kw OR phobi*:ti,kw OR (((posttrauma* OR 'post trauma*') NEAR/3 (disorder* OR neuros* OR psych* OR stress* OR symptom* OR syndrom*)):ti,kw) OR 'premenstrual syndrom*':ti,kw OR 'prolonged grief disorder*':ti,kw OR ptsd:ti,kw OR 'reactive disorder*':ti,kw OR 'skin picking':ti,kw OR 'transient situational disturbance':ti,kw OR 'traumatic stress':ti,kw OR trichotillomani*:ti,kw	416,166
24. #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23	889,648
Intervention: Internet-delivered psychological treatment	
25. 'web-based intervention'/de	450
26. 'teleconsultation'/de OR 'e-counseling'/de OR 'self-care software'/de OR 'rehabilitation software'/de OR 'therapy software'/de OR 'cognitive therapy software'/de	10,136
27. 'telemedicine'/de	25,487
28. 'telepsychiatry'/de	745
29. 'telerehabilitation'/de	886
30. 'teletherapy'/de	670

Search terms	Items found
31. 'computer assisted therapy'/de	4,597
32. 'virtual reality'/de	17,562
33. 'virtual reality exposure therapy'/de	650
34. 'digital health'/de	48
35. 'telehealth'/de	7,087
36. 'mhealth'/de	35
37. ccbt:ti,ab,kw OR 'c cbt':ti,ab,kw OR 'cyber counseling':ti,ab,kw OR 'cyber counselling':ti,ab,kw OR cybercounseling:ti,ab,kw OR cybercounseling:ti,ab,kw OR 'digital health':ti,ab,kw OR 'e consultation':ti,ab,kw OR ecbt:ti,ab,kw OR 'e cbt':ti,ab,kw OR econsultation:ti,ab,kw OR 'e counseling':ti,ab,kw OR 'e counselling':ti,ab,kw OR ecounseling:ti,ab,kw OR ecounseling:ti,ab,kw OR 'e health':ti,ab,kw OR ehealth:ti,ab,kw OR emedicine:ti,ab,kw OR 'e medicine':ti,ab,kw OR 'emental health*':ti,ab,kw OR 'e-mental health*':ti,ab,kw OR 'e portal':ti,ab,kw OR eportal:ti,ab,kw OR epsych*':ti,ab,kw OR 'e psych*':ti,ab,kw OR 'e therapy':ti,ab,kw OR etherapy:ti,ab,kw OR 'i cbt':ti,ab,kw OR icbt:ti,ab,kw OR 'm health':ti,ab,kw OR mhealth:ti,ab,kw OR 'mobile health':ti,ab,kw OR (((distance OR remote* OR computer* OR internet* OR online* OR 'on line*' OR web*) NEAR/3 (consultation* OR counsel* OR intervention* OR therap* OR treatment*)):ti,ab,kw) OR telecare:ti,ab,kw OR 'tele care':ti,ab,kw OR teleconsultation*:ti,ab,kw OR 'tele consultation*':ti,ab,kw OR telehealth*:ti,ab,kw OR 'tele health*':ti,ab,kw OR telemed*:ti,ab,kw OR 'tele med*':ti,ab,kw OR 'telemental health*':ti,ab,kw OR 'tele-mental health*':ti,ab,kw OR telepsych*:ti,ab,kw OR 'tele psych*':ti,ab,kw OR teletherap*:ti,ab,kw OR 'tele therap*':ti,ab,kw OR deprexis:ti,ab,kw OR interapy:ti,ab,kw OR wechat*:ti,ab,kw	67,062
38. ((android OR app OR apps OR blackberry OR blended OR cellphone OR 'cell* phone*' OR 'mobile phone*' OR 'smart phone*' OR 'cd rom*' OR chat* OR computer* OR cyber* OR digital OR dvd OR 'electronic mail*' OR 'e mail' OR email OR 'handheld device*' OR interactive OR 'instant messag*' OR internet* OR ipad* OR 'i pad*' OR iphone* OR 'i phone*' OR messaging OR 'mobile application*' OR multimedia OR 'multi media' OR online* OR 'on line*' OR 'personal digital assistant*' OR 'short messag*' OR smartphone* OR sms OR tablet* OR technologyassisted OR 'technology assisted' OR technologybased OR 'technology based' OR technologydelivered OR 'technology delivered' OR technologysupported OR 'technology supported' OR 'text messag*' OR texting OR videoconferenc* OR 'video conferenc*' OR 'virtual reality' OR web OR webbased OR webdeliver* OR website*) NEAR/10 (act OR 'attention modification' OR 'attention bias modification' OR 'attention training' OR 'behavio* activat*' OR "behavio* component\$" OR 'behavio* guidance' OR 'behavio* management' OR 'behavio* modif*' OR 'behavio* rehab*' OR 'behavio* restructur*' OR 'behavio* technique*' OR 'behavio* train*' OR 'cognitive activat*' OR 'cognitive defusion' OR 'cognitive guidance' OR 'cognitive management' OR 'cognitive modif*' OR 'cognitive rehab*' OR 'cognitive restructur*' OR 'cognitive technique*' OR 'cognitive train*' OR cbt OR ccbt OR 'cognitive behavio*' OR consultation* OR counseling OR counselling OR dbt OR 'dialectical behavio*' OR hypnosis OR hypnotherapy OR intervention* OR meditation OR 'memory specificity training' OR mindfulness OR 'minimal therapist support' OR 'motivational interviewing' OR program* OR psychoanaly* OR 'psycho analy*' OR psychodrama OR 'psycho drama*' OR psychodynamic OR psychoeducat* OR 'psycho educat*' OR psychotherap* OR relaxation OR 'self care' OR selfcare OR 'self help' OR selfhelp OR 'self administered' OR selfadministered OR 'self management' OR support OR therap* OR treatment*)):ti,kw	33,399
39. #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34 OR #35 OR #36 OR #37 OR #38	126,099
Intervention: Internet	
40. 'mobile phone'/exp	29,423
41. 'personal digital assistant'/de	1,476
42. 'e-mail'/de	21,702
43. 'internet'/de	108,789
44. 'mobile application'/exp	12,528
45. 'multimedia'/de	4,044
46. 'online system'/de	26,111
47. 'software'/de	253,080
48. 'videoconferencing'/de	4,206

Search terms	Items found
49. android:ti OR app:ti OR apps:ti OR blackberry:ti OR blended:ti OR cellphone:ti OR (((cell* OR mobile OR smart) NEAR/3 (phone* OR telephone*)):ti) OR 'cd rom*:ti OR chat*:ti OR computer*:ti OR cyber*:ti OR digital:ti OR dvd:ti OR 'electronic mail*:ti OR 'e mail':ti OR email:ti OR 'handheld device*:ti OR interactive:ti OR 'instant messag*:ti OR internet*:ti OR ipad*:ti OR 'i pad*:ti OR iphone*:ti OR 'i phone*:ti OR messaging:ti OR 'mobile application*:ti OR multimedia:ti OR 'multi media':ti OR online*:ti OR 'on line*:ti OR 'personal digital assistant*:ti OR 'short messag*:ti OR smartphone*:ti OR sms:ti OR tablet*:ti OR technologyassisted:ti OR 'technology assisted':ti OR technologybased:ti OR 'technology based':ti OR technologydelivered:ti OR 'technology delivered':ti OR technologysupported:ti OR 'technology supported':ti OR 'text messag*:ti OR texting:ti OR videoconferenc*:ti OR 'video conferenc*:ti OR 'virtual reality':ti OR web:ti OR webbased:ti OR webdeliver*:ti OR website*:ti	297,787
50. #40 OR #41 OR #42 OR #43 OR #44 OR #45 OR #46 OR #47 OR #48 OR #49	632,844
Intervention: Psychological treatment	
51. 'counseling'/de	68,595
52. 'directive counseling'/de	858
53. 'motivational interviewing'/de	4,949
54. 'patient counseling'/de	44,975
55. 'patient guidance'/de	1,422
56. 'psychotherapy'/exp	272,670
57. 'self care'/de	59,216
58. 'self help'/de	13,948
59. therapy:lnk	5,091,686
60. behavio*:ti OR cognitive:ti	469,658
61. act:ti,ab,kw OR ((attention NEAR/2 modification):ti,ab,kw) OR 'attention training':ti,ab,kw OR (((behavio* OR cognitive) NEAR/2 (activat* OR component\$ OR contracting OR defusion OR guidance OR management OR modif* OR rehab* OR restructur* OR technique* OR train*)):ti,ab,kw) OR cbt:ti,ab,kw OR 'cognitive behavio*:ti,ab,kw OR consultation*:ti,ab,kw OR counseling:ti,ab,kw OR counselling:ti,ab,kw OR dbt:ti,ab,kw OR 'dialectical behavio*:ti,ab,kw OR hypnosis:ti,ab,kw OR hypnotherapy:ti,ab,kw OR intervention*:ti,ab,kw OR meditation:ti,ab,kw OR 'memory specificity training':ti,ab,kw OR mindfulness:ti,ab,kw OR 'minimal therapist support':ti,ab,kw OR 'motivational interviewing':ti,ab,kw OR program*:ti,ab,kw OR psychoanaly*:ti,ab,kw OR 'psycho analy*:ti,ab,kw OR psychodrama:ti,ab,kw OR 'psycho drama*:ti,ab,kw OR psychodynamic:ti,ab,kw OR psychoeducat*:ti,ab,kw OR 'psycho educat*:ti,ab,kw OR psychotherap*:ti,ab,kw OR relaxation:ti,ab,kw OR (((self care' OR selfcare OR 'self help' OR selfhelp) NEAR/3 (administered OR guided OR instruct* OR strateg* OR supervised OR tool*)):ti,ab,kw) OR (((self administered' OR selfadministered) NEAR/3 (guided OR instruct* OR strateg* OR supervised)):ti,ab,kw) OR 'self management':ti,ab,kw OR support:ti,ab,kw OR therap*:ti,ab,kw OR treatment*:ti,ab,kw	11,211,555
62. #51 OR #52 OR #53 OR #54 OR #55 OR #56 OR #57 OR #58 OR #59 OR #60 OR #61	13,710,554
Combined sets	
63. #24 AND #39	10,435
64. #24 AND #50 AND #62	14,032
65. #63 OR #64	18,253
66. (#63 OR #64) AND [2013-2020]/py	12,771
67. (#63 OR #64) AND [2013-2020]/py AND ([danish]/lim OR [english]/lim OR [norwegian]/lim OR [swedish]/lim)	12,543
Study types: Systematic Reviews	
68. 'systematic review'/de	258,602
69. 'meta analysis'/de	192,653
70. [cochrane review]/lim	21,630
71. ((systematic* NEXT/3 (review* OR overview)):ti,ab) OR ((systematic* NEXT/3 bibliographic*:ti,ab) OR ((systematic* NEXT/3 literature):ti,ab) OR 'meta analy*:ti,ab OR metaanaly*:ti,ab	376,081
72. #68 OR #69 OR #70 OR #71	472,519
Combined sets	
73. #67 AND #72	922

Internetförmödlad psykologisk behandling

Jämförelse med andra behandlingar vid psykiatriska syndrom www.sbu.se/337

The search result, usually found at the end of the documentation, forms the list of abstracts.

/de= Term from the EMTREE controlled vocabulary

/exp= Includes terms found below this term in the EMTREE hierarchy

/mj = Major Topic

:ab = Abstract

:au = Author

:ti = Article Title

:ti:ab = Title or abstract

* = Truncation

' ' = Citation Marks; searches for an exact phrase

NEAR/x = Requests terms that are within 'x' words of each other in either direction

Medline via OvidSP 19 May 2021
Title: Internet-delivered psychological treatment

Search terms		Items found ⁵¹
Population: Anxiety and depression		
1.	Adjustment Disorders/	4219
2.	exp Anxiety/	85748
3.	exp Anxiety Disorders/	79513
4.	exp "Bipolar and Related Disorders"/	40405
5.	Body Dysmorphic Disorders/	1015
6.	Depression/	119857
7.	Hoarding/	191
8.	Hypochondriasis/	2308
9.	exp Mood Disorders/	122366
10.	Mutism/	1063
11.	Panic/	2616
12.	exp Premenstrual Syndrome/	4044
13.	exp Psychological Trauma/	1325
14.	Reactive Attachment Disorder/	567
15.	Stress Disorders, Post-Traumatic/	32905
16.	Stress Disorders, Traumatic/	701
17.	Stress Disorders, Traumatic, Acute/	468
18.	Trichotillomania/	974
19.	"Trauma and Stressor Related Disorders"/	83
20.	(acrophobi* or acute stress or adjustment disorder* or adjustment react* or aerophobi* or affective disorder* or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or attachment disorder* or aviophobi* or bipolar or body dysmorphic disorder* or body image disfunction* or body image disorder* or cyclophreni* or cyclothymi* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or disinhibited social engagement disorder* or disruptive mood dysregulation disorder or dysmorphophobi* or dysphoria or dysphori* disorder* or dysphori* syndrom* or dysthymi* or emetophobi* or excoriation disorder* or GAD or glossophobi* or hair pulling or hoarding or hypochondri* or hypomani* or mania* or manic* or MDD or melanchol* or mood disorder* or mute or mutism or obsessive compulsive or OCD or odontophobi* or olfactory reference syndrome* or olfactory reference disorder* or ophidiophobi* or panic or phobi* or ((posttrauma* or post trauma*) adj3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or premenstrual syndrom* or prolonged grief disorder* or PTSD or reactive disorder* or skin picking or transient situational disturbance or traumatic stress or trichotillomani*).ti,bt,ab,kf.	680487
21.	or/1-20	773240
Intervention: Internet-delivered psychological treatment		
22.	Computer-Assisted Instruction/	11885
23.	Internet-Based Intervention/	199
24.	exp Remote Consultation/	4868
25.	Telemedicine/	23602
26.	Telerehabilitation/	393
27.	Therapy, Computer-Assisted/	6790
28.	Virtual Reality/	1987
29.	Virtual Reality Exposure Therapy/	630

⁵¹ Search results from the search line marked in bold (the results exported from the database) are from a literature search update on May 19 2021, all other search results are from the literature search on September 4 2020.

Search terms	Items found ⁵¹
30. (cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or digital health or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or emental health* or e-mental health* or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or mobile health or ((distance or remote*) adj3 (consultation* or counsel* or intervention* or therap* or treatment*)) or telecare or tele-care or teleconsultation* or tele-consultation* or telehealth* or tele-health* or telemed* or tele-med* or telemental health* or tele-mental health* or telepsych* or tele-psych* or teletherap* or tele-therap* or Deprexis or Interapy or WeChat*).ti,bt,ab,kf.	39293
31. ((android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) adj3 (phone* or telephone*)) or CD-rom* or chat* or Computer* or cyber* or digital or DVD or electronic mail* or e-mail or email or handheld-device* or Interactive or instant messag* or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or mobile application* or Multimedia or multi-media or Online* or on-line* or personal digital assistant* or short messag* or Smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology based or technologydelivered or technology-delivered or technologysupported or technology-supported or text messag* or texting or videoconferenc* or video conferenc* or virtual reality or Web or webbased or webdeliver* or Website*) adj10 (ACT or (attention adj2 modification) or attention training or ((behavio* or cognitive) adj2 (activat* or component? or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or Ccbt or Cognitive behavio* or consultation* or counceling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or memory specificity training or mindfulness or minimal therapist support or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psychodrama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) adj3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) adj3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*).ti,bt,ab,kf.	110153
32. or/22-31	165849
Intervention: Internet	
33. exp Cell Phone/	10805
34. exp Computers, Handheld/	8092
35. Electronic Mail/	2693
36. Internet/	73213
37. Mobile Applications/	6154
38. Multimedia/	1931
39. Online Systems/	8339
40. Software/	109834
41. exp Videoconferencing/	1920
42. (android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) adj3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or electronic mail* or e-mail or email or handheld device* or interactive or instant messag* or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or mobile application* or multimedia or multi-media or online* or on-line* or personal digital assistant* or short messag* or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or text messag* or texting or videoconferenc* or video conferenc* or virtual reality or web or webbased or webdeliver* or website*).ti,bt.	236883
43. or/33-42	376865
Intervention: Psychological treatment	
44. Counseling/	35920
45. exp Directive Counseling/	4207
46. Motivation/	67560
47. exp Psychotherapy/	196297

Search terms	Items found ⁵¹
48. exp Relaxation Therapy/	9083
49. Self Care/	33201
50. Self-Help Groups/	9119
51. Self-Management/	2370
52. therapy.fs.	1871035
53. (behavio* or cognitive).ti.	391585
54. (ACT or (attention adj2 modification) or attention training or ((behavio* or cognitive) adj2 (activat* or component? or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or Cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or memory specificity training or mindfulness or minimal therapist support or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or Self-help or selfhelp) adj3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) adj3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*).ti, bt, ab, kf.	8366404
55. or/44-54	9403221
Combined sets	
56. 21 and 32	11031
57. 21 and 43 and 55	8074
58. 56 or 57	13292
59. limit 58 to yr="2013 -Current"	9110
60. limit 59 to (danish or english or norwegian or swedish)	8906
61. limit 60 to (meta analysis or systematic reviews)	717⁵²

The final search result, usually found at the end of the documentation, forms the list of abstracts.

.ab. =Abstract

.ab.ti. = Abstract or title

.af.= All fields

.bt.= Book title

Exp= Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy

.fs.= Floating Sub-Heading

.hw.= Subject Heading Word

.kf.= Keyword heading word

.pt.= Publication Type

.sh.= Term from the Medline controlled vocabulary

.ti. = Title

/ = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy

* = Focus (if found in front of a MeSH-term)

* or \$= Truncation (if found at the end of a free text term)

.mp=text, heading word, subject area node, title

“ “ = Citation Marks; searches for an exact phrase

ADJn= positional operator that lets you retrieve records that contain your terms (in any order) within a specified number (n) of words of each other.

⁵² The results from the literature search update on May 19 2021, numbers for all other search lines are from the literature search on September 4 2020.

Search terms	Items found
2. TI ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or bipolar or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or cyclophreni* or cyclothymi* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or hypomani* or mania* or manic* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)) OR AB ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or bipolar or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or cyclophreni* or cyclothymi* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or hypomani* or mania* or manic* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*))	110,055
3. S1 OR S2	117,855
Intervention: Internet-delivered psychological treatment	
4. (DE "COMPUTER assisted instruction" OR DE "TELECOMMUNICATION in psychotherapy" OR DE "INTERNET in psychotherapy" OR DE "TELEPHONE in psychotherapy" OR DE "TELEMEDICINE" OR DE "VIRTUAL reality therapy" OR DE "WIRELESS communications in medical care" OR DE "INTERNET counseling")	2,472
5. TI ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or ((distance or remote*) N3 (consultation* or counsel* or intervention* or therap* or treatment*)) or telecare or tele-care or teleconsultation* or tele-consultation* or telehealth* or tele-health* or telemed* or tele-med* or "telemental health*" or "telemental health*" or telepsych* or tele-psych* or teletherap* or tele-therap* or Deprexis or Interapy or WeChat*)) OR AB ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or ((distance or remote*) N3 (consultation* or counsel* or intervention* or therap* or treatment*)) or telecare or tele-care or teleconsultation* or tele-consultation* or telehealth* or tele-health* or telemed* or tele-med* or "telemental health*" or "telemental health*" or telepsych* or tele-psych* or teletherap* or tele-therap* or Deprexis or Interapy or WeChat*))	1,585

Search terms	Items found
<p>6. TI (((android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or handheld-device* or Interactive or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or Web or webbased or webdeliver* or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR AB (((android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or handheld-device* or Interactive or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or Web or webbased or webdeliver* or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)))</p>	15,684
7. S4 OR S5 OR S6	18,112
Intervention: Internet	
<p>8. ((((((((((DE "CELL phones" OR DE "SMARTPHONES" OR DE "TEXT messages (Telephone systems)") OR (DE "POCKET computers")) OR (DE "ATRIX (Smartphone)" OR DE "BLACKBERRY (Smartphone)" OR DE "BLACKBERRY Bold (Smartphone)" OR DE "BLACKBERRY Curve (Smartphone)" OR DE "BLACKBERRY Pearl (Smartphone)" OR DE "BLACKBERRY Storm (Smartphone)" OR DE "DROID (Smartphone)" OR DE "FIRE (Smartphone)" OR DE "G1 (Smartphone)" OR DE "HTC One (Smartphone)" OR DE "IPHONE (Smartphone)" OR DE "NEXUS One (Smartphone)" OR DE "NOKIA smartphones" OR DE "PALM Pre (Smartphone)" OR DE "SAMSUNG Galaxy Nexus (Smartphone)" OR DE "SAMSUNG Galaxy Note (Smartphone)" OR DE "SAMSUNG Galaxy S (Smartphone)")) OR (DE "TABLET computers" OR DE "BLACKBERRY PlayBook (Computer)" OR DE "IPADS" OR DE "KINDLE Fire (Computer)" OR DE "MICROSOFT Surface (Computer)" OR DE "NEWTON (Computer)" OR DE "NEXUS 10 (Computer)" OR DE "NEXUS 7 (Computer)" OR DE "TABLET computers in education" OR DE "XOOM (Computer)")) OR (DE "EMAIL" OR DE "INSTANT messaging" OR DE "ONLINE chat")) OR (DE "INTERNET")) OR (DE "MOBILE apps" OR DE "IPHONE mobile apps" OR DE "TABLET mobile apps")) OR (DE "MOBILE computing")) OR (DE "MULTIMEDIA computer applications")) OR (DE "VIDEOCONFERENCING" OR DE "INTERNET videoconferencing")) OR (DE "COMPUTER conferencing" OR DE "VIDEO chat services (Internet)"))</p>	5,919

Search terms	Items found
9. TI (android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or "handheld device*" or interactive or "instant messag*" or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or web or webbased or webdeliver* or website*)	23,032
10. S8 OR S9	25,953
Intervention: Psychological treatment	
11. ((((((((((DE "COUNSELING psychology") OR (DE "MOTIVATIONAL interviewing")) OR (DE "PSYCHOTHERAPY" OR (DE "ADOLESCENT psychotherapy" OR (DE "ADVENTURE therapy" OR (DE "ANGER management therapy" OR (DE "ART therapy" OR (DE "ASSERTIVENESS training" OR (DE "AUTOGENIC training" OR (DE "AVERSION therapy" OR (DE "BEHAVIOR therapy" OR (DE "BIBLIOTHERAPY" OR (DE "BIOFEEDBACK training" OR (DE "BRIEF psychotherapy" OR (DE "CHILD psychotherapy" OR (DE "CLIENT-centered psychotherapy" OR (DE "COGNITIVE therapy" OR (DE "COMMUNICATIVE psychotherapy" OR (DE "CONJOINT therapy" OR (DE "DESENSITIZATION (Psychotherapy)" OR (DE "DEVELOPMENTAL therapy" OR (DE "DIFFERENTIAL therapeutics in psychiatry" OR (DE "DRAMA therapy" OR (DE "DUAL-brain therapy" OR (DE "ECLECTIC psychotherapy" OR (DE "EMOTION-focused therapy" OR (DE "EMOTIONAL Freedom Techniques" OR (DE "ENVIRONMENTAL psychology" OR (DE "ERHARD seminars training" OR (DE "ETHICAL therapy" OR (DE "EXISTENTIAL psychotherapy" OR (DE "FEELING therapy" OR (DE "FREE association (Psychology)" OR (DE "GESTALT therapy" OR (DE "GRIEF therapy" OR (DE "GROUP psychotherapy" OR (DE "HUMANISTIC psychotherapy" OR (DE "IMPASSE (Psychotherapy)" OR (DE "INTENSIVE psychotherapy" OR (DE "INTERPERSONAL & social rhythm therapy" OR (DE "INTERPERSONAL psychotherapy" OR (DE "LOGOTHERAPY" OR (DE "MILIEU therapy" OR (DE "MIND & body therapies" OR (DE "MORITA psychotherapy" OR (DE "MULTIMODAL psychotherapy" OR (DE "MULTIPLE psychotherapy" OR (DE "NAIKAN psychotherapy" OR (DE "NARRATIVE therapy" OR (DE "NATURE therapy" OR (DE "NEUROLINGUISTIC programming" OR (DE "PERSONAL construct therapy" OR (DE "PHILOSOPHICAL counseling" OR (DE "PRIMAL therapy" OR (DE "PROBLEM-solving therapy" OR (DE "PSYCHODYNAMIC psychotherapy" OR (DE "RADICAL therapy (Psychotherapy)" OR (DE "SOLUTION-focused therapy" OR (DE "STRATEGIC therapy" OR (DE "TRANSACTIONAL analysis" OR (DE "TRANSPERSONAL psychotherapy")) OR (DE "ADOLESCENT analysis" OR (DE "ART therapy for teenagers" OR (DE "BEHAVIOR therapy for teenagers" OR (DE "BIBLIOTHERAPY for teenagers" OR (DE "BRIEF psychotherapy for teenagers" OR (DE "COGNITIVE therapy for teenagers" OR (DE "GROUP psychotherapy for teenagers" OR (DE "MEDIATION therapy for teenagers" OR (DE "PSYCHODYNAMIC psychotherapy for teenagers")) OR (DE "BEHAVIOR modification")) OR (DE "ACCEPTANCE & commitment therapy" OR (DE "COGNITIVE-analytic therapy" OR (DE "COGNITIVE-experiential psychotherapy" OR (DE "EXPOSURE therapy" OR (DE "METACOGNITIVE therapy" OR (DE "MINDFULNESS-based cognitive therapy" OR (DE "RATIONAL emotive behavior therapy" OR (DE "SCHEMA-focused cognitive therapy")) OR (DE "MINDFULNESS")) OR (DE "RELAXATION therapy")) OR (DE "HEALTH self-care")) OR (DE "SELF-help techniques")) OR (DE "SELF-management (Psychology)") OR (DE "MEDITATION")) OR (DE "PSYCHOEDUCATION"))	35,825

Search terms	Items found
12. TI ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)) OR AB ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))	419,882
13. S11 OR S12	425,402
Combined sets	
14. S3 AND S7	2,842
15. S3 AND S10 AND S13	1,460
16. S14 OR S15	1,704
Limiters - Published Date: 20130101-20201231	
Study types: Randomized controlled trials	
17. (DE "RANDOMIZED controlled trials" OR DE "CLUSTER randomized controlled trials" OR DE "BLIND experiment" OR DE "PRE-tests & post-tests" OR DE "CLUSTER sampling" OR DE "SAMPLE size (Statistics)" OR DE "CROSSOVER trials" OR DE "COMPARATIVE studies" OR DE "COMPARATIVE method" OR DE "PLACEBOS (Medicine)" OR (TI (randomised OR randomized) OR AB (random*) OR TI (trial) OR AB (assigned OR allocated OR control) OR AB (control W5 group) OR AB (cluster W3 rct)))	171,815
Combined sets	
18. S16 AND S17	789
Study types: Systematic Reviews	
19. (DE "SYSTEMATIC reviews (Medical research)") OR DE "META-analysis" OR DE "META-synthesis" OR (TI (systematic* n3 review*)) or (AB (systematic* n3 review*)) or (TI (systematic* n3 bibliographic*)) or (AB (systematic* n3 bibliographic*)) or (TI (systematic* n3 literature)) or (AB (systematic* n3 literature)) or (TI (comprehensive* n3 literature)) or (AB (comprehensive* n3 literature)) or (TI (comprehensive* n3 bibliographic*)) or (AB (comprehensive* n3 bibliographic*)) or (TI (integrative n3 review)) or (AB (integrative n3 review)) or (JN "Cochrane Database of Systematic Reviews") or (TI (information n2 synthesis)) or (TI (data n2 synthesis)) or (AB (information n2 synthesis)) or (AB (data n2 synthesis)) or (TI (data n2 extract*)) or (AB (data n2 extract*)) or (TI (medline or pubmed or psyclit or cinahl or (psycinfo not "psycinfo database") or "web of science" or scopus or embase)) or (AB (medline or pubmed or psyclit or cinahl or (psycinfo not "psycinfo database") or "web of science" or scopus or embase)) or (TI (meta-analy* or metaanaly*)) or (AB (meta-analy* or metaanaly*))	24,366
20. S16 AND S19	186

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

Internetförmad psykologisk behandling

Jämförelse med andra behandlingar vid psykiatriska syndrom www.sbu.se/337

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

SU = Subject Terms

ZC = Methodology Index

* = Truncation

“ ” = Citation Marks; searches for an exact phrase

PsycInfo via EBSCO 19 May 2021

Title: Internet-delivered psychological treatment

Search terms	Items found ⁵³
Population: Anxiety and depression 1. (((((((((((((((DE "Stress and Trauma Related Disorders" OR DE "Acute Stress Disorder" OR DE "Adjustment Disorders" OR DE "Attachment Disorders" OR DE "Posttraumatic Stress Disorder") OR (DE "Disinhibited Social Engagement Disorder")) OR (DE "Complex PTSD" OR DE "DESNOS")) OR (DE "Anxiety" OR DE "Anxiety Sensitivity" OR DE "Computer Anxiety" OR DE "Health Anxiety" OR DE "Mathematics Anxiety" OR DE "Performance Anxiety" OR DE "Social Anxiety" OR DE "Speech Anxiety" OR DE "Test Anxiety")) OR (DE "Anxiety Disorders" OR DE "Castration Anxiety" OR DE "Death Anxiety" OR DE "Generalized Anxiety Disorder" OR DE "Obsessive Compulsive Disorder" OR DE "Panic Attack" OR DE "Panic Disorder" OR DE "Phobias" OR DE "Separation Anxiety Disorder" OR DE "Trichotillomania")) OR (DE "Hoarding Disorder" OR DE "Hoarding Behavior")) OR (DE "Acrophobia" OR DE "Agoraphobia" OR DE "Claustrophobia" OR DE "Ophidiophobia" OR DE "School Phobia" OR DE "Social Phobia")) OR (DE "Bipolar Disorder" OR DE "Bipolar I Disorder" OR DE "Bipolar II Disorder" OR DE "Cyclothymic Disorder" OR DE "Mania" OR DE "Hypomania")) OR (DE "Affective Disorders" OR DE "Disruptive Mood Dysregulation Disorder" OR DE "Major Depression" OR DE "Anaclitic Depression" OR DE "Dysthymic Disorder" OR DE "Endogenous Depression" OR DE "Late Life Depression" OR DE "Postpartum Depression" OR DE "Reactive Depression" OR DE "Recurrent Depression" OR DE "Treatment Resistant Depression" OR DE "Seasonal Affective Disorder")) OR (DE "Atypical Depression")) OR (DE "Depression (Emotion)") OR (DE "Body Dysmorphic Disorder")) OR (DE "Body Image Disturbances")) OR (DE "Hypochondriasis")) OR (DE "Premenstrual Dysphoric Disorder" OR DE "Premenstrual Syndrome")) OR (DE "Mutism" OR DE "Elective Mutism")) OR (DE "Panic")) OR (DE "Post-Traumatic Stress")	341,163

⁵³ Search results from the search line marked in bold (the results exported from the database) are from a literature search update on May 19 2021, all other search results are from the literature search on September 4 2020.

Search terms	Items found ⁵³
<p>2. TI ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or bipolar or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or cyclophreni* or cyclothymi* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or hypomani* or mania* or manic* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)) OR AB ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or bipolar or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or cyclophreni* or cyclothymi* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or hypomani* or mania* or manic* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*)) OR KW ((acrophobi* or "acute stress" or "adjustment disorder*" or "adjustment react*" or aerophobi* or "affective disorder*" or agoraphobi* or anxiety* or anxieties or anxiodepressive or anxious* or arachnophobi* or "attachment disorder*" or aviophobi* or bipolar or "body dysmorphic disorder*" or "body image disfunction*" or "body image disorder*" or cyclophreni* or cyclothymi* or dentophobi* or depressed or depression or depressive or depressiveness or depressivity or dermatillomani* or "disinhibited social engagement disorder*" or "disruptive mood dysregulation disorder" or dysmorphophobi* or dysphoria or "dysphori* disorder*" or "dysphori* syndrom*" or dysthymi* or emetophobi* or "excoriation disorder*" or GAD or glossophobi* or "hair pulling" or hoarding or hypochondri* or hypomani* or mania* or manic* or MDD or melanchol* or "mood disorder*" or mute or mutism or "obsessive compulsive" or OCD or odontophobi* or "olfactory reference syndrome*" or "olfactory reference disorder*" or ophidiophobi* or panic or phobi* or ((posttrauma* or "post trauma*") N3 (disorder* or neuros* or psych* or stress* or symptom* or syndrom*)) or "premenstrual syndrom*" or "prolonged grief disorder*" or PTSD or "reactive disorder*" or "skin picking" or "transient situational disturbance" or "traumatic stress" or trichotillomani*))</p>	532,105
3. S1 OR S2	551,159
Intervention: Internet-delivered psychological treatment	
<p>4. (DE "Computer Assisted Therapy" OR DE "Telemedicine" OR DE "Online Therapy" OR DE "Teleconsultation" OR DE "Telepsychiatry" OR DE "Telepsychology" OR DE "Telerehabilitation" OR DE "Computer Assisted Instruction" OR DE "Digital Interventions" OR DE "Electronic Health Services" OR DE "Mobile Health" OR DE "Video-Based Interventions" OR DE "Virtual Reality Exposure Therapy" OR DE "Virtual Reality")</p>	35,262

Search terms		Items found ⁵³
5.	<p>TI ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or ((distance or remote*) N3 (consultation* or counsel* or intervention* or therap* or treatment*)) or telecare or tele-care or teleconsultation* or tele-consultation* or telehealth* or tele-health* or telemed* or tele-med* or "telemental health*" or "tele-mental health*" or telepsych* or tele-psych* or teletherap* or tele-therap* or Deprexis or Interapy or WeChat*) OR AB ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or ((distance or remote*) N3 (consultation* or counsel* or intervention* or therap* or treatment*)) or telecare or tele-care or teleconsultation* or tele-consultation* or telehealth* or tele-health* or telemed* or tele-med* or "telemental health*" or "tele-mental health*" or telepsych* or tele-psych* or teletherap* or tele-therap* or Deprexis or Interapy or WeChat*) OR KW ((cCBT or c-CBT or cyber-counseling or cyber-counselling or cybercounseling or cybercounselling or "digital health" or e-consultation or eCBT or e-CBT or econsultation or e-counseling or e-counselling or ecounseling or ecounselling or e-health or ehealth or emedicine or e-medicine or "emental health*" or "e-mental health*" or e-portal or eportal or epsych* or e-psych* or e-therapy or etherapy or i-CBT or ICBT or m-health or mhealth or "mobile health" or ((distance or remote*) N3 (consultation* or counsel* or intervention* or therap* or treatment*)) or telecare or tele-care or teleconsultation* or tele-consultation* or telehealth* or tele-health* or telemed* or tele-med* or "telemental health*" or "tele-mental health*" or telepsych* or tele-psych* or teletherap* or tele-therap* or Deprexis or Interapy or WeChat*)</p>	9,455

6. T1 (((android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or handheld-device* or Interactive or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or Web or webbased or webdeliver* or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR AB (((android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or handheld-device* or Interactive or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or Web or webbased or webdeliver* or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))) OR KW (((android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or handheld-device* or Interactive or "instant messag*" or Internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-based or technology-delivered or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or Web or webbased or webdeliver* or Website*) N10 (ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cCBT or "cognitive behavio*" or consultation* or counseling or counselling or DBT or "dialectical behavio*" or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)))

Search terms	Items found ⁵³
7. S4 OR S5 OR S6	101,332
Intervention: Internet	
8. (DE "Mobile Devices" OR DE "Mobile Phones" OR DE "Smartphones" OR DE "Tablet Computers" OR DE "Text Messaging" OR DE "Computer Mediated Communication" OR DE "Websites" OR DE "Internet" OR DE "Computer Applications" OR DE "Mobile Applications" OR DE "Teleconferencing" OR DE "Videoconferencing")	61,990
9. TI (android or app or apps or blackberry or blended or cellphone or ((cell* or mobile or smart) N3 (phone* or telephone*)) or CD-rom* or chat* or computer* or cyber* or digital or DVD or "electronic mail*" or e-mail or email or "handheld device*" or interactive or "instant messag*" or internet* or ipad* or i-pad* or iphone* or i-phone* or messaging or "mobile application*" or multimedia or multi-media or online* or on-line* or "personal digital assistant*" or "short messag*" or smartphone* or SMS or tablet* or technologyassisted or technology-assisted or technologybased or technology-based or technologydelivered or technology-delivered or technologysupported or technology-supported or "text messag*" or texting or videoconferenc* or "video conferenc*" or "virtual reality" or web or webbased or webdeliver* or website*)	105,839
10. S8 OR S9	130,501

Search terms	Items found ⁵³
Intervention: Psychological treatment	
11. ((((((((((((((DE "Counseling") OR (DE "Gerontological Counseling" OR DE "Grief Counseling" OR DE "Group Counseling")) OR (DE "Psychotherapy" OR DE "Adlerian Psychotherapy" OR DE "Adolescent Psychotherapy" OR DE "Multisystemic Therapy" OR DE "Affirmative Therapy" OR DE "Analytical Psychotherapy" OR DE "Autogenic Training" OR DE "Brief Psychotherapy" OR DE "Brief Relational Therapy" OR DE "Child Psychotherapy" OR DE "Play Therapy" OR DE "Client Centered Therapy" OR DE "Conversion Therapy" OR DE "Couples Therapy" OR DE "Eclectic Psychotherapy" OR DE "Emotion Focused Therapy" OR DE "Existential Therapy" OR DE "Experiential Psychotherapy" OR DE "Expressive Psychotherapy" OR DE "Eye Movement Desensitization Therapy" OR DE "Feminist Therapy" OR DE "Geriatric Psychotherapy" OR DE "Gestalt Therapy" OR DE "Empty Chair Technique" OR DE "Group Psychotherapy" OR DE "Encounter Group Therapy" OR DE "Therapeutic Community" OR DE "Guided Imagery" OR DE "Humanistic Psychotherapy" OR DE "Client Centered Therapy" OR DE "Hypnotherapy" OR DE "Age Regression (Hypnotic)" OR DE "Ericksonian Psychotherapy" OR DE "Posthypnotic Suggestions" OR DE "Individual Psychotherapy" OR DE "Insight Therapy" OR DE "Integrative Psychotherapy" OR DE "Schema Therapy" OR DE "Interpersonal Psychotherapy" OR DE "Logotherapy" OR DE "Narrative Therapy" OR DE "Network Therapy" OR DE "Persuasion Therapy" OR DE "Primal Therapy" OR DE "Psychoanalysis" OR DE "Adlerian Psychotherapy" OR DE "Brief Relational Therapy" OR DE "Dream Analysis" OR DE "Self-Analysis" OR DE "Psychodrama" OR DE "Psychodynamic Psychotherapy" OR DE "Psychotherapeutic Counseling" OR DE "Family Therapy" OR DE "Psychotherapeutic Techniques" OR DE "Active Listening" OR DE "Animal Assisted Therapy" OR DE "Autogenic Training" OR DE "Brief Relational Therapy" OR DE "Centering" OR DE "Cotherapy" OR DE "Dream Analysis" OR DE "Empty Chair Technique" OR DE "Ericksonian Psychotherapy" OR DE "Free Association" OR DE "Guided Imagery" OR DE "Life Review" OR DE "Mirroring" OR DE "Morita Therapy" OR DE "Motivational Interviewing" OR DE "Mutual Storytelling Technique" OR DE "Network Therapy" OR DE "Paradoxical Techniques" OR DE "Psychodrama" OR DE "Rational Emotive Behavior Therapy" OR DE "Reality Therapy" OR DE "Relationship Therapy" OR DE "Solution Focused Therapy" OR DE "Strategic Therapy" OR DE "Strategic Family Therapy" OR DE "Supportive Psychotherapy" OR DE "Transactional Analysis")) OR (DE "Marathon Group Therapy")) OR (DE "Conjoint Therapy" OR DE "Strategic Family Therapy" OR DE "Structural Family Therapy")) OR (DE "Behavior Modification" OR DE "Behavior Contracting" OR DE "Behavior Therapy" OR DE "Aversion Therapy" OR DE "Conversion Therapy" OR DE "Dialectical Behavior Therapy" OR DE "Exposure Therapy" OR DE "Implosive Therapy" OR DE "Reciprocal Inhibition Therapy" OR DE "Response Cost" OR DE "Systematic Desensitization Therapy" OR DE "Biofeedback Training" OR DE "Classroom Behavior Modification" OR DE "Contingency Management" OR DE "Token Economy Programs" OR DE "Fading (Conditioning)" OR DE "Omission Training" OR DE "Overcorrection" OR DE "Self-Management" OR DE "Self-Instructional Training" OR DE "Time Out")) OR (DE "Imaginal Exposure" OR DE "Implosive Therapy" OR DE "In Vivo Exposure" OR DE "Prolonged Exposure Therapy" OR DE "Systematic Desensitization Therapy" OR DE "Virtual Reality Exposure Therapy")) OR (DE "Cognitive Techniques" OR DE "Cognitive Restructuring" OR DE "Cognitive Therapy" OR DE "Self-Instructional Training")) OR (DE "Cognitive Behavior Therapy" OR DE "Acceptance and Commitment Therapy" OR DE "Cognitive Processing Therapy" OR DE "Prolonged Exposure Therapy")) OR (DE "Mindfulness-Based Interventions" OR DE "Mindfulness")) OR (DE "Meditation" OR DE "Relaxation Therapy" OR DE "Progressive Relaxation Therapy")) OR (DE "Psychoeducation")) OR (DE "Self-Help Techniques" OR DE "Self-Management" OR DE "Self-Instructional Training")) OR (DE "Anxiety Management")) OR (DE "Neuropsychological Rehabilitation" OR DE "Cognitive Rehabilitation")	342,897
12. TI (behavio* or cognitive)	363,377

Search terms	Items found ⁵³
13. TI ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)) OR AB ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*)) OR KW ((ACT or (attention N2 modification) or "attention training" or ((behavio* or cognitive) N2 (activat* or component# or contracting or defusion or guidance or management or modif* or rehab* or restructur* or technique* or train*)) or CBT or cognitive behavio* or consultation* or counseling or counselling or DBT or dialectical behavio* or hypnosis or hypnotherapy or intervention* or meditation or "memory specificity training" or mindfulness or "minimal therapist support" or "motivational interviewing" or program* or psychoanaly* or psycho-analy* or psychodrama or psycho-drama* or psychodynamic or psychoeducat* or psycho-educat* or psychotherap* or relaxation or ((self-care or selfcare or self-help or selfhelp) N3 (administered or guided or instruct* or strateg* or supervised or tool*)) or ((self-administered or selfadministered) N3 (guided or instruct* or strateg* or supervised)) or self-management or support or therap* or treatment*))	1,923,563
14. S11 OR S12 OR S13	2,156,228
Combined sets	
15. S3 AND S7	13,371
16. S3 AND S10 AND S14	6,664
17. S15 OR S16	15,030
18. S15 OR S16	8,260
Limiters - Published Date: 20130101-20201231; Language: Danish, English, Norwegian, Swedish	
Study types: Randomized controlled trials	
19. ZC "treatment outcome/clinical trial" or DE "Clinical Trials" or DE "Placebo"	16,569
20. TX((randomi?ed) N3 (study or trial or design or method* or test* or assessment)) or TX((random*) N3 (assign* or alloca*)) or TX((singl* or doubl* or tripl* or trebl*)) N3 (blind* or dumm* or mask*)) or TX(clinical W2 trial*) or TX((singl* or doubl* or treb* or tripl*) W2 (blind* or mask*)) or TX(placebo*) or TX(randomly allocated) or TX(allocated N2 random*) or AB(randomi?ed N6 n=) or TI(controlled W3 trial*) or AB(controlled W3 trial*)	182,508
21. S19 OR S20	182,508
Combined sets	
22. S18 AND S21	2,750
Study types: Systematic Reviews	
23. (DE "Meta Analysis" OR ZC "systematic review" OR ZC "meta analysis" OR DE "Systematic Review") OR (TX (systematic* N3 review*) OR TX (metaanaly* OR meta-analy* OR "meta analy**")) OR (TX ((systematic* n3 bibliographic*) OR (systematic* n3 literature) OR (comprehensive* n3 literature) OR (comprehensive* n3 bibliographic*) OR (integrative n3 review) OR (information n2 synthesis) OR (data n2 synthesis) OR (data n2 extract*)) OR JN ("Cochrane Database of Systematic Reviews"))	78,602

Search terms	Items found ⁵³
24. S18 AND S23	784 ⁵⁴

The search result, usually found at the end of the documentation, forms the list of abstracts.

AB = Abstract

AU = Author

DE = Term from the thesaurus

MM = Major Concept

TI = Title

TX = All Text. Performs a keyword search of all the database's searchable fields

SU = Subject Terms

ZC = Methodology Index

* = Truncation

“ ” = Citation Marks; searches for an exact phrase

⁵⁴ The results from the literature search update on May 19 2021, numbers for all other search lines are from the literature search on September 4 2020.

Scopus via Elsevier 4 September 2020

Title: Internet-delivered psychological treatment (citation search)

Search terms	Items found
Cited article	
1. EID(2-s2.0-84885857343 OR 2-s2.0-84877696974 OR 2-s2.0-84876125735 OR 2-s2.0-84872155895 OR 2-s2.0-84871506936 OR 2-s2.0-84871698689 OR 2-s2.0-84874095814 OR 2-s2.0-84867920546 OR 2-s2.0-84867571347 OR 2-s2.0-84865835083 OR 2-s2.0-84865061728 OR 2-s2.0-84865656264 OR 2-s2.0-84862336194 OR 2-s2.0-84867912876 OR 2-s2.0-84862606042 OR 2-s2.0-84861546447 OR 2-s2.0-84861378091 OR 2-s2.0-84864240487 OR 2-s2.0-84864224884 OR 2-s2.0-84860546451 OR 2-s2.0-84857365473 OR 2-s2.0-84858419037 OR 2-s2.0-82355161900 OR 2-s2.0-81755184077 OR 2-s2.0-80053576212 OR 2-s2.0-80053440909 OR 2-s2.0-80054002945 OR 2-s2.0-80052803455 OR 2-s2.0-80052246998 OR 2-s2.0-79959567851 OR 2-s2.0-79960039955 OR 2-s2.0-79959924181 OR 2-s2.0-79960006994 OR 2-s2.0-79952800922 OR 2-s2.0-79953036530 OR 2-s2.0-79951683551 OR 2-s2.0-78249259975 OR 2-s2.0-78651424402 OR 2-s2.0-78651292206 OR 2-s2.0-77957675037 OR 2-s2.0-77955268717 OR 2-s2.0-77956216738 OR 2-s2.0-77956200567 OR 2-s2.0-77955887970 OR 2-s2.0-77955119015 OR 2-s2.0-77952541921 OR 2-s2.0-77950626687 OR 2-s2.0-77950683819 OR 2-s2.0-77951085017 OR 2-s2.0-77953846865 OR 2-s2.0-71049146017 OR 2-s2.0-71049122698 OR 2-s2.0-77950628924 OR 2-s2.0-68849120902 OR 2-s2.0-70450200719 OR 2-s2.0-70449412478 OR 2-s2.0-69649106153 OR 2-s2.0-68849130879 OR 2-s2.0-68049108415 OR 2-s2.0-67650891877 OR 2-s2.0-70749153302 OR 2-s2.0-66749158460 OR 2-s2.0-69249232349 OR 2-s2.0-58049097406 OR 2-s2.0-56749104681 OR 2-s2.0-53149098970 OR 2-s2.0-58149215898 OR 2-s2.0-47649129015 OR 2-s2.0-47649083092 OR 2-s2.0-41649117099 OR 2-s2.0-39449117967 OR 2-s2.0-36049022800 OR 2-s2.0-36749091242 OR 2-s2.0-34347209965 OR 2-s2.0-33846986855 OR 2-s2.0-33745008808 OR 2-s2.0-33846297670 OR 2-s2.0-28444457218 OR 2-s2.0-27544481720 OR 2-s2.0-23644461223 OR 2-s2.0-29144518062 OR 2-s2.0-0842265438 OR 2-s2.0-0141856571 OR 2-s2.0-3242760677 OR 2-s2.0-0035113364 OR 2-s2.0-0035733712 OR 2-s2.0-0034758557)	87
2. #1 View cited by	4,121
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The search result, usually found at the end of the documentation, forms the list of abstracts.

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Epistemonikos 4 September 2020
Title: Internet-delivered psychological treatment

Search terms	Items found
Population: Anxiety and depression AND Intervention: Internet-delivered psychological treatment	
4. (title:(acrophobi* OR "acute stress" OR "adjustment disorder*" OR "adjustment react*" OR aerophobi* OR "affective disorder*" OR agoraphobi* OR anxiety* OR anxieties OR anxiodepressive OR anxious* OR arachnophobi* OR "attachment disorder*" OR aviophobi* OR bipolar OR "body dysmorphic disorder*" OR "body image disfunction*" OR "body image disorder*" OR cyclophreni* OR cyclothymi* OR dentophobi* OR depressed OR depression OR depressive OR depressiveness OR depressivity OR dermatillomani* OR "disinhibited social engagement disorder*" OR "disruptive mood dysregulation disorder" OR dysmorphophobi* OR dysphoria OR "dysphori* disorder*" OR "dysphori* syndrom*" OR dysthymi* OR emetophobi* OR "excoriation disorder*" OR GAD OR glossophobi* OR "hair pulling" OR hoarding OR hypochondri* OR hypomani* OR mania* OR manic* OR MDD OR melanchol* OR "mood disorder*" OR mute OR mutism OR "obsessive compulsive" OR OCD OR odontophobi* OR "olfactory reference syndrome*" OR "olfactory reference disorder*" OR ophidiophobi* OR panic OR phobi* OR posttrauma* OR "post trauma*") AND (title:(internet* OR online* OR web* OR Smartphone* OR "Smart phone*" OR computer* OR technology* OR cCBT OR c-CBT OR "digital health" OR eCBT OR e-CBT OR e-health OR ehealth OR emedicine OR e-medicine OR e-therapy OR etherapy OR i-CBT OR ICBT OR m-health OR mhealth OR "mobile health" OR telecare OR tele-care OR teleconsultation* OR tele-consultation* OR telehealth* OR tele-health* OR telemed* OR tele-med OR teletherap* OR tele-therap*))	164
Publication year: Last 10 years Publication type: Systematic review	

The search result, usually found at the end of the documentation, forms the list of abstracts.

Norwegian Institute of Public Health publication database 4 September 2020
Title: Internet-delivered psychological treatment

Search terms	Items found
Intervention: Internet-delivered psychological treatment	
1. Terapeutveiledet internettbehandling	1

The search result, usually found at the end of the documentation, forms the list of abstracts.

International HTA database 4 September 2020
Title: Internet-delivered psychological treatment

Search terms	Items found
Population: Anxiety and depression AND Intervention: Internet-delivered psychological treatment	
5. Title:((internet* OR online* OR web* OR Smartphone* OR "Smart phone" OR computer* OR cCBT OR eCBT OR ehealth OR emedicine OR etherapy OR ICBT OR mhealth OR mobile OR telecare OR teleconsultation* OR telehealth* OR telemed* OR teletherap*) AND (anxiety* OR anxieties OR anxiodepressive OR anxious* OR bipolar OR depressed OR depression OR depressive OR depressiveness OR depressivity OR hoarding OR hypochondri* OR hypomani* OR mania* OR manic* OR mutism OR obsessive OR compulsive OR OCD OR panic OR phobi* OR posttrauma* OR PTSD))	5
Year: 2013 to 2020	

The search result, usually found at the end of the documentation, forms the list of abstracts.

KSR Evidence 4 September 2020**Title: Internet-delivered psychological treatment**

Search terms	Items found
Population: Anxiety and depression	
6. (internet* OR online* OR web* OR Smartphone* OR "Smart phone" OR computer* OR cCBT OR eCBT OR ehealth OR emedicine OR itherapy OR ICBT OR mhealth OR mobile OR telecare OR teleconsultation* OR telehealth* OR telemed* OR teletherap*) in Title	
Intervention: Internet-delivered psychological treatment	
7. (anxiety* OR anxieties OR anxiodepressive OR anxious* OR bipolar OR depressed OR depression OR depressive OR depressiveness OR depressivity OR hoarding OR hypochondri* OR hypomani* OR mania* OR manic* OR mutism OR obsessive OR compulsive OR OCD OR panic OR phobi* OR posttrauma* OR PTSD) in Title	
Combined sets	
8. #1 and #2 in All text	114
Date published: 2013 - 2020	

The search result, usually found at the end of the documentation, forms the list of abstracts.