



## Bilaga till rapport

Effekter av arbetsmarknadsinsatser för personer långvarigt sjukskrivna på grund av depression, ångest eller stressreaktion/  
Effects of return-to-work interventions for persons on long-term sick-leave due to mood-, anxiety- or adjustment disorders  
rapport 352, (2022)

## Bilaga 1 Litteratursökning/Appendix 1 Search strategies

Psychology and Behavioral Sciences Collection, SocINDEX, Academic Search Premier (ASP) and ERIC via EBSCO multi-database search 7 February 2022

Title: Return to work

Search terms	Items found
<b>Population: Common Mental Disorders</b>	
1. TI (exhaust* N3 (disorder OR emotional* OR mental* OR stress* OR work*)) OR AB (exhaust* N3 (disorder OR emotional* OR mental* OR stress* OR work*)) OR SU (exhaust* N3 (disorder OR emotional* OR mental* OR stress* OR work*)) OR TI ((adjustment OR reactive) N2 disorder*) OR AB ((adjustment OR reactive) N2 disorder*) OR SU ((adjustment OR reactive) N2 disorder*) OR TI (emotional N1 (adjustment* OR disorder*)) OR AB (emotional N1 (adjustment* OR disorder*)) OR SU (emotional N1 (adjustment* OR disorder*)) OR TI ((acute OR job* OR life* OR occupation* OR psycho* OR profession* OR work* OR workplace) N1 (stress* OR distress*)) OR AB ((acute OR job* OR life* OR occupation* OR psycho* OR profession* OR work* OR workplace) N1 (stress* OR distress*)) OR SU ((acute OR job* OR life* OR occupation* OR psycho* OR profession* OR work* OR workplace) N1 (stress* OR distress*)) OR TI ((common OR minor) N2 mental N2 disorder*) OR AB ((common OR minor) N2 mental N2 disorder*) OR SU ((common OR minor) N2 mental N2 disorder*) OR TI ((mental* OR psychiatric OR psychologic*) N2 (condition* OR deficien* OR diagnos* OR disease* OR disorder* OR disturbance* OR dysfunction* OR health OR illness* OR issues OR patients OR problem* OR rehabilitat*)) OR TI (anxiodepressive OR burnout OR "burn out") OR AB (anxiodepressive OR burnout OR "burn out") OR SU (anxiodepressive OR burnout OR "burn out") OR TI (anxiet* OR anxious* OR depress*) OR SU (anxiet* OR anxious* OR depress*)	691,143
<b>Work-related interventions</b>	
2. TI (work* N1 training) OR AB (work* N1 training) OR SU (work* N1 training) OR TI (work* N3 (readiness* OR subsidi*)) OR AB (work* N3 (readiness* OR subsidi*)) OR SU (work* N3 (readiness* OR subsidi*)) OR TI ("activating intervention*" OR employability OR re-employ* OR reemploy* OR "return* to work" OR "work* program*" OR "work* incentiv*") OR AB ("activating intervention*" OR employability OR re-employ* OR reemploy* OR "return* to work" OR "work* program*" OR "work* incentiv*") OR SU ("activating intervention*" OR employability OR re-employ* OR reemploy* OR "return* to work" OR "work* program*" OR "work* incentiv*") OR TI (rehab* N3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR SU (rehab* N3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR TI (program* N3 (abc OR "education focused" OR gain OR independence* OR rtw)) OR AB (program* N3 (abc OR "education focused" OR gain OR independence* OR rtw)) OR SU (program* N3 (abc OR "education focused" OR gain OR independence* OR rtw)) OR TI ((re-integration OR reintegration) N3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR AB ((re-integration OR reintegration) N3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR SU ((re-integration OR reintegration) N3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR TI ((employee* OR job OR labor OR labour) N3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training)) OR SU ((employee* OR job OR labor OR labour) N3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training)) OR TI ((employment OR prevocation* OR "pre vocation*" OR vocation*) N3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training)) OR AB ((employment OR prevocation* OR "pre	213,354

vocation\*" OR vocation\*) N3 (aid\* OR applicat\* OR clubs OR creation\* OR curricula OR guidance OR incentive\* OR initiative\* OR intervention\* OR program\* OR re-entry OR reentry OR scheme\* OR search\* OR service\* OR sheltered OR subsidi\* OR support\* OR training)) OR SU ((employment OR prevocation\* OR "pre vocation\*" OR vocation\*) N3 (aid\* OR applicat\* OR clubs OR creation\* OR curricula OR guidance OR incentive\* OR initiative\* OR intervention\* OR program\* OR re-entry OR reentry OR scheme\* OR search\* OR service\* OR sheltered OR subsidi\* OR support\* OR training))

<b>Combined sets/Limits</b>		
3.	1 AND 2 Limiters - Date Published: 19900101-20220207	6551
<b>Final result</b>		
4.	3.	<b>6551</b>

The final search result, usually found at the end of the documentation, forms the list of abstracts.

**AB** = Abstract; **TI** = Title; **SU** = Subject Terms; \* = Truncation; " " = Citation Marks; searches for an exact phrase; **N** = Near Operator (N) finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear

## PsycINFO via EBSCO 7 February 2022

## Title: Return to work

Search terms	Items found
<p><b>Population: Common Mental Disorders</b></p> <p>1. TI (exhaustion* N3 (disorder OR emotional* OR mental* OR stress* OR work*)) OR AB (exhaustion* N3 (disorder OR emotional* OR mental* OR stress* OR work*)) OR KW (exhaustion* N3 (disorder OR emotional* OR mental* OR stress* OR work*)) OR TI ((adjustment OR reactive) N2 disorder*) OR AB ((adjustment OR reactive) N2 disorder*) OR KW ((adjustment OR reactive) N2 disorder*) OR TI (emotional N1 (adjustment* OR disorder*)) OR AB (emotional N1 (adjustment* OR disorder*)) OR KW (emotional N1 (adjustment* OR disorder*)) OR TI ((acute OR job* OR life* OR occupation* OR psycho* OR profession* OR work* OR workplace) N1 (stress* OR distress*)) OR AB ((acute OR job* OR life* OR occupation* OR psycho* OR profession* OR work* OR workplace) N1 (stress* OR distress*)) OR KW ((acute OR job* OR life* OR occupation* OR psycho* OR profession* OR work* OR workplace) N1 (stress* OR distress*)) OR TI ((common OR minor) N2 mental N2 disorder*) OR AB ((common OR minor) N2 mental N2 disorder*) OR KW ((common OR minor) N2 mental N2 disorder*) OR TI (anxiodepressive OR burnout OR "burn out") OR AB (anxiodepressive OR burnout OR "burn out") OR KW (anxiodepressive OR burnout OR "burn out") OR TI (anxiet* OR anxious* OR depress*) OR KW (anxiet* OR anxious* OR depress*) OR DE "Anxiety" OR DE "Anxiety Disorders" OR DE "Stress" OR DE "Academic Stress" OR DE "Caregiver Burden" OR DE "Chronic Stress" OR DE "Environmental Stress" OR DE "Financial Strain" OR DE "Minority Stress" OR DE "Occupational Stress" OR DE "Physiological Stress" OR DE "Posttraumatic Stress" OR DE "Psychological Stress" OR DE "Social Stress" OR DE "Stress Reactions" OR DE "Depression (Emotion)" OR DE "Major Depression" OR DE "Adjustment Disorders"</p>	445134
<p><b>Work-related interventions</b></p> <p>2. TI (work* N1 training) OR AB (work* N1 training) OR KW (work* N1 training) OR TI (work* N3 (readiness* OR subsidi*)) OR AB (work* N3 (readiness* OR subsidi*)) OR KW (work* N3 (readiness* OR subsidi*)) OR TI ("activating intervention*" OR employability OR re-employ* OR reemploy* OR "return* to work" OR "work* program*" OR "work* incentiv*") OR AB ("activating intervention*" OR employability OR re-employ* OR reemploy* OR "return* to work" OR "work* program*" OR "work* incentiv*") OR KW ("activating intervention*" OR employability OR re-employ* OR reemploy* OR "return* to work" OR "work* program*" OR "work* incentiv*") OR TI (rehab* N3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR KW (rehab* N3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR TI ((re-integration OR reintegration) N3 (employ* OR job* OR occupation* OR vocation* OR work* ) ) OR AB ((re-integration OR reintegration) N3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR KW ((re-integration OR reintegration) N3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR TI (program* N3 (abc OR "education focused" OR gain OR independence* OR rtw)) OR AB (program* N3 (abc OR "education focused" OR gain OR independence* OR rtw)) OR KW (program* N3 (abc OR "education focused" OR gain OR independence* OR rtw)) OR TI ((employee* OR job OR labor OR labour) N3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training)) OR KW ((employee* OR job OR labor OR labour) N3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training)) OR TI ((employment OR prevocation* OR "pre vocation*" OR vocation*) N3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training)) OR AB ((employment OR prevocation* OR "pre vocation*" OR vocation*) N3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training)) OR KW ((employment OR prevocation* OR "pre vocation*" OR vocation*) N3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training))</p>	54147

reentry OR scheme\* OR search\* OR service\* OR sheltered OR subsidi\* OR support\* OR training)) OR DE "Reemployment" OR DE "Occupational Guidance" OR DE "Vocational Rehabilitation"

<b>Combined sets/Limits</b>		
3.	1 AND 2 Limiters - Publication Year: 1990-2021	2585
<b>Final result</b>		
4.	3.	2585

The final search result, usually found at the end of the documentation, forms the list of abstracts.

**TI** = Title; **AB** = Abstract; **KW** = Keywords; **DE** = Subjects [exact]; " " = Citation Marks; searches for an exact phrase; **N** = Near operator (N) finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear

## Medline via OvidSP 7 February 2022

## Title: Return to work

Search terms	Items found
<b>Population: Common Mental Disorders</b>	
1. Anxiety/	
2. Anxiety Disorders/	
3. exp Stress, Psychological/	
4. Depression/	
5. Depressive Disorder/	
6. Depressive Disorder, Major/	
7. Adjustment Disorders/	
8. Mental Disorders/	
9. Mental Health/	
10. (anxi* or anxious* or depress*).ti,kf.	
11. (anxiodepressive or burnout or burn out).ti,ab,kf.	
12. ((mental* or psychiatric or psycholog*) adj2 (condition* or deficien* or diagnos* or disease* or disorder* or disturbance* or dysfunction* or health or illness* or issues or patients or problem* or rehabilitat*)).ti,kf.	
13. ((common or minor) adj2 mental adj2 disorder*).ti,ab,kf.	
14. ((acute or job* or life* or occupation* or psycho* or profession* or work* or workplace) adj (stress* or distress*)).ti,ab,kf.	
15. (emotional adj (adjustment* or disorder*)).ti,ab,kf.	
16. ((adjustment or reactive) adj2 disorder*).ti,ab,kf.	
17. (exhaust* adj3 (disorder or emotional* or mental* or stress* or work*)).ti,ab,kf.	
18. or/1-17	780193
<b>Work-related interventions</b>	
19. Return to Work/	
20. exp Rehabilitation, Vocational/	
21. Vocational Guidance/	
22. ((employment or prevocation* or pre vocation* or vocation*) adj3 (aid* or applicat* or clubs or creation* or curricula or guidance or incentive* or initiative* or intervention* or program* or re-entry or reentry or scheme* or search* or service* or sheltered or subsidi* or support* or training)).ti,ab,kf.	
23. ((employee* or job or labor or labour) adj3 (aid* or applicat* or clubs or creation* or curricula or guidance or incentive* or initiative* or intervention* or program* or re-entry or reentry or scheme* or search* or service* or sheltered or subsidi* or support* or training)).ti,kf.	
24. (program* adj3 (abc or education focused or gain or independence* or rtw)).ti,ab,kf.	
25. ((re-integration or reintegration) adj3 (employ* or job* or occupation* or vocation* or work*)).ti,ab,kf.	
26. (rehab* adj3 (employ* or job* or occupation* or vocation* or work*)).ti,kf.	
27. (activating intervention* or employability or re-employ* or reemploy* or return* to work or work* program* or work* incentiv*).ti,ab,kf.	
28. (work* adj3 (readiness* or subsidi*)).ti,ab,kf.	
29. (work* adj1 training).ti,ab,kf.	
30. or/19-29	41457
<b>Combined sets/Limits</b>	
31. 18 AND 30 limit to yr="1990 -Current"	4762
<b>Final result</b>	
<b>32. 31.</b>	<b>4762</b>

The final search result, usually found at the end of the documentation, forms the list of abstracts.

**.ab.** = Abstract; **.ti.** = Title; **.kf.** = Keyword Heading Word; **exp** = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy; **/** = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy; **\*** = Truncation (if found at the end of a free text term); **" "** = Citation Marks, searches for an exact phrase; **adj[n]** = Positional operator that lets you retrieve records that contain your terms (in any order) within a specified number (n) of words of each other

Scopus via Elsevier 7 February 2022

Title: Return to work

Search terms	Items found
<b>Common Mental Disorders AND Work-related interventions</b>	
<p>1. ((( TITLE ( anxiet* OR anxious* OR depress* ) ) OR ( TITLE-ABS-KEY ( anxiodepressive OR burnout OR "burn out" ) ) OR ( TITLE ( ( mental* OR psychiatric OR psychologic* ) W/2 ( condition* OR deficien* OR diagnos* OR disease* OR disorder* OR disturbance* OR dysfunction* OR health OR illness* OR issues OR patients OR problem* OR rehabilitat* ) ) OR ( TITLE-ABS-KEY ( ( common OR minor ) W/2 mental W/2 disorder* ) ) OR ( TITLE-ABS-KEY ( ( acute OR job* OR life* OR occupation* OR psycho* OR profession* OR work* OR workplace ) W/1 ( stress* OR distress* ) ) ) OR ( TITLE-ABS-KEY ( emotional W/1 ( adjustment* OR disorder* ) ) ) OR ( TITLE-ABS-KEY ( ( adjustment OR reactive ) W/2 disorder* ) ) OR ( TITLE-ABS-KEY ( exhaust* W/3 ( disorder OR emotional* OR mental* OR stress* OR work* ) ) ) ) ) AND ( ( ( ( TITLE-ABS-KEY ( ( employment OR prevocation* OR "pre vocation*" OR vocation* ) W/3 ( aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training ) ) ) OR ( TITLE ( ( employee* OR job OR labor OR labour ) W/3 ( aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training ) ) ) OR ( KEY ( ( employee* OR job OR labor OR labour ) W/3 ( aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training ) ) ) OR ( TITLE-ABS-KEY ( program* W/3 ( abc OR "education focused" OR gain OR independence* OR rtw ) ) ) OR ( TITLE-ABS-KEY ( ( re-integration OR reintegration ) W/3 ( employ* OR job* OR occupation* OR vocation* OR work* ) ) ) OR ( TITLE ( rehab* W/3 ( employ* OR job* OR occupation* OR vocation* OR work* ) ) ) OR ( KEY ( rehab* W/3 ( employ* OR job* OR occupation* OR vocation* OR work* ) ) ) ) OR ( TITLE-ABS-KEY ( "activating intervention*" OR employability OR re-employ* OR reemploy* OR "return* to work" OR "work* program*" OR "work* incentiv*" ) ) OR ( TITLE-ABS-KEY ( work* W/3 ( readiness* OR subsidi* ) ) ) OR ( TITLE-ABS-KEY ( work* W/1 training ) ) ) ) ) ) AND PUBYEAR &gt; 1989</p>	
<b>Final result/Limits</b>	
<p>2. 1. AND PUBYEAR AFT 1989</p>	5875

The final search result, usually found at the end of the documentation, forms the list of abstracts.

**TITLE-ABS-KEY** = Title, abstract or keywords; **W/n** = "Within", the terms in the search must be within a specified number of terms (n) in any order; \* = Truncation; " " = Citation Marks, searches for an exact phrase

## Sociological Abstracts via Proquest 7 February 2022

## Title: Return to work

Search terms	Items found
<b>Common Mental Disorders AND Work-related interventions</b>	
1. (noft(anxiet* OR anxious* OR depress*) OR noft(anxiodepressive OR burnout OR "burn out") OR noft((mental* OR psychiatric OR psychologic*) NEAR/2 (condition* OR deficien* OR diagnos* OR disease* OR disorder* OR disturbance* OR dysfunction* OR health OR illness* OR issues OR patients OR problem* OR rehabilitat*)) OR noft((common OR minor) NEAR/2 mental NEAR/2 disorder*) OR noft((acute OR job* OR life* OR occupation* OR psycho* OR profession* OR work* OR workplace) NEAR/1 (stress* OR distress*)) OR noft(emotional NEAR/1 (adjustment* OR disorder*)) OR noft((adjustment OR reactive) NEAR/2 disorder*) OR noft(exhaust* NEAR/3 (disorder OR emotional* OR mental* OR stress* OR work*)) AND (noft((employment OR prevocation* OR ("pre vocational") OR vocation*) NEAR/3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training)) OR noft((employee* OR job OR labor OR labour) NEAR/3 (aid* OR applicat* OR clubs OR creation* OR curricula OR guidance OR incentive* OR initiative* OR intervention* OR program* OR re-entry OR reentry OR scheme* OR search* OR service* OR sheltered OR subsidi* OR support* OR training)) OR noft(program* NEAR/3 (abc OR "education focused" OR gain OR independence* OR rtw)) OR noft((re-integration OR reintegration) NEAR/3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR noft(rehab* NEAR/3 (employ* OR job* OR occupation* OR vocation* OR work*)) OR noft("activating intervention*" OR employability OR re-employ* OR reemploy* OR "return* to work" OR "work* program*" OR "work* incentiv*") OR noft(work* NEAR/3 (readiness* OR subsidi*)) OR noft(work* NEAR/1 training))	
<b>Combined sets/Limits</b>	
2. 1 AND 2 Applied filters: 1990 – 2021	2604
<b>Final result</b>	
3. 3.	<b>2604</b>

The final search result, usually found at the end of the documentation, forms the list of abstracts.

**noft** = Anywhere except full text; \* = Truncation; " " = Citation marks, searches for an exact phrase; **NEAR/n** = Requests terms that are within (n) words of each other in either direction