



## Bilaga 3

1 (3)

Program för att förebygga suicid och  
suicidförsök hos barn / Programs for prevention of  
and suicidal attempts in children, rapport 336 (2010)

### Bilaga 3 Tabell över ingående studier/ Appendix 3 Table of included studies

Tabell över ingående studier/ Table of included studies

<b>First author Country Year Reference</b>	<b>General characteristics</b>	<b>Intervention Intervention group</b>	<b>Control Control group</b>	<b>Outcome</b>
Schilling et al USA 2014 [18]	<p><b>Aim</b> Replicate results from evaluations in high schools in middle schools.</p> <p><b>Study design</b> Cluster RCT</p> <p><b>Prevention level</b> Universal</p> <p><b>Setting</b> 11 schools with a high proportion of students who had parents serving in the military accepted to participate; 3 dropped out</p> <p><b>Population</b> n=386 students in 5<sup>th</sup> to 8<sup>th</sup> grade</p> <p><b>Length of follow-up (months)</b> 3 months post-baseline.</p>	<p><b>Name of program</b> Signs of Suicide</p> <p><b>Program deliverer</b> Mainly school psychologists and counselors</p> <p><b>Program extent</b> Not described in the study but according to the website of the program: 1 session 50 minutes</p> <p><b>Participants (nb randomized)</b> K=6 schools n=156 females, 143 males age: 11–14 Ethnicity: 41% White</p> <p><b>Dropout rate at follow-up</b> 92% (386/419) of the total sample that completed the pretest</p>	<p><b>Control condition</b> Curriculum as usual</p> <p><b>Deliverer</b> N/A</p> <p><b>Participants</b> K=2 schools n=47 females, 40 males age: 11–14</p> <p><b>Dropout rate at follow-up</b> See Intervention group</p>	<p><b>Outcome</b> Suicide attempts</p> <p><b>Measures</b> Self-report based on the Youth Risk Behavior Survey</p> <p><b>Results</b> For those that reported suicidal behavior at pretest: Signs of Suicide: 5 suicide attempts Control: 0 suicide attempts. NS</p>
Vidot et al USA 2016 [19]	<p><b>Aim</b> Evaluate efficacy of a family-based intervention to decrease</p>	<p><b>Name of program</b> Familias Unidas</p> <p><b>Program deliverer</b></p>	<p><b>Control condition</b> HIV risk-reduction intervention</p> <p><b>Deliverer</b></p>	<p><b>Outcome</b> Suicide attempts</p> <p><b>Measures</b></p>

	<p>suicide risk behaviors on Hispanic Youth.</p> <p><b>Study design</b> RCT</p> <p><b>Prevention level</b> Selective</p> <p><b>Setting</b> Miami-Dade County Public School system</p> <p><b>Population</b> Hispanic 8<sup>th</sup> grade adolescents:</p> <p><b>Inclusion and exclusion criteria</b> Unknown</p> <p><b>Length of follow-up (months)</b> 6, 18 and 30 months.</p>	<p>Not reported</p> <p><b>Program extent</b> 4 group sessions for the parents and four group sessions where also the adolescent participated</p> <p><b>Participants</b> n=376 Female: 48% (whole sample) Mean age:13,9 years (whole sample) SES: most families were low income</p> <p><b>Dropout rate at follow up</b> 12.7% at 30 months (whole sample)</p>	<p>Science teachers</p> <p><b>Description</b> Not reported</p> <p><b>Participants</b> n=370 For characteristics: see Intervention</p> <p><b>Dropout rate at follow up</b> See Intervention</p>	<p>Two items from the DISC Predictive Scales</p> <p><b>Results</b> b= -0.024 NS (p=0.744)</p>
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**b** = Beta-value; **K** = Control; **NS** = Not significant; **RCT** = Randomised controlled trial