



## Bilaga till rapport

Främjande av psykiskt välbefinnande hos barn och ungdomar: En fördjupad analys av SEL-programmen / Promoting mental well-being in children and adolescents: In-depth analysis of SEL programmes, rapport 373 (2024)

# Bilaga 1 Sökdokumentation

## Appendix 1 Search strategies

Multi-database searching: Academic Search Premiere (ASP)/CINAHL/ERIC/Psychology and Behavioral Sciences Collection/SocINDEX via EBSCO 15 March 2023

Title: Health promotion (specific programs)

Search terms	Items found
<b>Intervention:</b>	
1. TX (stegvis OR "Trin for Trin" OR "Steg for steg" OR ("Second Step") W3 (program* OR "social-emotional learning" OR "social skills" OR "emotional learning" OR "social competence" OR "social learning" OR Norway OR Norwegian))	123
2. TI("Good behaviour Game" OR "Good behavior Game") OR AB ("Good behaviour Game" OR "Good behavior Game")	414
3. TI(("Social and Emotional Training" OR "social och emotionell träning" OR "Social and Emotional Learning") W1 (program* OR intervention OR manual OR curriculum)) OR AB(("Social and Emotional Training" OR "social och emotionell träning" OR "Social and Emotional Learning") W1 (program* OR intervention OR manual OR curriculum))	389
4. TX ("School-Based SEL" OR "School-Based SET") OR ((SU "Social Emotional Learning") AND SU("Program Evaluation" OR "Intervention" OR "Programme effectiveness"))	371
5. TX(Zippy* W1 (vänner OR venner OR friends))	80
6. TI("Promoting Alternative Thinking Strategies") OR AB("Promoting Alternative Thinking Strategies") OR (TX"Promoting Alternative Thinking Strategies" AND PATHS)	132
<b>Combined sets</b>	
7. OR 1-6	1411
<b>Final result</b>	
8. OR 1-6 Limited to Academic Journals, Dissertations, Reviews, Peer-reviewed	1200 <sup>1</sup>

The final search result, usually found at the end of the documentation, forms the list of abstracts.

**AB** = Abstract; **AU** = Author; **DE** = Term from the thesaurus; **MH** = Exact Subject Heading from CINAHL Subject Headings; **MM** = Major Concept; **TI** = Title; **TX** = All Text. Performs a keyword search of all the database's searchable fields; **ZC** = Methodology Index; \* = Truncation; " " = Citation Marks; searches for an exact phrase; **N** = Near Operator (N) finds the words if they are a maximum of x words apart from one another, regardless of the order in which they appear.; **W** = Within Operator (W) finds the words if they are within x words of one another, in the order in which you entered them.

<sup>1</sup> 784 after deduplication in the database

## Medline via OvidSP 15 March 2023

## Title: Health promotion (specific programs)

Search terms	Items found
<b>Intervention: Stegvis/Stegen/Second Step</b>	
1. ("Second Step" or stegvis or "Trin for Trin" or "Steg for steg").af. and (school*.mp OR Schools/ OR Students/ OR Curriculum/ OR "Education"/)	159
2. (Social* ADJ2 (learning OR promotion) ADJ2 (program* OR curriculum OR intervent*) AND (teacher OR pupil OR school*)).ab,kf,ti.	74
3. ("Larsen, Torill" OR Holsen OR Iversen OR Smith, Brian OR Frey OR Samdal).af. AND (Social Learning/ OR Social Skills/ OR Emotions/ OR "Interpersonal Relations"/) AND (Schools/ OR Students/ OR Curriculum/ OR "Education"/)	4
<b>Intervention: PAX Good Behaviour Game</b>	
4. ("Good behaviour Game" OR "Good behavior Game" OR "PAX-GBG" OR "PAX GBG").ab,kf,ti.	113
5. (gbg ADJ5 (behav* OR classroom* OR "class room*" OR pax OR program* OR pupil* OR school* OR student* OR teacher* OR "well being" OR wellbeing)).ti,ab,kf.	67
6. (Saunders OR Barrish OR Wolf OR Embry OR Kellam OR Weis).au.	17
<b>Intervention: Social motion Learning Programs (SET/SEL)</b>	
7. (Social* ADJ1 emotion* ADJ1 (training OR traning OR learning)).af.	408
8. (("Social training" OR "Emotional training" OR "social-emotional learning" OR "social skills" OR "emotional learning" OR "social competence" OR "social learning") AND (Sweden OR Swedish OR Kimber)).af.	312
<b>Intervention: Zippys vänner/Zippys friends</b>	
9. Zippy*.af.	73
10. (Clark or Hølen or Waaktaar or Lervag or Ystgaard).au. and (Mental Health/ or Stress, Psychological/)	0
<b>Intervention: Promoting Alternative Thinking Strategies curriculum (PATHS)</b>	
11. "Promoting Alternative Thinking Strategies".af.	27
12. (PATHS.af. OR Greenberg.af. OR Kusche.af. OR Cook.af. OR Quamma.af.) AND (curriculum.af. OR Curriculum/ OR Schools/ OR Teaching / ) AND ( "Social Skills"/ OR Social Learning/ OR Social Behavior/ OR Thinking/ )	53
<b>Final result</b>	
<b>13. OR 1-65</b>	<b>1137</b>

The final search result, usually found at the end of the documentation, forms the list of abstracts.

**.ab.** = Abstract; **.ab,ti.** = Abstract or title; **.af.** = All fields; **Exp** = Term from the Medline controlled vocabulary, including terms found below this term in the MeSH hierarchy; **.sh.** = Term from the Medline controlled vocabulary; **.ti.** = Title; **/** = Term from the Medline controlled vocabulary, but does not include terms found below this term in the MeSH hierarchy; **\*** = Focus (if found in front of a MeSH-term); **\* or \$** = Truncation (if found at the end of a free text term); **.mp** = Text, heading word, subject area node, title; **" "** = Citation Marks; searches for an exact phrase; **ADJn** = Positional operator that lets you retrieve records that contain your terms (in any order) within a specified number (n) of words of each other.

PsycINFO via EBSCO 15 March 2023

Title: Health promotion (specific programs)

Search terms	Items found
<b>Intervention: StegVis/stegen</b>	
1. TX ("Second Step") AND (SU Social Emotional Learning OR DE "Social Skills Training" OR SU "Social Learning" OR SU "Social Skills" OR SU "School Based Intervention" OR SU "Educational Programs")	126
2. TX ("Second Step" N5 (program* OR social* OR Norway OR Norwegian OR curriculum))	144
3. TX(stegvis OR "Trin for Trin" OR "Steg for steg")	3
4. TX("Larsen, Torill" OR Holsen OR Iversen OR Smith, Brian OR Frey OR Samdal) AND (TX "social-emotional learning" OR SU "Social Emotional Learning" OR SU "Social Skills Training" OR SU "Social Learning" OR SU "Social Skills" OR SU "School Based Intervention" OR SU "Educational Programs")	102
<b>Intervention: PAX Good Behaviour Game</b>	
5. TX ("Good behaviour Game" OR "Good behavior Game" OR "PAX-GBG" OR "PAX GBG" OR PAX OR PAXIS)	357
6. TX (GBG N5 (behav* OR classroom* OR "class room*" OR pax OR program* OR pupil* OR school* OR student* OR teacher* OR "well being" OR wellbeing))	131
7. TX (Saunders OR Barrish OR Wolf OR Embry OR Kellam OR Weis) AND (SU "School Based Intervention")	100
<b>Intervention: Social motion Learning Programs tex SET/SEL</b>	
8. TI ("Social och emotionell träning" OR (Social W1 Emotional W1 Training) OR "social and emotional learning") OR AB ("Social och emotionell träning" OR (Social W1 Emotional W1 Training) OR "social and emotional learning")	916
9. TX Kimber AND (SU "School Based Intervention" OR "Social Emotional Learning")	13
10. TX ("Social training" OR "Emotional training" OR "social-emotional learning" OR "social skills" OR "emotional learning" OR "social competence" OR "social learning") AND TX (Sweden OR Swedish OR Kimber)	458
<b>Intervention: Zippys vänner/Zippys friends</b>	
11. TX zippy*	24
12. TX (Clark OR Holen OR Waaktaar OR Lervag OR Ystgaard) AND (SU "Stress Management" OR SU "Coping Behavior" OR SU Mental Health) AND (SU "Classroom Environment" OR TX "School Based Intervention")	17
<b>Intervention: Promoting Alternative Thinking Strategies curriculum (PATHS) 19 studier enl blueprints</b>	
13. TX "Promoting Alternative Thinking Strategies"	66
14. TX (PATHS W2 curriculum)	61
15. TX PATHS AND SU ("School Based Intervention" OR "Social Emotional Learning"))	252
16. TX (Greenberg OR Kusché OR Cook OR Quamma) AND (TX "School Based Intervention" OR TX "Social Emotional Learning" OR SU "Social Skills Training" OR SU "Social Learning" OR SU "Social Skills")	394
<b>Final result</b>	
17. S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16	2,732

The final search result, usually found at the end of the documentation, forms the list of abstracts.

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Scopus via Elsevier 15 March 2023

Title: Health promotion (specific programs)

Search terms	Items found
<b>Interventions</b>	
1. TITLE-ABS-KEY (stegvis OR "Trin for Trin" OR "Steg for steg" OR (("Second Step") W/5 (program OR programme OR "social-emotional learning" OR "social skills" OR "emotional learning" OR "social competence" OR "social learning" OR Norway OR Norwegian))) AND ( LIMIT-TO ( SUBJAREA , "SOCI" ) OR LIMIT-TO ( SUBJAREA , "PSYC" ) OR LIMIT-TO ( SUBJAREA , "MEDI" ) OR LIMIT-TO ( SUBJAREA , "NURS" ) OR LIMIT-TO ( SUBJAREA , "ECON" ) OR LIMIT-TO ( SUBJAREA , "HEAL" ) OR LIMIT-TO ( SUBJAREA , "DECI" ) OR LIMIT-TO ( SUBJAREA , "MULT" ) OR LIMIT-TO ( SUBJAREA , "NEUR" ) )	103
2. TITLE-ABS-KEY ("Good behaviour Game" OR "Good behavior Game" OR "PAX-GBG" OR "PAX GBG")	213
3. TITLE (Social W/1 Emotion* W/1 (träning OR Training OR learning) AND school*)	224
4. TITLE-ABS-KEY (Zippy*) AND ( LIMIT-TO ( SUBJAREA , "MEDI" ) OR LIMIT-TO ( SUBJAREA , "SOCI" ) OR LIMIT-TO ( SUBJAREA , "NEUR" ) OR LIMIT-TO ( SUBJAREA , "HEAL" ) OR LIMIT-TO ( SUBJAREA , "PSYC" ) OR LIMIT-TO ( SUBJAREA , "DECI" ) OR LIMIT-TO ( SUBJAREA , "NURS" ) )	42
5. TITLE-ABS-KEY ("Promoting Alternative Thinking Strategies")	64
<b>Combined sets</b>	
6. #1 OR #2 OR #3 OR #4 OR #5	620
7. #6 AND ( EXCLUDE ( SUBJAREA , "ENVI" ) OR EXCLUDE ( SUBJAREA , "AGRI" ) OR EXCLUDE ( SUBJAREA , "EART" ) OR EXCLUDE ( SUBJAREA , "COMP" ) OR EXCLUDE ( SUBJAREA , "ENGI" ) OR EXCLUDE ( SUBJAREA , "BIOC" ) OR EXCLUDE ( SUBJAREA , "IMMU" ) OR EXCLUDE ( SUBJAREA , "PHAR" ) OR EXCLUDE ( SUBJAREA , "ENER" ) OR EXCLUDE ( SUBJAREA , "MATH" ) OR EXCLUDE ( SUBJAREA , "PHYS" ) OR EXCLUDE ( SUBJAREA , "VETE" ) OR EXCLUDE ( SUBJAREA , "CENG" ) OR EXCLUDE ( SUBJAREA , "CHEM" ) )	581
<b>Final result</b>	
8. #7 AND ( LIMIT-TO ( DOCTYPE , "ar" ) OR LIMIT-TO ( DOCTYPE , "re" ) OR LIMIT-TO ( DOCTYPE , "cp" ) )	532

The final search result, usually found at the end of the documentation, forms the list of abstracts.

**TITLE-ABS-KEY** = Title or abstract or keywords; **ALL** = All fields; **PRE/n** = "precedes by". The first term in the search must precede the second by a specified number of terms (n).; **W/n** = "Within". The terms in the search must be within a specified number of terms (n) in any order.; \* = Truncation; " " = Citation Marks; searches for an exact phrase; **LIMIT-TO (SRCTYPE, "j"** = Limit to source type journal; **LIMIT-TO (DOCTYPE, "ar"** = Limit to document type article; **LIMIT-TO (DOCTYPE, "re"** = Limit to document type review; **LIMIT-TO (DOCTYPE, "cp"** = Limit to document type conference paper

**Social Services Abstracts/Sociological Abstracts via Proquest 15 March 2023**

**Title: Health promotion (specific programs)**

Search terms		Items found
1.	TIAB(stegvis OR "Trin for Trin" OR "Steg for steg" OR (("Second Step") NEAR/5 (program* OR "social-emotional learning" OR "social skills" OR "emotional learning" OR "social competence" OR "social learning" OR Norway OR Norwegian)))	11
2.	tiab("Good behaviour Game" OR "Good behavior Game" OR "PAX-GBG" OR "PAX GBG")	14
3.	tiab(Social NEAR/1 Emotion* NEAR/1 (träning OR Training OR learning))	227
4.	Zippy* NEAR/7 (vänner OR venner OR friend*)	8
5.	"Promoting Alternative Thinking Strategies"	66
<b>Final result</b>		
<b>6.</b>	<b>1 OR 2 OR 3 OR 4 OR 5</b>	<b>289</b>

The final search result, usually found at the end of the documentation, forms the list of abstracts.

**AB** = Abstract; **AF** = Author affiliation; **All** = Performs a keyword search in most of the database's searchable fields, except full text; **AU** = Author; **MAINSUBJECT** = Term from the thesaurus; **TI** = Title; \* = Truncation; " " = Citation Marks; searches for an exact phrase; ? = Wildcard, used to replace any single character either inside or at the right end of a word