



Bilaga 6 Utfallsmått med skalor och referenser

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Tabell 1 Utfallsmått med skalor och referenser

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Psyiskt välbefinnande				
Välbefinnande		Kidscreen-27	[1]	[2] [3] [4] n=4 075
Välbefinnande		IPPA	[5]	[6] [7] n=34
Välbefinnande		WEMWBS - Warwick Edinburgh Mental Wellbeing Scale	[8]	[9] [10] n= 9051
Välbefinnande		CHIP - CE/PE; well-being	[11]	[12] n=37
Välbefinnande		SWL - satisfaction with life scale	[13]	[2, 14] n=187
Välbefinnande		SCC-R – Social Connectedness Scale	[15]	[14] [16] n=177
Välbefinnande		ACER – well being survey - lärare	[17]	[18] n=100
Välbefinnande		Psychological well-being scale;	[19]	[20] n=283
Välbefinnande		Emotion Profile Inventory, Studie	[21]	[22]

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
				n=51
Livskvalité (QoL och Mental health)		AF-5; Five-Factor Self Concept Questionnaire	[23]	[24] n=1 147
Livskvalité (QoL och Mental health)		KINDL-R	[25]	[26] n=1 220
Livskvalité (QoL och Mental health)		CHU-90D	[27]	[28], [3] n=3 888
Livskvalité (QoL och Mental health)		Mental health (MH-5) subscale of EQ5D	[29] [30]	[2] n=187
Livskvalité (QoL och Mental health)		YSR - Youth Self-Report	[31, 32]	[33] [34] [35] n=1 417
Känsla av sammanhang		PRQ - Peer Relations Questionnaire	[36]	[37] n=327
Förmågor till psykiskt välbefinnande				
Social och emotionell kompetens	C1 - Självmedvetenhet	TMMS-24	[38]	[9] n= 675
Social och emotionell kompetens	C1 - Självmedvetenhet	ELC, SS: Self awareness	[39]	[40] n=766

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Social och emotionell kompetens	C2 - Självkontroll	Responses to Stress Questionnaire	[41]	[42] n=159
Social och emotionell kompetens	C2 - Självkontroll	ERICA	[43]	[44] n=19
Social och emotionell kompetens	C2 - Självkontroll	DERS	[45]	[16] [46] [47] n= 357
Social och emotionell kompetens	C2 - Självkontroll	SSRS, SS: Self control	[48]	[33, 34] n=1417
Social och emotionell kompetens	C2 - Självkontroll	SCS, SS: Emotional regulation	[49]	[37] [50] [51] n=1 180
Social och emotionell kompetens	C2 - Självkontroll	SSBS-2, SS: Self management	[52]	[53] n=144
Social och emotionell kompetens	C2 - Självkontroll	BAS-3, SS: Self control	[54]	[55] [56] [57] n=2 453
Social och emotionell kompetens	C2 - Självkontroll	QACSE-P, SS: self control	[58]	[55] [56] n=1 825
Social och emotionell kompetens	C2 - Självkontroll	QACSE, SS: self control	[58]	[59] n=269
Social och emotionell kompetens	C2 - Självkontroll	ELC, SS: Motivation, SS: Self regulation	[39]	[40] n=766
Social och emotionell kompetens	C2 - Självkontroll	ELAI	[60]	[61] n=2 122

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Social och emotionell kompetens	C2 - Självkontroll	SHP, SS: Emotional regulation	[62]	[63] n= 3 556
Social och emotionell kompetens	C2 - Självkontroll	SSBS-2, SS: Self management	[52]	[64] n=318
Social och emotionell kompetens	C2 - Självkontroll	Child Self-Control Rating Scale	[65]	[66] n=268
Social och emotionell kompetens	C3 - Social medvetenhet	TOCA C	[67] [68]	[69] [70] [71] n=2 303
Social och emotionell kompetens	C3 - Social medvetenhet	SSRS, SS: Cooperation, SS:Empathy	[48]	[33, 34] n=1417
Social och emotionell kompetens	C3 - Social medvetenhet	FACES	[72]	[37] n=327
Social och emotionell kompetens	C3 - Social medvetenhet	ACES	[73]	[74] [53] [75] [64] n=1349
Social och emotionell kompetens	C3 - Social medvetenhet	KEI	[76]	[74] n=246
Social och emotionell kompetens	C3 - Social medvetenhet	SDQ, SS: Prosocial behaviour	[77]	[78] [61] [33, 34] [79] [80] [81] [82] [71], [70] n=19 628

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Social och emotionell kompetens	C3 - Social medvetenhet	BAS-3, SS: Social awereness	[54]	[55] [56] [57] n=2 453
Social och emotionell kompetens	C3 - Social medvetenhet	QACSE-P, SS: Social awereness	[58]	[55] [56] n=1 825
Förmågor till psykiskt välbefinnande	C3 - Social medvetenhet	QACSE, SS: Social awereness	[58]	[59] n=269
Social och emotionell kompetens	C3 - Social medvetenhet	ELC, SS: Empathy	[39]	[40] n=766
Social och emotionell kompetens	C3 - Social medvetenhet	PERCEVAL	[83]	[12] n=37
Social och emotionell kompetens	C3 - Social medvetenhet	IRI, SS: Empathy, SS: Perspective taking	[84]	[85] [86] n=403
Social och emotionell kompetens	C3 - Social medvetenhet	SGQ (Finns justerat F-värde i texten högst upp på s 16)	[87]	[85] n=99
Social och emotionell kompetens	C3 - Social medvetenhet	MASCS (Multisource Assessment of Social Competence Scale)	[87]	[81] n=3844
Social och emotionell kompetens	C3 - Social medvetenhet	TASB (Teacher Assessment of	[88]	[89] n=114

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
		Social Behavior questionnaire)		
Social och emotionell kompetens	C3 - Social medvetenhet	The Emotional Intelligence Questionnaire	[90]	[91] n=164
Social och emotionell kompetens	C3 - Social medvetenhet	The emotional label comprehension task	[92]	[93] n=79
Social och emotionell kompetens	C3 - Social medvetenhet	EMS (Emotion Matching Scale)	[94]	[95] n=492
Social och emotionell kompetens	C3 - Social medvetenhet	SDQ (The Strengths Difficulties Questionnaire)	[96]	[97] n=8 941
Social och emotionell kompetens	C3 - Social medvetenhet	Child Health and Development (CHD);	[1]	[98], n=631
Social och emotionell kompetens	C3 - Social medvetenhet	People in My Life	[99]	[22] n=51
Social och emotionell kompetens	C4 - Relationskompetens	CDP, SS: Communication	[100]	[46] n=357
Social och emotionell kompetens	C4 - Relationskompetens	SSBS-2, SS: Peer relations	[52]	[101] [53] [64] n=781

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Social och emotionell kompetens	C4 - Relationskompetens	SSRS, SS: Assertion	[48]	[33, 34] n=1417
Social och emotionell kompetens	C4 - Relationskompetens	SCS, SS: Pro-social behaviour	[49]	[37] n=1 536
Social och emotionell kompetens	C4 - Relationskompetens	AICQ, SS: Asserting influence, SS: Conflict resolution	[102]	[9] n=675
Social och emotionell kompetens	C4 - Relationskompetens	PKBS, composite score	[103]	[74] n=283
Social och emotionell kompetens	C4 - Relationskompetens	SSBS-2, SS: Peer relations	[52]	[53] n=144
Social och emotionell kompetens	C4 - Relationskompetens	BASC	[104]	[105] n=273
Social och emotionell kompetens	C4 - Relationskompetens	BAS-3, SS: Leadership	[54]	[55] n=2 453
Social och emotionell kompetens	C4 - Relationskompetens	QACSE-P, SS: Relation competence	[56]	[56] [55] n=1825

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Social och emotionell kompetens	C4 - Relationskompetens	QACSE, SS: Relationship skills	[58]	[59] n=269
Social och emotionell kompetens	C4 - Relationskompetens	BAS-3, SS: Leadership	[54]	[56] n=2 453
Social och emotionell kompetens	C4 - Relationskompetens	BAS-3, SS: Leadership	[54]	[57] n=2 453
Social och emotionell kompetens	C4 - Relationskompetens	ELC, SS: Social skills	[39]	[40] n=766
Social och emotionell kompetens	C4 - Relationskompetens	SCS, SS: Pro-social behaviour	[49]	[75] n=1 536
Social och emotionell kompetens	C4 - Relationskompetens	SHP, SS: Social competence	[49]	[106] n=8 548
Social och emotionell kompetens	C4 - Relationskompetens	PKBS, composite score	[103]	[12] n=283

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Social och emotionell kompetens	C4 - Relationskompetens	SSRS, SS: Social skills	[48]	[18] n=100
Social och emotionell kompetens	C4 - Relationskompetens	SHP, SS: Social competence	[49]	[63] n=8 548
Social och emotionell kompetens	C4 - Relationskompetens	SHP SCS	[107]	[63] n=1 562
Social och emotionell kompetens	C4 - Relationskompetens	SSBS-2, SS: Peer relations	[52]	[64] n=424
Social och emotionell kompetens	C4 - Relationskompetens	SCS, SS: Pro-social behaviour	[49]	[50] n=1 536
Social och emotionell kompetens	C4 - Relationskompetens	SCS, SS: Pro-social behaviour	[49]	[51] n=1 536
Social och emotionell kompetens	C4 - Relationskompetens	TCPR (Teacher Checklist of Peer Relations)	[108]	[89] n=114
Social och emotionell kompetens	C5 - Ansvarsfullt beslutsfattande	CDP, SS: Decision making, SS: Problem solving	[100]	[46] n=357

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Social och emotionell kompetens	C5 - Ansvarsfullt beslutsfattande	CST	[109]	[74] n=1 657
Social och emotionell kompetens	C5 - Ansvarsfullt beslutsfattande	QACSE, SS: Responsible decision making	[58]	[59] n=269
Social och emotionell kompetens	C5 - Ansvarsfullt beslutsfattande	CST (Challenging Situations Task)	[109]	[75] n=1 657
Social och emotionell kompetens	C5 - Ansvarsfullt beslutsfattande	CST (Challenging Situations Task)	[109]	[110] n=1 657
Social och emotionell kompetens	C5 - Ansvarsfullt beslutsfattande	CST (Challenging Situations Task)	[109]	[51] n=1 657
Social och emotionell kompetens	C5 - Ansvarsfullt beslutsfattande	CST (Challenging Situations Task)	[109]	[95] n=492
Social och emotionell kompetens	C6 - Kompositmått	SEARS-C	[111]	[101] n=106
Social och emotionell kompetens	C6 - Kompositmått	SSRS, Total score	[48]	[33] [34] n=1417
Social och emotionell kompetens	C6 - Kompositmått	HSCS, total score, teacher report	[74]	[74] [112] n=811

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Social och emotionell kompetens	C6 - Kompositmått	SSIS	[113]	[33] [34] n=5 148
Social och emotionell kompetens	C6 - Kompositmått	SECCI, (tabell 3)	[114]	[115] n=4 516
Social och emotionell kompetens	C6 - Kompositmått	DESSA-SSE, composite score	[116] [117]	[80] n=7 300
Social och emotionell kompetens	C6 - Kompositmått	SSIS-RST, total composite score of social skills	[113]	[118] n=75 148
Social och emotionell kompetens	C6 - Kompositmått	SSIS-RST, total composite score of social skills	[113]	[119] n=75 148
Social och emotionell kompetens	C6 - Kompositmått	DESSA-SSE, composite score	[117] [120]	[97] n=8 941
Social och emotionell kompetens	C6 - Kompositmått	DESSA-SSE, composite score	[117] [120]	[121] n=7 419
Social och emotionell kompetens	C6 - Kompositmått	ASBI (Adaptive Social Behavior Inventory)	[122]	[123] n=341
Resiliens				
Resiliens		SDQ- I/II - Self-Description Questionnaire (I och II)	[124]	[55] [85] [59] [24] [56] [125] [71] [70] n=3256
Resiliens		RS14 - Resiliency Scale	[126]	[127] [7]

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
				n=1408
Resiliens		Mastery	[128]	[34]
				n=1417
Resiliens		RI - Resiliency inventory	[124]	[85]
				n=99
Resiliens		RSCA - Resiliency Scales for Children and Adolescents	[129]	[46] [130]
				n= 454
Resiliens		SCS-SF - Self-Compassion Scale-short form	[15]	[16]
				n=122
Resiliens		SCS – Social connectedness-Scale	[131]	[14]
				n=55
Resiliens		SEQ-C - Self-Efficacy Questionnaire	[132]	[9]
				n=675
Resiliens		GSES - General Self-Efficacy Scale	[133]	[134]
				n=280
Resiliens		SCS (Self-Compassion scale)	[135]	[14]
				n=55
Resiliens		RS 25;	[136]	[6]
				n=34

Utfall	CASEL-domän	Skala	Skalreferens för validering av skala	Används i studie Antal deltagare totalt
Copingstrategier				
Copingstrategier		CS (coping scale)	[137]	[101] [138] n=1 381
Copingstrategier		CSI-15 (Coping scale indication)	[137]	[9] n=1 381
Copingstrategier		Kidcope questionnaire	[139]	[79] n=1 483
Copingstrategier		SK-Knowledge Test	[140]	[101] n=106
Copingstrategier		Responses to Stress	[41]	[42] n=159
Självförtroende				
Självförtroende		RSE - Rosenberg Self-esteem Scale	[141]	[9] [134] n=955
Självförtroende		Battles Self Esteem Questionnaire	[142]	[143] n=49

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